

# RSL ANZAC APPEAL WE'RE HERE FOR THEM







@rslqueensland





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Editorial and photographic contributions are welcome. Please contact the editor for guidelines. Preference will be given to electronic submissions and those articles adhering to word limits. Originals of all material should be retained by contributors and only copies sent to Qld RSL News.

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**FEATURES** 

Cutting-edge fighter jets visit Amberley RAAF Base

Two Australian F-35A Joint Strike Fighters touched down at Amberley on February 27

Frank Hurley: Capturing the Carnage

The "mad photographer" of the world wars

The origin of ANZAC biscuits

> The sweet treat we enjoy today bears little resemblance to what WWI soldiers digested on the front line

The Battles of Bullecourt: 100th anniversary

> The Battles of Bullecourt are renowned for being some of the most intense trench fighting of WWI

Sleep your way to better health

Sleep (or lack thereof) has been identified as a major health issue for Vietnam veterans with PTSD



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#### Front Cover



#### COVER IMAGE:

F-35A Lightning II departs RAAF Base Amberley for the Australian International Airshow in Avalon

Photo: Department

## LET'S NOT RUSH OUR DRAFT CONSTITUTION

My fellow League members,

Since I last wrote to you, there has been considerable progress on drafting the new State Constitution. That said, several amalgamated Sub Branches and clubs have raised some important questions around reporting requirements in accordance with the Office of Liquor and Gaming (OLG).

Specifically, amalgamated Sub Branches and clubs must meet their obligations under the relevant legislation. We have sought advice from the OLG, however, this advice may not be available in time to make changes to the current draft Constitution.

If this is the case, we may not be in a position to take the new Constitution to the 2017 Annual State Congress in June, as our State Board does not want to rush the process. In the event of this, we will conduct an Extraordinary General Meeting (EGM) later in the year, similar to what we did in 2011, when the current Constitution was adopted.

While we are awaiting advice from the OLG, RSL (Queensland Branch) is also engaging in another body of work which may affect the draft Constitution. The State Board has tasked our senior management team with the job of engaging an external consultancy firm to review the organisational structure of the RSL in Queensland.

The review will have a wide "left and right of arc" (a military term referring to the designated areas a soldier can shoot between). It will look at our State Board and Constitution and make recommendations on whether the current structure enables us to properly meet our Objects and support the veteran community as we move into our second century of operation, within a vastly different world than what existed when RSL (Queensland Branch) was founded in 1916.

The membership will be fully involved in discussions around any concepts and recommendations for modernisation which may result from the review.

Turning our attention to the State Congress, the event pages on our website are now live and I encourage everyone to visit rslqld.org/ask and submit any questions you have before the event. We have already received a number of questions and are in the process of responding. Similar to last year, we will provide you with a list of questions asked and our answers. Personally, I believe this feature should be available year-round, and we have now

decided to keep the rslqld.org/ ask page active after the State Congress to enable you to ask our organisation a question at any time.

We have been engaging with the federal Government recently on a number of pieces of legislation and proposed legislation. These include the Veterans' Affairs Legislation Amendment (Digital Readiness and Other Measures) Bill 2017, the splitting of Military Superannuation invalidity payments during family law proceedings and a Courier-Mail article on March 18, which reported: "A leaked document reveals the federal Government looked at scrapping all welfare payments below \$20.02 a fortnight as part of the May Budget."

Our concern with this rumour – which we expressed to Members of Parliament – is that it would affect not only veterans who receive a low Service Pension, but also those who receive both a disability pension of between 50 to 100 per cent and a low rate of Service Pension. We advised MPs that the impact on these veterans would be huge, as it would cause them to lose eligibility of their Department of Veterans' Affairs Gold Card.

We are aware that Prime Minister Malcolm Turnbull has since indicated that the media information is incorrect. However, we believed it was necessary to write to our legislators and advise them of the unintended consequences it would cause if the proposal, as reported, was to proceed.

Our approach to these important matters is to engage privately, but forcefully, across Parliament (Government, Labor and the Senate crossbenchers). I particularly want to thank our State Secretary Scott Denner and Veteran Support Services Manager Margaret Jenyns for their efforts developing our positions and engaging with our legislators.

In closing, I look forward to talking with as many of you as possible at our State Congress in Brisbane on June 23-25.



Stewart Cameron CSC State President RSL (Queensland Branch)

#### THE VICTORIA CROSS MEN'S WATCH

#### YOURS FOR JUST \$59.98 NOW,

followed by four further interest-free instalments of \$39.99



The art of war turns ordinary men into heroes. Their courage is tested to the limit and in the fray decisions are made which can alter the course of the battle and their lives. For some men, acts of supreme courage and self sacrifice remind us all of the Anzac spirit which was born on the shores of Gallipoli over a century ago. The Victoria Cross, instituted by Queen Victoria in 1856, honours men whose bravery goes beyond the bounds of duty. To date, 96 Australian servicemen have been awarded the Victoria Cross. Now you can keep their courage, sense of duty and the nobility of

the Anzac spirit close to you with an extraordinary new timepiece.

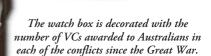
The "Victorian Cross Men's Watch" is a magnificent achievement in the jeweller's art. The case is plated in rose gold supported by a genuine leather strap. The cream-toned, metallic watch face is tastefully adorned with a raised-relief design inspired by the Victoria Cross and a

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Casing rear features a tribute to the Victoria Cross' heritage and an engraved laurel wreath motif





CTORIA CROS

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#### KEY DETAILS

**Limited Release:** Only 1,856 watches will be available. Each Certificate features the individual edition number. The earlier your application, the lower your watch number will be. **Design:** Featuring a precision quartz movement, the watch face design is inspired by the Victoria Cross. The reverse is engraved with the criteria for recipients of the Victoria Cross. This watch features rose gold-plated casing and leather strap. **YOURS FOR ONLY** \$199.95 (plus \$19.99 P&H). That's only five interest-free instalments of \$39.99 each. Pay nothing now.

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## **TECHNOLOGY**

## ENHANCING THE WAY WE COMMEMORATE

With thousands of Australians pausing to remember the sacrifices made by their fellow countrymen on ANZAC Day this April 25, it is a pertinent time to reflect upon the way we commemorate our military history and how it has changed in recent years.

Here at RSL (Queensland Branch), one of our main areas of focus lately has been upgrading our technology to better engage with and serve our veterans and their families. Tapping into these modern advancements also helps us enhance the way we recognise the valuable contributions of our Defence community.

First, technology has vastly improved how we can promote the many services our RSL Sub Branches organise for national days of commemoration.

On page 92 of this edition of *Queensland RSL News* you will find a list of ANZAC Day services throughout Queensland, and I strongly encourage you to find an event in your local area and go along to pay your respects to our veterans.

These service listings can also be found on our website at rslqld.org, with a searchable map available to display the location of services close to you. We first introduced the new process for gathering service listing details for Remembrance Day last year, and following its overall success we continued the system for ANZAC Day this year. Our staff have been

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"WE ARE EXCITED TO USE NEW TECHNOLOGY TO OFFER LIVE, ONLINE STREAMING OF THE MAIN BUSINESS SESSIONS AT THE 2017 RSL (QUEENSLAND BRANCH) STATE CONGRESS."



hard at work behind the scenes making adjustments to the online system, which simplifies the process considerably for everyone involved.

This information is also available to the general public, both through our website and an advertisement in *The Courier-Mail*, ensuring the legacy and prominence of this important commemorative day continues.

Second, we are excited to use new technology to offer live, online streaming of the Main Business Sessions at the 2017 RSL (Queensland Branch) State Congress. This means the event can be viewed by all members, regardless of their physical limitations or geographical restrictions around the state.

It is the first year we have provided this functionality, and we hope it will further increase our engagement with members of the Defence community who otherwise may not have been able to attend our event. Keep an eye out for a button that will appear on our website in the days prior to the State Congress, and we will also remind you with additional communications through various channels as the time gets closer.

Third, we are fortunate to be able to tap into the technological advancements of other organisations to further enrich our ability to celebrate Australia's military history. Regular readers of *Queensland RSL News* will know we often use articles and photographs courtesy of the Australian War Memorial and the extensive online historical resources available at awm.gov.au.

The Memorial's purpose is to commemorate the sacrifice of those Australians who have died in war, and its mission is to assist Australians to remember, interpret and understand the Australian experience of war and its enduring impact on our society.

For example, in this edition

of the magazine you will find fascinating articles on Frank Hurley, 'The Mad Photographer' of the world wars (page 20); the origins of the humble ANZAC biscuit (page 32); the First Battle of Bullecourt (page 44); and the Battle of the Coral Sea (page 57). It is truly remarkable that so much excellent historical information is available at our fingertips, and we are pleased to be able to share it with you.

For those who prefer to keep up-to-date with *Queensland RSL*News online, we also post many articles from the magazine on our website in a section called RSL Outpost and share them via social media. So please, follow and engage with us on Facebook, Twitter and Instagram.

It is hard to fathom the breadth of exciting technological developments that lie ahead, but what I do know is that RSL (Queensland Branch) will strive to keep step and leverage them for the benefit of our veterans and their families, which is at the core of everything we do.



Luke Traini Chief Executive Officer RSL (Queensland Branch)

#### MOVING FORWARD A SPECIAL MESSAGE FROM THE CEO

Luke Traini, CEO RSL (Queensland Branch)

There has been a lot of speculation, member questions and interest from the public and media about the governance and operations of RSL (Queensland Branch). It is vitally important that we communicate clearly and regularly to members about State Branch's ongoing improvements, so I've taken the unusual step of expanding my regular CEO column to let you know about some recent advancements.

End of year reporting: from Special Purpose to General Purpose
Together with the Board
Executive and our Chief Financial
Officer, I met with RSL's auditors recently to discuss the financial reporting structure for the League in Queensland. I'm happy to report that we decided to move from producing Special Purpose accounts to General Purpose RDR accounts, in line with industry best practice standards.

Members may not be aware that our organisation has

RSL
(QUEENSLAND
BRANCH) HAS BEEN
ON THE JOURNEY TO
GENERAL PURPOSE
FINANCIAL STATEMENTS
FOR FOUR YEARS, AND
WE NOW ABIDE BY
BEST PRACTICE.

VISIT <a href="https://www.rslqld.org/ask">www.rslqld.org/ask</a>
AND LODGE YOUR QUESTIONS

been on this journey for some time. In fact, all aspects of our reporting have met the requirements of General Purpose reporting for the past three years, save for the addition of a small section that describes benefits provided to key management personnel in the organisation. As a charity, I believe the public holds us to account at a very high standard, and we kept this in mind when we made the decision to align to General Purpose reporting.

#### ATO: Private Binding Ruling

There has been much discussion and debate within the League as to the best way to recognise the expenses incurred by individuals volunteering on boards and in committee roles. In 2016, we sought detailed, specialist taxation advice that took into account the size and complexity of State Branch, and it is now time to take the next step to ensure clarity and transparency.

I recently started the engagement process to seek a Private Binding Ruling from the Australian Taxation Office (ATO) for the treatment of out-of-pocket expenses and payments for volunteers, to ensure State Branch practices are clear and transparently aligned with Australian taxation laws and good governance.

I believe we should establish a clear and unambiguous position

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RULING IS BINDING
ADVICE THAT STIPULATES
HOW A TAX LAW APPLIES
TO A SPECIFIC SCHEME OR
CIRCUMSTANCE, SUCH AS THE
WAY EXPENSES ARE INCURRED
BY VOLUNTEERS AND ARE
RECOGNISED AND REPAID
BY THE ORGANISATION.

about how State Branch operates, and openly communicate this to our members and the public. This will ensure our stakeholders have ongoing confidence about how hard the League is working for the benefit of our Defence community.

#### **ACNC** Review

In keeping with our position of being open and transparent in our dealings with the Australian Charities and Not-for-profits Commission (ACNC), I submitted a response from RSL (Queensland Branch) to the recent voluntary investigation. Our staff put in a great deal of effort to produce approximately 2500 pages of information and documents and I look forward to the next steps engaging with the ACNC and their team. I'll keep all members up-to-date with our progress through *Queensland RSL News* and the *RSL Runner*.

AS PART OF MY
COMMITMENT TO KEEPING
THEM UP-TO-DATE WITH
IMPORTANT CHANGES AT RSL
(QUEENSLAND BRANCH), WE
HAVE MADE THE ACNC AWARE
OF IMPROVEMENTS TO THE
GENERAL REPORTING FORMAT AND
ENGAGEMENT PROCESS AROUND A
PRIVATE BINDING RULING FROM THE
ATO FOR FOUR YEARS, AND WE
NOW ABIDE BY BEST PRACTICE.

#### **ASK QUESTIONS**

The State Congress is fast approaching, and this is a great opportunity for members and the public to ask us questions. I encourage you to submit your questions at www.rslqld.org/ask and we'll publish our answers online in two rounds (April 28 and June 16) for all members to read.

ASK QUESTIONS BY: Thursday, April 20 at 4.30pm RECEIVE ANSWERS BY: Friday, April 28

ASK QUESTIONS BY: Friday, June 9 at 4.30pm RECEIVE ANSWERS BY: Friday, June 16



# ADAPTATION AND CONTINUOUS CHANGE

Before WWII, the Australian Army had no doctrine for jungle warfare. This is understandable, given the Australian Imperial Force (AIF) had served primarily in desert or European continental conditions during WWI. This lack of doctrine meant militia units fighting the Japanese in Papua New Guinea in mid-1942 were inadequately trained for operations in that environment, and they suffered heavy casualties.

Recognising the need to adapt to these conditions, the Army established a training area in the Atherton Tablelands in northern Queensland in November 1942, while at the same time developing a jungle warfare policy based initially on the experiences of troops who had escaped from Malaya and Singapore earlier that year. A jungle warfare training centre was also set up in Canungra in southern Oueensland, where soldiers conducted individual and collective training up to company level, prior to joining their units doing force preparation in the Atherton Tablelands.

Within six months, the Australian Army comprehensively adapted from being a ground force skilled at warfare against the Axis forces in the deserts of North Africa, to a force skilled at warfare in the \*\*\*

"I WOULD LIKE TO CHALLENGE US ALL TO REFLECT ON THE LESSONS OF THE PAST, AND ACKNOWLEDGE THAT OUR ENVIRONMENT HAS CHANGED AND THAT WE MUST ADAPT IF WE ARE TO SUCCEED."



dense jungles of the South West Pacific.

As we reflect on the lessons of history, I would like our organisation to challenge itself to have the same level of openness to transformation as we work within a changing Defence community and - more broadly - society as a whole. In the article 'Maintaining Relevance' in Edition 01, 2017 of Queensland RSL News, I noted two key facts about our demographic: the average age of our membership is 68, and only 14 per cent of our members are under the age of 50. These statistics are concerning, and illustrate that as an organisation we have collectively failed to understand that we are operating in a different environment, and must adapt our organisation accordingly to succeed in these

new surroundings.

Early in March, I had the pleasure of meeting with Sub Branch delegates from Wide Bay Burnett District at their District meeting. We discussed how our organisation could become more attractive to current service people and veterans of all ages, genders and service backgrounds. There were a few small 'green shoots' of improvement, however, the key discussion point was that 'more of the same' will not achieve the results we need. With a few isolated exceptions, the activities we are conducting and the culture we create at Sub Branches is not appealing to the majority of the ex-service community. This is reflected in Sub Branch membership statistics.

I would like to challenge us all to reflect on the lessons of the past, and acknowledge that our environment has changed and that we must adapt if we are to succeed. I acknowledge that some people find change confronting; however, failure to change within our Sub Branches will result in even greater discomfort and an accelerating rate of Sub Branch closures.

This year, RSL (Queensland Branch) is undertaking research to thoroughly understand the military family who are not part of the RSL, and we plan to adapt the organisation at the state level based on our findings. I strongly encourage you to do the same at the Sub Branch level: speak with current and ex-service people in your neighbourhood, understand how your Sub Branch could become more attractive to them, and adapt it accordingly. With concerted effort and an openness to change, we can adapt and become successful in the modern environment.



Scott Denner State Secretary RSL (Queensland Branch)

William Hughes, 'Australia was born on the shores of Gallipoli'.

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including the leather-look sheath and stitching. The stock is hand-crafting allows a never-before-seen level of detailing trenches of Quinn's Post and bear witness to the infamous edition hangs from a medallion on a leather-look strap, to Truce of May, 1915. Augmenting the art are the haunting lyrics of Eric Bogle's And the Band Played Waltzing Matilda. SMLE MK III rifle used by the original Diggers. Intricate The replica is a work of art in itself, based on the actual even embossed with stirring centenary emblem. The complete this tribute. They were fresh faced and full of the vigour of youth. They thought it would be an adventure. But as the place, the ashen faces of war. From the tragedy of that ight faded on Anzac Cove, history recorded another image. Gone were the smiles of boyhood and in their April day, Australia grew. Strong and resilient, noble legend on an unprecedented scale. Introducing the "Centenary of Gallipoli Replica Rifle," an exclusive, defining moment and the strength that makes you and proud. The story of Gallipoli has become our Australian. Now you can experience our greatest only from The Bradford Exchange. i. ONLINE at www.bradford.com.au/gallipoli 8am-5pm E.S.T Mon – Fri Ordering is Easy - Send No Money Now! PHONE: Toll-Free 1300 725 103 Shown much smaller than actual size of 90cm long MAIL no stamp required, to:

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take part in that fateful landing at Anzac Cove, see John Simpson define Australian bravery, experience danger in the



## REMEMBERING THE SHELLINGS AT BONDI

In 1951, at the age of 18, I joined the RAAF. Three years later, while still in the Air Force, my mother joined me in the Bondi Diggers RSL as a 21st birthday present. We lived in Hastings Parade, right at the north end of the beach, for 71 years until my mother died aged 103.

My reason for this contact is that it is the 75th anniversary of a personal incident that occurred in Bondi in 1942, when I was nine years old. The Japanese midget submarine attack on Sydney Harbour is recorded in Bob Wurth's book 1942: Australia's Greatest Peril. Out the rear window of our house, we actually saw a Japanese plane circling unmolested during the harbour attack. The pilot visited Sydney years later to confirm his flights. Also in the book is the story of our family experience during that time: the evening shellings by a submarine off the North Bondi Golf Course a few weeks later.

The salient point is that my mate and I used to reach the course to kick a football by simply walking across the road from our house at the tram terminus. Sitting on the third tee that night, the sudden whooshing and whistle of shells made us alarmed that ghosts were at play. We reached home to tell our mothers, mine yelling as I entered, "Get under the table, the Japanese are invading!"

The rest is history, but I thought I should let my RSL know about our experience while I am still able. *James Mair* 

# AN ESTEEMED ADDRESS

Thank you for the article 'How the Coastwatchers turned the tide of the Pacific War' in *Queensland RSL News* (Edition 06, 2016). For nearly 45 years my wife and I have been privileged to live in a street at Moorooka, Queensland, named after Commander Eric Feldt. I was fortunate to obtain a copy of his book *The Coastwatchers*, and I make it available to anyone who comes to live in the street. It is still a good read. The street was part of a War Service Homes estate, and a few years ago the Brisbane City Council arranged for the naval insignia to be added to the street sign to highlight the significance of the street name (pictured left).

John Newman

## SIX DEGREES OF SEPARATION

For those of us required to study military history in the 1970s, the syllabus included the Burma Campaign (1942-45) and the memoirs of the English author and filmmaker John Masters, who wrote *Bhowani Junction*. As an officer in the Gurkha Regiment of the Indian Army, he became a Brigade Major of a Chindit Column, fighting behind enemy lines in Burma in 1943-44, and wrote an account of this campaign in *The Road Past Mandalay*. I was reminded of my earlier studies on two different occasions recently.

In 2013, while visiting a family home in India, I learned that our host's father had served in the Indian Army in WWII, and had served with John Masters. It was very interesting to have another perspective to consider other than the orthodox British version presented in Field Marshall Slim's *Defeat into Victory*, which I had studied in the '70s.

In 2016, John Masters' name resurfaced in South America. Our expatriate English tour guide was a former news reporter who had been embedded within the British military forces in many conflicts over the past 30 years. In Kosovo in 1994, he was attached to the headquarters of the UK forces and the Commander was Major General Sir Peter Rose, a specialist in commando operations. He was the stepson of John Masters, and provided considerable background on Masters' military career and the conflicts at the time of India's independence.

With such serendipity in play, I recently re-read *The Road Past Mandalay* and *Defeat into Victory*, and am planning a tour of Burma next year! Who can tell what I will meet up with next time? *Brian Kay* 

#### TALK ABOUT IT

The article 'The Ripple Effect', about the far-reaching effects of PTSD, revived memories of myself. However, my problems didn't actually appear until some 26 years after the event. When we came home from Vietnam, we were abused by many, who called us rapists and baby killers. So we disappeared back into "civvy street" and never spoke about our experiences.

In 1994, I went to my local GP for a check-up and had the most almighty crack up. It would appear that I had been screaming for help for quite a while, but the words never came out.

I must have been hell to live with, but my angel of a wife and my two young boys put up with me. I went through all the suicidal thoughts, and almost actions, but my will to live was always just a bit stronger.

Finally, in desperation, I asked my doctor to refer me to a psychologist. I wasn't confident she could help me, as very few people had ever got inside my head, even to this day.

But, somehow, she managed to identify what was wrong. Yes, it was Vietnam, but also the death of my first wife. She passed away from complications of asthma and I wasn't there at the time to assist.

Speaking to the psychologist helped me get better control over myself and identify when the 'black dog' was going to show his face, but I still bottled everything up.

It wasn't until 2013 that I finally spoke about it. I heard that my old unit was having a reunion to recall the 25th anniversary of the Battle of Coral and Balmoral, and it struck the right chord with me. It was time. I told my wife, who knew that I was a veteran, but nothing else, and my boys. I also wrote a diary of my time in 'Nam.

The point of my story is that if you are suffering from PTSD, try to talk about it in all its inglorious detail. Believe me, it works. Sure, I still get in the dumps occasionally, but life is much better now. At least now on ANZAC Day I can proudly wear my Vietnam medal when I march with my mates. Bill Meiers

#### A FRIEND OF JACK'S

The article 'How the Coastwatchers turned the tide of the Pacific War' in Queensland RSL News (Edition 06, 2016) mentions Jack Read, the Coastwatcher on Bougainville. As a post-WWII Patrol Officer, I knew Jack personally. The sad thing is that, as far as I can recall, his service was not recognised by the Australian Navy, who had commissioned him. He was awarded an American DSC, but given nothing from his parent service.

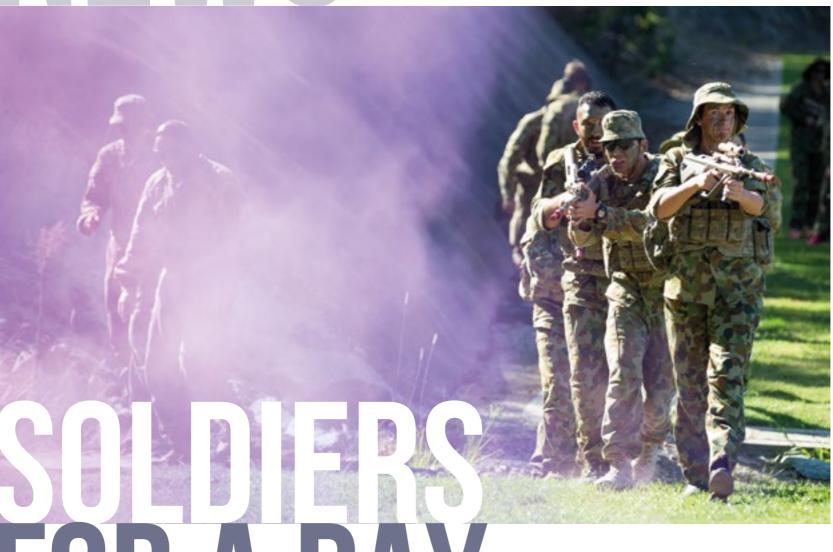
Jack had a sense of humour and told the story of a Japanese man living in Rabaul pre-war, who he knew well. This character later turned up on Bougainville as a Japanese Officer. Accordingly, he sent messages to Jack via native messengers guaranteeing him safe conduct if he would surrender. Jack said he trusted him OK, but wasn't so sure about his mates.

Des Martin

#### **EDITOR'S NOTE**

In the Last Post of Queensland RSL News (Edition 01, 2017) we printed information about a number of deceased members that was incorrect. It was based on false information we were given, and while we stipulate in the Last Post that we take no responsibility for inaccuracies outside of our control, we sincerely apologise to these members and their families for this error. The following members are not deceased:

			<u>i</u>
Last Name	First Name	Service No.	Sub Branch
Adams	Robert	A32435	Surfers Paradise Sub Branch
Allison	Alec		Surfers Paradise Sub Branch
Baker	Trevor	A41032	Surfers Paradise Sub Branch
Banbrook	Margaret	VF509666	Surfers Paradise Sub Branch
Banger	Ivan	144389	Surfers Paradise Sub Branch
Bishop	Doris	94175	Surfers Paradise Sub Branch
Bone	Roydon	433460	Surfers Paradise Sub Branch
Bosworth	Donald	QX51090 (Q102586)	Surfers Paradise Sub Branch
Brooks	Lawrence	442972	Surfers Paradise Sub Branch
Bryden	Harold	124141	Surfers Paradise Sub Branch
Buckley	Edward	32128	Surfers Paradise Sub Branch
Eadie	Joyce	2106219	Surfers Paradise Sub Branch
Fairweather	David	823256	Surfers Paradise Sub Branch
Groccott	Ray	433590	Surfers Paradise Sub Branch
Holland	Charles	NX207517	Surfers Paradise Sub Branch
Hull	Margaret	EXW/297735	Surfers Paradise Sub Branch
Hutton	Geoffrey	1710462	Surfers Paradise Sub Branch
Johannsen	Robert	57766	Surfers Paradise Sub Branch
Kearney	Harry	NX86352	Surfers Paradise Sub Branch
Keele	Larry	AF15924607/ 555666333	Surfers Paradise Sub Branch
Kilner	Lionel		Surfers Paradise Sub Branch
Matchett	John	440318	Surfers Paradise Sub Branch
Matt	Honor	VFX127014	Surfers Paradise Sub Branch
Miller	Margaret	N218547	Surfers Paradise Sub Branch
Nelson	Keith	203951	Surfers Paradise Sub Branch
Rischin	Lewis	S8099	Surfers Paradise Sub Branch
Smith	Harold	V65810	Surfers Paradise Sub Branch
Stewart	Dougal	PX4/404501	Surfers Paradise Sub Branch
Trebilcock	Nanette	VF518194	Surfers Paradise Sub Branch



RSL (Queensland Branch) was fortunate to have some staff members participate in Exercise Diamond Warrior at Gallipoli Barracks in Brisbane on March 7. About 30 employees from Defence support organisations became soldiers for a day, conducting an over-water obstacle course, weapons handling, live-fire shoot and hostage rescue scenarios in the Urban Operations Training Facility.

Australian Army soldiers from the 7th Combat Brigade hosted employees of agencies including the Department of Veterans Affairs, Salvation Army, Veterans and Veterans Families Counselling Service, Australian Military Bank and Defence Bank.

The hands-on experience of Australian Army life gave participants a better understanding of the soldiers they support through their respective organisations.



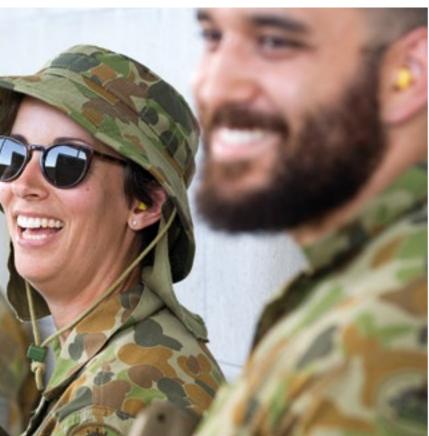


FAR LEFT: Civilian participants of Exercise Diamond Warrior move to clear a building alongside Australian Army soldiers from the 7th Brigade at the Urban Operations Training Facility, Gallipoli Barracks, Brisbane. (Photo: Department of Defence)

**LEFT:** Josh Mario from the Department of Veterans' Affairs conducts a building clearance drill under the supervision of Australian Army soldiers from the 7th Brigade during Exercise Diamond Warrior at Gallipoli Barracks, Brisbane. (Photo: Department of Defence)

**BELOW:** Caisee Nielsen from the Department of Veterans' Affairs fires a 9mm pistol under the supervision of an Australian Army soldier from the 7th Brigade. (Photo: Department of Defence)

**BELOW LEFT:** Kate Hubner (second from the right), Internal Communications Specialist at RSL (Queensland Branch), shares a joke with other participants of Exercise Diamond Warrior. (Photo: Department of Defence)







## RSL REVEALS HOMES FOR HEROES

Australian Defence Force veterans are moving into stunning new homes and re-connecting with old mates after RSL (Queensland Branch) completed the \$18m transformation of the Warhaven housing complex.

Dozens of former servicemen, as well as military nurses and war widows, moved to various locations across Far North Queensland in 2015, when the RSL began a dramatic expansion and refurbishment program at the site in Manunda, Cairns.

RSL (Queensland Branch) State President Stewart Cameron CSC said the returning residents were thrilled with the resortstyle complex and would soon be joined by deserving tenants from across the state.

"The RSL is providing wonderful new homes to men and women who have all made sacrifices for their country," Mr Cameron said. "But what is most special at Warhaven is the camaraderie and friendliness of those who live there – it is an inspirational community of people."

The new Warhaven has 74 units, 14 more than previously, and includes 56 completely new homes in two three-storey blocks. The complex also includes emergency accommodation for

Defence community members facing personal difficulties and distress and requiring crisis housing.

The revamped Warhaven includes a common room, bar with widescreen TV, library and barbecue area – all set within landscaped grounds and a community garden. Individual units have been fitted out to high standards and include video intercom systems.

Applications for the new units have already been made by veterans as far afield as Brisbane and the Gold Coast and it is hoped serving Defence families will also move to Warhaven. The

first 16 tenants began moving in on March 1 and more tenants were scheduled to join them in April.

Among the first to move back in was June Fisher, 81, who first lived at Warhaven with her late husband Robert, a veteran of the Korean War.

"I'm really happy with my new home, the accommodation here is just beautiful," Mrs Fisher said.

"And it's been lovely to move back in and catch up with everyone again. It's the people who make the place, you get to know them so well.

"Warhaven is a real community, it's like a family to all of us."







**CLOCKWISE FROM LEFT:** June Fisher was one of the first tenants to move back into Warhaven; Exterior of the renovated complex; The kitchen in one of the new units; RSL (Queensland Branch) State President Stewart Cameron CSC (right) looks through one of the units with tenants Donald Thomson and Doreen Pym; The bathroom of one of the new units; RSL (Queensland Branch) State President Stewart Cameron CSC addresses the audience at the opening of the complex.



### QUEENSLAND IS HERE TO WELCOME THEM



RSL (Queensland Branch) once again helped welcome newly posted ADF personnel and their families to the area at various 'Welcome To' events organised around the state by the Defence Community Organisation.

Veteran Services and marketing staff attended

the 2017 Defence Welcome and Information Expo at RSL Stadium in Townsville, on February 4, to provide information to those new to the area on the services that RSL Queensland can provide.

Darrell Edwards, Sue Hill and Brett Armstrong are based at the Mates4Mates facility in Townsville to support Defence personnel and their families.

Staff also attended the Welcome Expo for the Amberley region at Goodna Services Club on February 9, with Veteran Service Officers on hand to answer attendees' questions. ABOVE: RSL (Queensland Branch) Veteran Service Officers (left to right) Darrell Edwards, Sue Hill and Brett Armstrong at the 2017 Defence Welcome and Information Expo at RSL Stadium in Townsville.



# ANZAC APPEAL AND AMBUSH

In the lead-up to ANZAC Day, RSL volunteers will once again participate in the RSL ANZAC Appeal to show their support in memory of those who have fallen and those who have served for our freedom.

Throughout April, they will raise funds through the selling of merchandise – including pins, badges, small toys and pens – to the public to show

their support for the Defence community.

The RSL ANZAC Appeal Ambush will be held on Friday, April 21 and will see uniformed Defence Force personnel, RSL and corporate volunteers converge on the streets of Brisbane CBD to sell merchandise and raise funds. RSL Queensland has organised the event since 2011.



# CUTTING-EDGE FIGHTER JETS VISIT RAAF BASE AMBERLEY

Two Australian F-35A Joint Strike Fighters touched down at the Royal Australian Air Force (RAAF) Base Amberley outside Brisbane on February 27, prior to their debut at the Australian International Airshow in Avalon on March 3. "AUSTRALIA HAS
COMMITTED TO
SPENDING \$17 BILLION
ON 72 F-35 AIRCRAFT, AS
PART OF ITS STRATEGIC
PARTNERSHIP IN THE
GLOBAL F-35 JOINT
STRIKE FIGHTER
PROGRAM."

#### PREVIOUS PAGE:

Air Force F-35A Lightning II pilots, Squadron Leader David Bell and Wing Commander Andrew Jackson, get all the media attention after their arrival at the 2017 Australian International Airshow. (Photo: Department of Defence)



THE jets flew from their current home at the Luke Air Force Base in the United States, where four RAAF pilots are currently training to fly the cutting-edge aircraft.

Australia has committed to spending \$17 billion on 72 F-35 aircraft, as part of its strategic partnership in the global F-35 Joint Strike Fighter program. The first F-35As will be delivered to Australia in late 2018, and officially enter service in 2020.

While the fighter jets will be based at RAAF Base Williamtown, near Newcastle in New South Wales, and RAAF Base Tindal, near Katherine in the Northern Territory, they will be regular visitors to Amberley. The Williamtown base is currently undergoing extensive redevelopment

for the fighters.

The F-35As were joined at the airshow by Australia's first EA-18G Growler and in a press release, Minister for Defence Senator the Hon Marise Payne said they represented a "potent and technologically advanced air combat and strike capability that is essential to our ability to defend Australia and our national interests".

Ms Payne said Australia is the only

ABOVE: Two Air Force F-35A Lightning Ils arrive at the 2017 Australian International Airshow. (Photo: Department of Defence)



country outside the United States operating the EA-18G Growler, and its arrival represents a "significant leap forward in our capability, introducing a dedicated electronic attack capability for the first time".

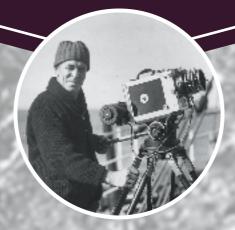
After their visit to Australia, the F-35As returned to the United States for the pilots to continue their training. <del>└</del>

RIGHT: F-35A Lightning
II departs
RAAF Base
Amberley for
the Australian International Airshow in Avalon. (Photo: Department of Defence)



# Frank Hurley

— CAPTURING THE CARNAGE



Australian War Memorial OBE
James Francis 'Frank' Hurley. OBE

When he first arrived at the Western Front in 1917, first official photographer to the Australian Imperial Forces (AIF) and honorary captain James Francis (Frank) Hurley was appalled by the destruction.

Yet he also found it fascinating and – in keeping with his adventurous spirit – Hurley took considerable risks to photograph his subjects; a reputation that saw him dubbed 'the mad photographer' by troops.

With an eye for the spectacular and a respect for the immense scale of the natural world, he served as an official photographer during both world wars; capturing famous images that help us remember a tragic yet important part of Australia's history.

JAMES Francis Hurley was born at Glebe, Sydney, in 1885 and became interested in photography as a young man. He began his career with a Sydney postcard company at the age of 20 in 1905.

Hurley grew to regard photography as a medium that could be manipulated to achieve a desired effect, and he began to follow the well-established practice of making composite prints by combining two or more negatives to make an image. He was also a proponent of colour photography. An inveterate traveller, Hurley was on one of his six trips to the Antarctic – the famous Shackleton expedition of 1914-16 – when WWI began. In 1917, he became one of the AIF's official photographers, with the honorary rank of captain.

Some of Hurley's most famous images of the war were taken during the Passchendaele campaign in the second half of 1917. He ran considerable risks to get his shots, earning the name 'the mad photographer' from the troops. War affected Hurley deeply, but he also found the battlefield fascinating.

A self-described "showman", Hurley had spent years producing popular attractions using the latest photographic and film techniques, and he was confident that he knew which images would engage the public's imagination. His methods, particularly his use of composites, led to arguments with the influential Charles Bean and, at one stage, Hurley threatened to resign rather than give up the practice. A compromise was reached, but in late 1917, Hurley was sent to Palestine.

#### MAIN IMAGE:

"Over the top". A composite photograph, originally known as "A hop over", constructed by Captain Frank Hurley, depicting Australian soldiers charging from trenches while combat aircraft fly overhead in a sky filled with smoke from shrapnel and bomb explosions. (AWM: E05988A)

INSET: Captain Frank Hurley and camera aboard the *Discovery*, circa 1931. Antarctic Research Expedition (National Library of Australia)









Hines, A Company, 45th Battalion, with his souvenirs, obtained on the morning of the advance of the 4th and 13th Brigades at Polygon Wood, in the Ypres Sector, during the Third Battle of Ypres, Belgium, 1917 (AWM: P09170.001).

TOP TO BOTTOM: Tua - Ali Ahmed gets impatient for a look, while his wife Miriam takes a peep thro' the "Seeneemah" under the guidance of Hurley (AWM: 004041); A scene on the Menin Road near Hooge, Belgium, looking towards Birr Cross Roads, during the battle on 20 September, 1917 (AWM: E00711); Colonel Farr revealing the mystery of a Kodak camera to three Muslim women, 1918 (AWM: B01560); Members of the 1st Australian Light Trench Mortar Battery, 1st Australian Division around a fire or possibly a kerosene lamp in a dugout billet at Ypres, Belgium, 1917 (AWM: P08577.004); Private John 'Barney'



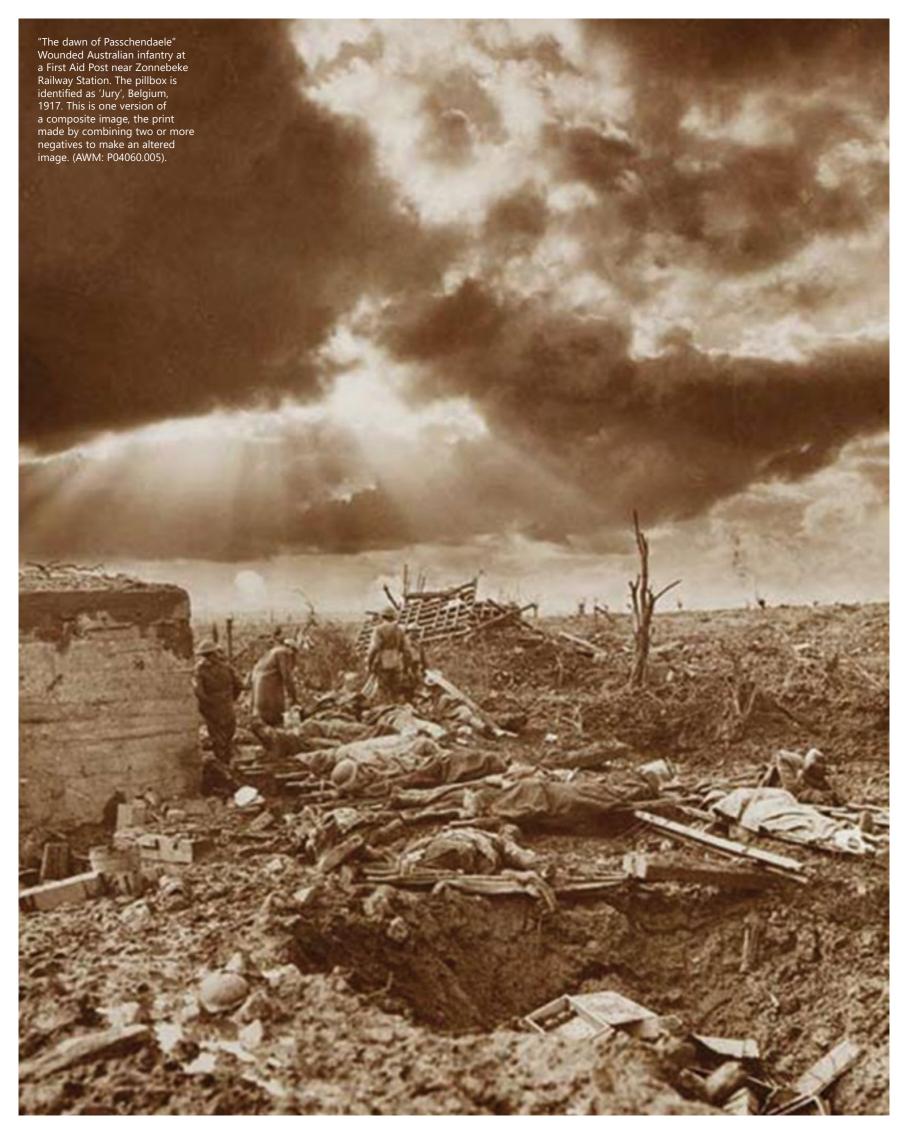












# "HIS METHODS, PARTICULARLY HIS USE UP THE PRACTICE."

He took many well-known images of the Australian Light Horse and the Australian Flying Corps, finding the relative peace there in stark contrast to what he called "the hell of France". He stayed just six weeks then went to Cairo, where he met Antoinette Leighton. They married on April 11, 1918 and Hurley returned to London to work on an exhibition of Australian war photography.

After the war, Hurley made further trips to the Antarctic and to the Torres Strait and New Guinea. He flew with Ross Smith, returned to Europe on several occasions and visited the United States. Many of his photographic and film projects received both critical acclaim and commercial success. For much of the 1930s he worked in Sydney for Cinesound, but in 1940 Hurley

resumed war photography with the AIF in the Middle East. His work was, however, overshadowed by that of younger men like Damien Parer and George Silk, who found Hurley's methods outdated. He remained in the Middle East until 1946.

For the rest of his life, Hurley continued travelling and taking photographs, publishing several books of his work. Always a loner, Hurley nevertheless influenced later generations of photographers, and his work - taken all over the world over almost six decades - remains very much in the public eye. He died in Sydney in 1962.

Published with permission from the Australian War Memorial: www.awm.gov. au/people/P10676415/ **←** 









TOP TO BOTTOM: The ruins of the Cathedral at Ypres, Belgium, 1918 (AWM: P10330.007); British Soldiers Unloading 15 inch Howitzer Shells; An interior view of the dugout occupied by officers of the 105th Howitzer Battery, Belgium, 1917 (AWM: E00661); Supporting troops of the 1st Australian Division walking on a duckboard track near Hooge, in the Ypres Sector, Belgium, 1917 (AWM: E00833).



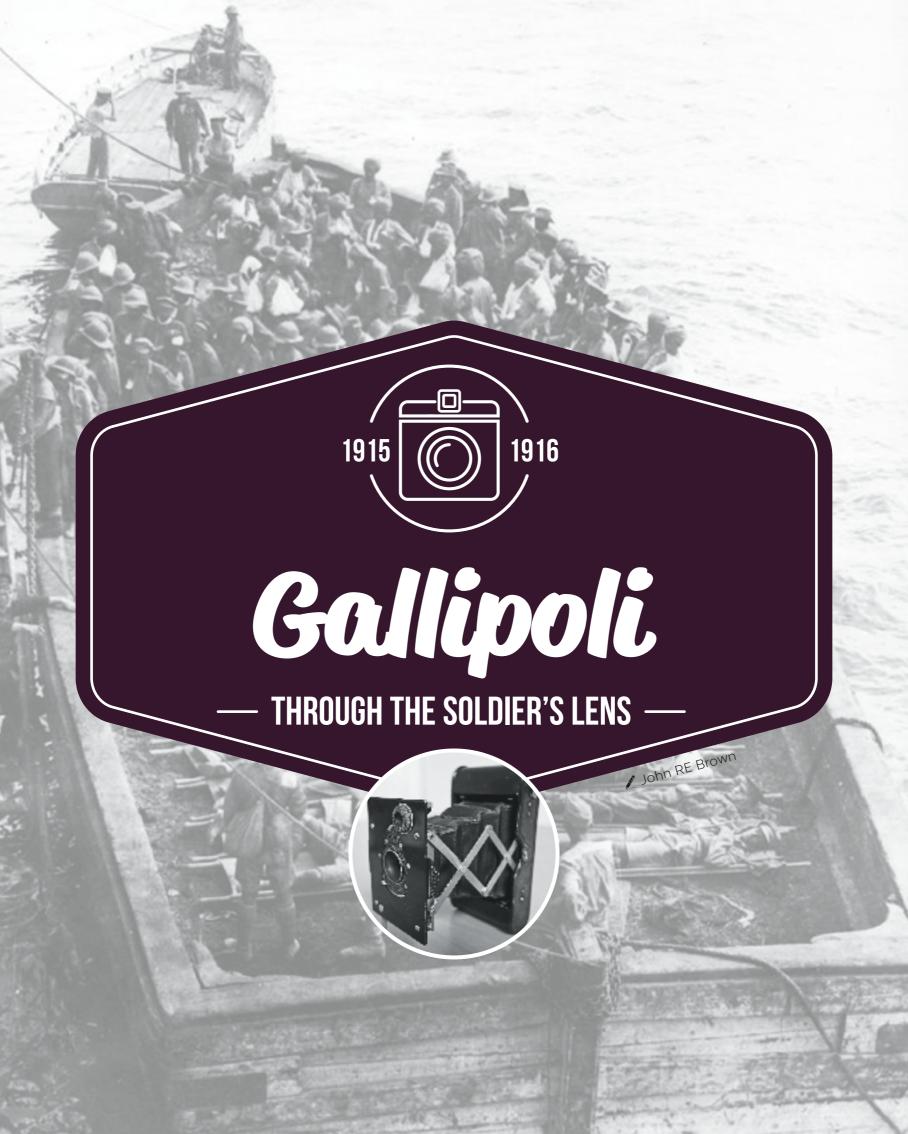
**TOP TO BOTTOM:** A track across the Westhoek Ridge near Zonnebeke in the Ypres sector with an explosion in the background, Belgium, 1917 (AWM: E01265B); Five Australians, members of a field artillery brigade, passing along a duckboard track over mud and water among gaunt bare tree trunks in the devastated Chateau Wood, a portion of one of the battlegrounds in the Ypres Salient, Belgium, 1917 (AWM: E01220); View of the gateway to the battlefield of Ypres through Chateau Wood, in the Ypres Salient, Belgium, 1917 (AWM: E01237); "Over the top". A composite photograph, originally known as "A hop over", France, 1918 (AWM: E05988B); A scene along the Ypres Road, showing a tired Battalion coming out to rest after participating in the fierce fighting during the Third Battle of Ypres, Belgium, 1917 (AWM: E00843).











The unique status of Gallipoli in Australian history is supported by an Australian War Memorial (AWM) collection of some 6000 images. In the 2015 monograph "Gallipoli: Through the Soldier's Lens", senior curator of photographs Alison Wishart made the extraordinary revelation that 60 per cent of these photos would not exist if it weren't for the fact that perhaps half of the Australian forces carried cameras, in breach of Lord Kitchener's 1915 edict prohibiting soldier photography.

the 20-30 years prior to 1915, the science of photography had progressed in leaps and bounds, mainly due to the genius and industry of George Eastman, an American entrepreneur. In that time, Eastman had introduced photography to the masses of the civilised world with his photographic products - under the trade name Kodak. He revolutionised photography, with the introduction of continuous acetate roll-film, and his most recent invention - the Vest Pocket Kodak - was released in 1912, right before world conflict began in 1914. The creation of roll-film also enabled the birth of movie photography. The VPK, as it was universally known, gained enough popular commercial acceptance in Australia for it to be placed in the hands of soldiers departing Australia in 1915 for the "adventure of a lifetime". Kodak immediately jumped on the bandwagon and advertised the VPK as "The Soldier's Camera".

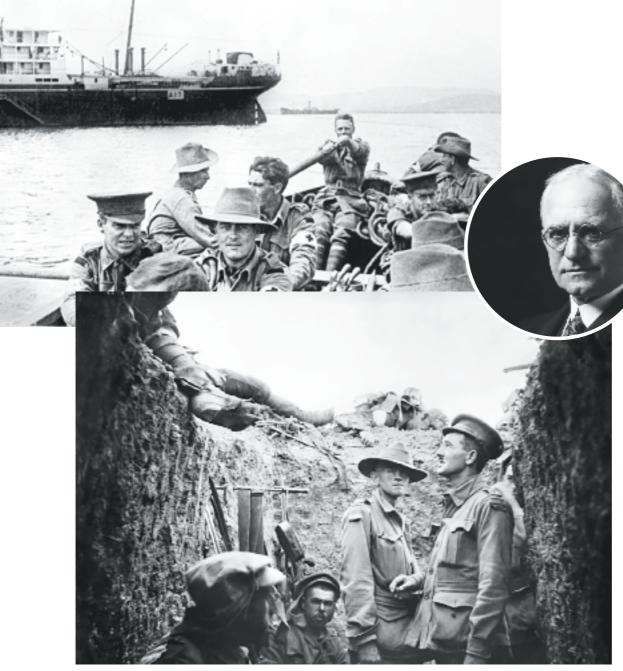
So, this small folding camera, which fitted easily into a tunic pocket, started to record life on Australian troop ships, the Pyramids of Egypt, and then the Dardanelles; busily snapping away with a fixed focus lens and two shutter speeds available – 1/50th of a second for full sun and 1/25th of a second for dull days.

Photography at the Western Front heavily embarrassed the British Government in the early months of the war, with explicit images depicting the traumas of conflict appearing in home newspapers and posing a threat to enlistment. War correspondents and photographers were promptly rounded up and sent home. Heavy penalties were also prescribed for soldiers possessing cameras. Despite this, within a week or so of the dramatic Christmas truce of December 25-29, 1914, photos appeared in British newspapers showing soldiers fraternising with German troops in no-man's-land, having somehow

#### MAIN IMAGE:

A flat bottomed barge transporting wounded soldiers from Anzac Cove alongside the Hospital Ship Gascon, Gallipoli, 1915 (AWM: A02740).

INSET: A Vest Pocket Kodak – "The Soldier's Camera".



"THE VPK
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A LIFETIME'.'

defeated military censorship.

While Australian command would have been aware of Lord Kitchener's prohibition of soldiers using cameras, according to AWM's Wishart, officers did not seem overly concerned that by April 25, 1915 there were some 25,000 VPKs distributed among the invading forces. However, it would be unrealistic to assume that Australian censorship officers would permit exposed film to be posted home. Those who have examined the issue of processing offer various explanations; the preferred ones being that films were sent to Egypt with the numerous casualties who required evacuation, or with more seriously wounded men repatriated to Australia.

I suggest another solution. In recent years, battlefield archaeologists discovered a camera with an exposed

film inside a buried haversack owned by an American soldier killed in the Battle of the Bulge in WWII. Once processed, the film revealed recognisable and haunting images of the last days of a man's life. Approximately 70 years had elapsed since this black and white material was first exposed, and it's likely that Gallipoli soldiers may have carried film around for years before processing it.

When photos taken by soldiers did arrive back home, they generated extreme interest and created a demand by newspapers – particularly as the conflict dragged on and official communiqués were infrequent and heavily censored by authorities. Australian newspapers offered sizable rewards for significant Gallipoli photos, as did sections of the British press.

**CLOCKWISE FROM TOP LEFT:** Unidentified members of the 2nd Australian Field Ambulance practising boat drill in the harbour on the Aegean island of Lemnos in preparation for the landing at Anzac Cove, Gallipoli, 1915 (AWM: C01632); George Eastman; A trench at Lone Pine after the battle, showing Australian and Turkish dead on the parapet. In the foreground of this much published image is Captain Leslie Morshead (later Lieutenant General Sir Leslie Morshead) of the 2nd Battalion and on his right is Private James (Jim) Brown Bryant, 8th Battalion, of Stawell, Vic, Gallipoli, 1915 (AWM: A02025).

While Britain sent official photographers to various conflicts extending back to the Crimea, the images provided were usually of static situations. This was due to the very slow speed of the emulsions available with the cumbersome 'wet-plate' method, which involved tent-darkrooms to coat the plates, followed by immediate processing. Consequently, war photography was not significant, especially as prestigious British newspapers preferred text over photos.

When the VPK was issued in 1912, photographic systems were still too slow for action photography. Also, soldiers couldn't handle a camera and rifle at the same time. As a result, photographs by Australian soldiers depict aspects of military life in between engagements with the enemy.

Therefore, the collection constitutes a genre of its own – the domestic aspects of entrenched warfare; from rowing ashore on the first morning, to views of soldiers in trenches, in their dugouts, attending an impromptu religious mass, and even ranged along the pole-type seating of a communal latrine. In one photo, the bodies of dead soldiers can be seen in covered



# "WHEN PHOTOS TAKEN BY SOLDIERS DID ARRIVE BACK HOME, THEY GENERATED EXTREME INTEREST AND CREATED A DEMAND BY NEWSPAPERS — PARTICULARLY AS THE CONFLICT DRAGGED ON AND OFFICIAL COMMUNIQUES WERE INFREQUENT AND HEAVILY CENSORED BY AUTHORITIES. AUSTRALIAN NEWSPAPERS OFFERED SIZABLE REWARDS FOR SIGNIFICANT GALLIPOLI PHOTOS, AS DID SECTIONS OF THE BRITISH PRESS."

rows awaiting burial. Nurses on the nearby island of Lemnos also had cameras, which they used to photograph their patients.

Because of the innocent nature of this collection, AWM's Wishart agrees the photos have a special charm and "poignant simplicity". A few photographers provided more artistic results, including some with a background in photography and others who were there in a professional capacity, including official war historian Charles Bean and *The Age* newspaper correspondent Phillip Schuler, who took Gallipoli photographs. Lieutenant (later Sir) Wilfrid Kent Hughes, medico Colonel Charles Snodgrass Ryan

and professional photographer Sergeant James Campbell produced valuable collections, which have been preserved. Anglican Army Chaplain Walter E Dexter also took photos that starkly portrayed the suffering of Gallipoli.

These images constitute the Australian War Memorial's Gallipoli collection, together with a few surviving VPK cameras. One outstanding example is the camera Sergeant IE Virgoe carried throughout his military career, which is randomly engraved with the details of military campaigns.

The commercial drive that characterised Eastman produced enormous profits. Ironically, the man

who created "The Soldier's Camera" took his own life with a single gunshot to the heart, after being diagnosed with a paralysing spinal disease. A note he left behind said, "My work is done. Why wait?" He was a bachelor, with no debt to society, who had given close to \$100 million to worthy institutions during his lifetime. He felt that he could now bow out from that stage of photographic history.

His incidental legacy to Australia was around 4000 Kodak images taken with his VPK camera by Gallipoli soldiers. They have become a permanent archive and an indelible enhancement to a story that has become a legend in the history of a nation. 14-



# THE ORIGIN OF **ANZAC BISCUITS**

Contrary to popular belief, the lovely, sweet ANZAC biscuit we enjoy today bears little resemblance to the confection provided to WWI soldiers on the front.

Anne-Marie Conde



EVERY year, as ANZAC Day approaches, people become curious about ANZAC biscuits. Maybe it's because the thought of them is a delectable relief to the sombreness of that day and all that it represents. But it is easy to make mistakes about ANZAC biscuits, strangely enough. The biscuit that most of us know as the ANZAC biscuit is a sweet biscuit made from rolled oats and golden syrup. These must not be confused with that staple of soldiers' and sailors' rations for centuries, the hardtack biscuit.

To deal with these rather unpalatable objects first, hardtack biscuits are a nutritional substitute for bread, but unlike bread they do not go mouldy. And also unlike bread, they are very, very hard. On Gallipoli, where the supply of fresh food and water was often difficult to maintain, hardtack biscuits became notorious. So closely have they been identified with the whole Gallipoli experience that they are sometimes known as ANZAC tiles or ANZAC wafer biscuits. Hence the confusion with the sweet biscuit.

There is actually nothing wafer-like about hardtack biscuits. Soldiers often devised ingenious methods to make them easier to eat. A kind of porridge could be made by grating them and adding water. Or biscuits could be soaked in water and, with jam added, baked over a fire into 'jam tarts'. Not at all like Mum used to



make, but better than nothing.

Strange as it seems, the Australian War Memorial holds in its collection a range of hardtack biscuits from the First World War. So durable are they that soldiers used them not just for food, but for creative, non-culinary purposes. The texture and hardness of the biscuits enabled soldiers to write messages on them and send them long distances to family, friends and loved ones.

Soldiers also used the biscuits as paint canvases and even as photo frames. One such biscuit features the use of wool and bullets to create a picture frame. Another was used as a 'Christmas card' and had a tropical scene painted on it.

The origin and invention of the sweet ANZAC biscuit is contested. Conventionally, it is an eggless sweet biscuit made from oats and golden syrup, but these sweet biscuits are not the same rations that were supplied to soldiers in Gallipoli.

From the 1920s onwards, Australian recipe books nearly always included ANZAC biscuits, but exactly how this recipe became identified with ANZAC, or WWI, is unknown. They don't have the shelf-life of hardtack biscuits, but they do last a reasonable amount of time, so it is possible they became known as a suitable inclusion in parcels of small luxuries and comforts that families and charitable organisations used to send overseas to soldiers.

Making ANZAC biscuits is one tradition Australians use to commemorate ANZAC Day. Everyone has their favourite recipe, and there are countless arguments over whether they should be served crunchy or soft.

Although the sweet ANZAC biscuits are far more enjoyable to eat than their hardtack counterparts, it is safe to say that, with the creativity of WWI soldiers, the ANZAC tile biscuits had far greater uses than just for eating.

Published with permission from the Australian War Memorial: www. awm.gov.au/blog/2008/04/22/ANZACbiscuits **←** 



# Education Program for GPs launched

A national GP education program launched this month will equip general practitioners and other healthcare professionals with new strategies to better identify the signs and symptoms of post-traumatic stress disorder (PTSD).

THE GP education program, supported by RSL (Queensland Branch), is based on research published in the Australian Medical Journal by the Gallipoli Medical Research Foundation (GMRF).

This three-year study, involving 300 Vietnam veterans, examined relationships between physical illnesses like heart disease, gastric complaints and sleep disorders, and the psychological symptoms of PTSD.

The GP education program will include three components: an online education module, expert videos and a national GP conference program.

GP Education Program Ambassador: Dr Phil Parker Prior to becoming a community general practitioner, Dr Phil Parker served as a uniformed doctor within the Australian Defence Force for over 27 years, including a deployment to Afghanistan in 2012 as the Senior Medical Officer. Dr Parker remains committed to supporting the health of military veterans as they endeavour to establish new lives outside the Australian Defence Force (ADF).

Why did you choose to get involved in GMRF's GP education program?
"As a general practitioner with an extensive background of military service, I felt I was well positioned to contribute to the development of effective healthcare for ADF veterans. I served on operations in Afghanistan, which provided me with a good

understanding of the conditions that often lead to the development of chronic conditions, including PTSD."

What impact could the GP education program have for sufferers of PTSD?

"It is important for general practitioners to understand the needs of PTSD sufferers. The program provides guidance to GPs on resources available for these patients and their families, with effective avenues to seek specialised treatment."

What symptoms should alert the GP to consider a diagnosis of PTSD? "From the study findings, we know that PTSD impacts various body systems, however, particular attention



"IT IS IMPORTANT FOR **GENERAL PRACTITIONERS** TO UNDERSTAND THE NEEDS OF PTSD SUFFERERS. THE PROGRAM PROVIDES GUIDANCE TO GPS ON RESOURCES AVAILABLE FOR THESE PATIENTS AND THEIR FAMILIES. WITH EFFECTIVE AVENUES TO SEEK SPECIALISED TREATMENT.

should be paid to sleep and gastric complaints. Any time a patient reveals a history of previous military service it should alert a general practitioner to the likelihood of multiple medical conditions, including PTSD. General practitioners should enquire about sleep disturbances, frequency of nightmares and any disturbances of mood."

#### What are some other conditions associated with PTSD?

"Many veterans will often present with other conditions during an initial consultation with a general practitioner. Patients will often assess whether they can engage with the doctor before revealing their mental health issues. Trust is essential. Other conditions experienced by veterans are quite similar to the general population, but there will be a greater number of patients with musculoskeletal issues. Common conditions include chronic back pain and other joint conditions. PTSD sufferers may also suffer chronic pain conditions."

What can GPs do to support patients with PTSD and their families?

"It is important general practitioners demonstrate a willingness to commit to the care of PTSD patients and their



families. They should understand that PTSD will rarely be the only condition suffered by the individual and be willing to provide holistic care for all conditions. It is important to also ask about the general health and wellbeing of family members providing support to the PTSD sufferer."

How important is the patient's support network (or family) in the process of treating a patient with PTSD? "The importance of the support network for any PTSD sufferer cannot be understated. Families quite often have to endure the negative

effects of PTSD for some years. They tolerate mood disturbances, including irritability and low mood. Through all of this, they remain the stable foundation for the patient. It is critical for the general practitioner to consider involving partners in the development and ongoing management of patient treatment plans."

From a GP perspective, what has changed in overall awareness and management of PTSD?

"Once a relatively unknown condition, many Australians now understand that PTSD is a condition suffered by

"THE IMPORTANCE OF THE **SUPPORT NETWORK FOR ANY** PTSD SUFFERER CANNOT BE **UNDERSTATED. FAMILIES QUITE** OFTEN HAVE TO ENDURE THE **NEGATIVE EFFECTS OF PTSD FOR SOME YEARS.** 

individuals employed in roles where their safety is put at risk. Acceptance of PTSD by the general population as a 'real' condition and a significant social cost to the country is growing. This, and increased media attention, instils confidence among sufferers that medical treatment is available."

RSL (Queensland Branch) knows first-hand how destructive PTSD can be for individuals, families and communities, which is why it is extending the findings of this research to help others through the GP education program. The GP education program will be launched this month, supported by a comprehensive online presence and extensive digital and face-to-face communications campaign to the GP sector. ←

**CONDITIONS ASSOCIATED WITH PTSD** 

RISK OF **HEART** 

**BOWEL** DISORDERS COMMON

AS LIKELY TO HAVE RESTLESS LEGS **SYNDROME** 

HIGHER DISFASE

AS LIKELY TO HAVE SLEEP APNOEA

**PSYCHOLOGICAL DISORDER** THAT DEVELOPS FOLLOWING EXPOSURE TO A TRAUMATIC EVENT.



# WHAT IS

PTSD HAS A

IN THE AUSTRALIAN POPULATION AND UP TO 20 PER CENT PREVALENCE AMONG VETERANS.

IT CAN SEVERELY AFFECT QUALITY OF LIFE, INCLUDING RELATIONSHIPS. SOCIAL AND VOCATIONAL FUNCTIONING AND PHYSICAL HEALTH.

#### PTSD and mental health in the Australian Defence Forces

PTSD IS MORE COMMON IN ADF MALE

MEMBERS THAN IN THE WIDER

**AUSTRALIAN COMMUNITY** 

**DEPRESSION AND ANXIETY** DISORDERS ARE MORE COMMON IN YOUNG ADF MALE MEMBERS

SUICIDAL THOUGHTS OR PLANS ARE MORE COMMON IN ADF MEMBERS

IN 2010 **OVER 4,100** 

**BUT ONLY 50% OF THOSE HAD** RECEIVED TREATMENT

Over 2,000 ADF members suffered both PTSD and depression in 2010 - these people are at highest risk of suicide



Mental health issues in the ADF do not differ according to the number or nature (combat vs non-combat) of deployments

There is significant stigma associated with reporting mental health issues such as PTSD: over half of ADF members cited possible negative impact on career prospects as a reason not to report such issues







On the surface, Pennie Looker seems like someone who has it all – a big smile, a wonderful husband and three children. But behind the brave face, Pennie faces challenges every day as she struggles with post-traumatic stress disorder (PTSD). This is the story of how Pennie was medically discharged after 19 years in the Australian Army, and the major stepping stones in her journey towards recovery.

Christina Underwood

#### "I REMEMBER TALKING WITH THE PSYCHOLOGIST WHILE WITH THE HORSE, AND IT WAS PROBABLY THE FIRST TIME I'VE EVER SPOKEN THAT MUCH TO ANYONE ABOUT WHAT I'VE BEEN THROUGH AND HOW I COPE."

The Catering Corps in the Army Reserves, as she wanted to follow in her grandfather's footsteps. Challenged to sign up to prove her older brother wrong after a gibe that she wouldn't be able to do it, Pennie soon transferred to the full-time Army in 2001 and became a Clerk. Following this, she became a psychological examiner and completed a degree in Psychology. Pennie's first deployment was in 2003 to the Solomon Islands, followed by two deployments to East Timor.

Sadly, Pennie was medically discharged on March 31, 2015, after 19 years of service.

"Being in the army is liberating, challenging, exciting. It's very rewarding, but it has its challenges," Pennie says of her time in the Army.

It took a few years for Pennie to realise that things weren't quite right. Her coping mechanism was to fill her life up – working full-time, studying part-time, starting a business as a marriage celebrant and

looking after the family.

Tension mounted as Pennie's career progressed, and she took on more and more responsibilities. Pennie had a very difficult time in her final posting, as she was worked up a rank and took on extra work.

"I'd only get two hours of broken sleep a night, and that's all I would have for years," Pennie says. "I was anxious. I was having panic attacks going into my building to get to work. I began getting angry at home and taking it out on my family. That's when I had a breakdown."

After hitting rock bottom, Pennie tried to make steps towards recovery.

When she was discharged, Pennie had to learn to cope while her family was in different locations and she was away from her strongest supporter – her husband. Support for female veterans was hard to find, and Pennie was often perceived as a wife of a veteran, rather than a veteran herself.









"I WAS OFFERED INVITATIONS TO JOIN WOMEN'S AUXILIARIES, WHEN WHAT I NEEDED WAS THE SUPPORT FOR ME AND TO DEAL WITH EVERYTHING THAT I WAS GOING THROUGH."







#### **SPEAKING OUT ON VETERAN RIGHTS**

Since Pennie Looker last shared her story with RSL (Queensland Branch), the retired Sergeant has been busy providing support for the wider Defence community speaking out on veterans' rights and bolstering the ranks of her local Sub Branch. While her own recovery is still a work in progress, Pennie believes in giving back to her veteran comrades and drawing attention to the important issues they face.

"I still have my bad days, but on my good days I just try and do my best to help others," Pennie says.

Pennie was interviewed twice on current affairs TV show The Project about issues in the public spotlight. The first was on February 2, regarding allegations the Department of Veterans' Affairs (DVA) was spying on veterans by monitoring their social media accounts, and using it to avoid paying compensation claims. Given Pennie was a psychological examiner in the Australian Army and medically discharged with mental health and other physical injuries, her story and thoughts on the issue were particularly relevant to the conversation.

Asked if she believed the DVA's compensation process was causing harm, Pennie responded, "Every injury and illness does need to be assessed to make sure that everybody is getting the correct compensation and the correct help and the correct rehabilitation they need.

"However, the process could be quite harmful, going through several different practitioners to get several different opinions – it can be quite stressful and actually bring on stress reactions, anxiety and deepen depression if someone is already suffering from depression."

While the DVA may check social media to see if a veteran is leaving the house, attending social events or exercising, Pennie says these activities are actually very positive for recovery.

According to an official response, the Department does not monitor social media accounts of individual veterans or clients when assessing an individual's claim. However, if it receives an allegation of fraud, the department may access social media and other publicly available sources.

A month later, The Project interviewed Pennie again about a proposed bill that would let the DVA release the personal information of veterans if it wanted to correct deliberately misleading public statements. Many sections of the veteran community feared it would silence public criticism.

"If there is a knowledge that the information can become public, I know myself I wouldn't speak as freely to my treating psychologist and psychiatrist," Pennie said.

The government later decided to abandon its push for this new legislation. Recently, Pennie also decided to give back to her local veteran community and was elected as a committee member of the Nelson Bay RSL Sub Branch.

"I was offered invitations to join women's auxiliaries, when what I needed was the support for me and to deal with everything that I was going through," Pennie says.

On top of all this, Pennie still put pressure on herself to cope better.

"It was embarrassing for me. It was very hard being in psychology and to not notice the signs myself."

Then, Pennie found the help she needed. She made contact with the Women Veterans Network Australia (WVNA) and began linking with other female veterans in her local area; it was through them that she found out about Mates4Mates.

Pennie applied, and was accepted to take part in the Kokoda Trek in April, along with 10 other veterans. The trek involved walking 96km in the highlands of Papua New Guinea. Fitness has always been an anchor to help Pennie cope with her anxiety and depression, so she was physically prepared for the trek, but still felt apprehensive.

"I went to Kokoda specifically to try and help myself find some more courage. And I did. It was the beginning of my journey to recovery."

With the support of Mates4Mates, Pennie was able to push away her fears, and now Kokoda is something she will always hold close to her heart. She also found much-needed support in the Mates4Mates equine therapy program in Darwin.

"I remember talking with the psychologist while with the horse, and it was probably the first time I've ever spoken that much to anyone about what I've been through and how I cope."

Pennie's story provides a real example of how RSL-funded initiatives such as Mates4Mates can provide psychological and physical programs that help veterans.

"It means that we're getting out; we're able to set goals and meet like-minded people who understand what we've been through... that it's OK to sometimes go backwards in our journey, and someone is always there to help us move forward again," Pennie says. 1

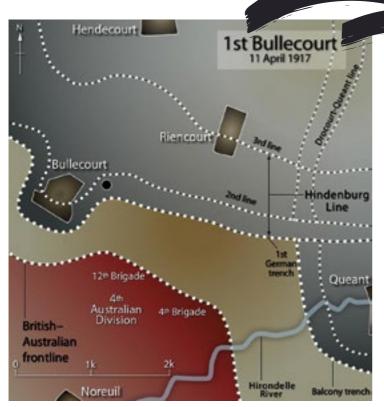


# THE BATTLES OF BULLECOURT: Conviversary

Department of Veterans' Affairs

This April-May will mark 100 years since the two battles of Bullecourt renowned for being some of the most intense trench fighting of WWI and costing Australia more than 10.000 casualties. The first battle, on April 11, was launched by Australian forces on the German Army at the Hindenburg Line; it was hastily planned and mounted, and resulted in disaster. British forces joined for the second battle, which began on May 3 and lasted two weeks, with the Germans admitting defeat on May 17.





The Australian 4th Division was deployed to the south-east of Bullecourt and planned to attack north between two German held salients. One salient was formed by the German occupation of the town of Bullecourt on the Australian left, the other by an extension of the German Droucourt-Queant line known as Balcony trench. Note: the black circle that appears between the German front and second lines, just to the east of Bullecourt, is the present location of the Bullecourt 'Digger' and the Australian Memorial Park. (DVA)

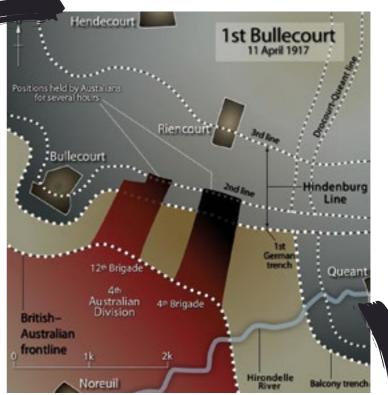
#### The first battle of Bullecourt

The first battle of Bullecourt on April 11, 1917, was an Australian attack on German trenches east of the village of Bullecourt. The plan was to advance some three kilometres north, taking the village of Hendecourt, two kilometres northeast of Bullecourt.

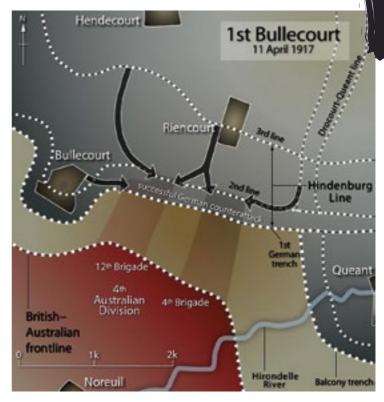
Operations of this kind were usually supported by a prior artillery bombardment of the German trenches. However, at Bullecourt, the Australian 4th Division attacked without artillery support in an attempt to surprise the Germans, but with the assistance of a dozen tanks.

In spite of the failure of most of the tanks to reach the German line, the Australian infantry advanced northwards, with Bullecourt on their left flank, and seized two lines of German trenches. There they were halted by increasing German resistance.

Let down a second time by the failure of their own artillery to fire on the German counterattacks, the Australians, having held the enemy trenches for several hours, were driven back to their starting line with the loss of over 3000 men. Poorly planned and hastily executed, the first battle of Bullecourt resulted in disaster.



Ths map illustrates the advance of the Australians into the gap between the Bullecourt and Balcony trench salients and the German trenches they temporarily captured. (DVA)



After several hours, German reinforcements arrived and counterattacked from Bullecourt, the third German line and the Drocourt-Queant line. They drove the Australians out of the trenches forcing them to retreat to their starting point. (DVA)

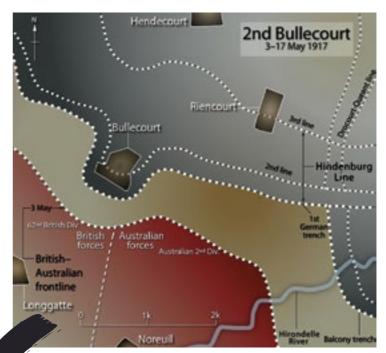
#### The second battle of Bullecourt

Three weeks after the first battle of Bullecourt, the Australian 2nd Division, now with the British 62nd Division attacking on their left towards Bullecourt itself, assaulted over the same ground where the Australians had met defeat on April 11. This time the Australian infantry attacked without tanks, but was well supported by artillery.

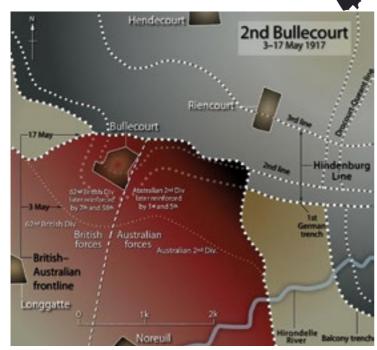
On the first day of the battle, May 7, one Australian brigade on the right flank was unable to reach the German first line and the British obtained only a foothold on the southern edge of Bullecourt, but the main Australian attack was successful in capturing the same German trenches the Australian 4th Division had been ejected from on April 11.

The battle continued for two weeks; the Australians and British committing four more divisions (the Australian 1st and 5th Divisions, and the 7th and 58th British Divisions). The Germans, also reinforced, made numerous unsuccessful counterattacks.

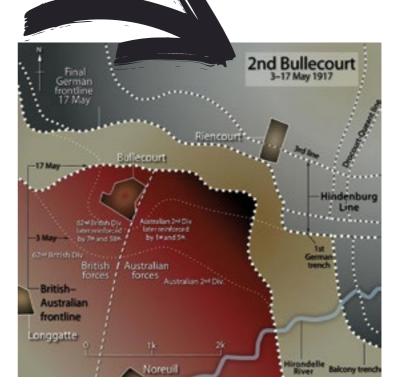
By May 17, the Germans admitted defeat by ceasing attempts to recover their lost ground. Of the 150,000 men from both sides who fought at the second battle of Bullecourt, some 18,000 British and Australians, and 11,000 Germans, were killed or wounded in battle.



On May 3, the front lines were much as they had been at the end of First Bullecourt on April 11, with the Australian 2nd Division having replaced the 4th Division and the British 62nd Division now on the Australian left flank below Bullecourt. (DVA)



The map shows the result of the initial advance, the capture of the German trenches and the subsequent two weeks fighting. The British, on the left in Bullecourt, and the Australians on the right held a three-kilometre length of the first and second line German trenches, but were unable to advance further. (DVA)



The map shows the final positions of the British and Australian forces on May 17 along with the new German front line. (DVA)

#### **Bullecourt within the wider context:** The Arras offensive

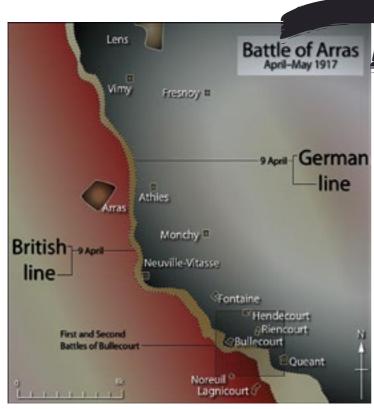
The Battle of Arras, also known as the Arras offensive, was fought between the British and the Germans in northern France from April 9, 1917 to May 17, 1917. The Allied plan for 1917 was for a major French offensive on the Western Front on the Aisne river, 120km south-east of Arras, to begin in mid-April.

The British agreed to launch an attack at Arras a week earlier to draw in German reserves, which would not then be available when the French attacked. The Arras offensive was initially made on an 18km front from Vimy ridge in the north, to Neuville-Vitasse in the south.

By May 17, when the offensive ended, the British had advanced up to 10kms eastwards and the offensive was correctly hailed as a success, though the larger French offensive it was supporting was a failure.

Twice during the battle of Arras, attacks were made by the Australians near the town of Bullecourt, on the southern flank of the main advance and 12kms southeast of the city of Arras.

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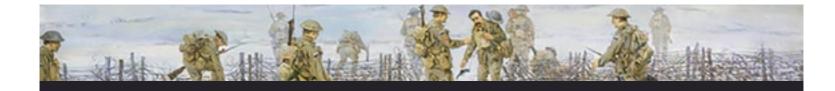


The maps shows the British and German front lines over a 40km front in the area around the town of Arras on April 9, 1917 at the beginning of the Arras offensive. The two front lines ran parallel north-west to south-east with a 'No man's land' of less than a kilometre between them. The rectangle on the map near Bullecourt marks the area where the Australians fought, which appears in detail on the maps above. (DVA)





The map shows the British and German front lines at the end of the battle of Arras. By May 17, after over five weeks fighting, the British had advanced between one and 10kms on a front of over 20kms. (DVA)



#### PRIVATE WARE'S LETTER TO HIS MOTHER, JULY 1917

"Probably you have read of the fight for Bullycourt. Well I went there on the night it started and remained there five days and nights as well. And for the first forty-eight (48) hours done it on ½ a loaf of bread, no meat, one tin of beans and very little water but we were kept too busy to eat (even if we had it) but no water was a stunner as it was hot and dusty. In the meanwhile I was amongst a party of twenty (20) men and one officer to go over the top at 10am and raid a trench that we required and we got it too, but were outnumbered by three to one and had to go for dear life back to our own quarters, machine guns and rifles on us all the way. We then got orders at 1pm, same day to go back and take the trench and hold it which we did. It puts a nasty taste in a man's mouth (no matter who he is) when he has been driven out once and has to return to the same place. Well the twenty (20) men went up again the second time. Not the same twenty (20) as we had two killed and seven wounded the first time, but we were closely followed by more of our men and out of the second twenty (20) only four of us came back unscratched, to say nothing of the others that followed, that was only one day or portion of it. And that is only a trifle compared with the big guns and smaller ones that play on our trenches (shell hole is a better name) all day and night.

Extract from letter, Private John Ambrose Ware, 3rd Australian Infantry Battalion, France, to his mother, Ellen Ware, Lynrose Farm, Derringullen, New South Wales, July 8, 1917. AWM 1DRL, 595.

Published with permission from Department of Veterans' Affairs: www.wwlwesternfront.gov.au/ bullecourt/on-this-spot-thebullecourt-digger.php

Willed A Leven wounded the first time but we were closely followed by more four men and out of the second twenty to) only four of me came back underatched to day hothing of the others that followed the day hothing of the others that followed

ABOVE: A portion of the original handwritten letter from Private Ware to his mother, about the Bullecourt battle. This portion is part of the extract transcribed above.

**RIGHT:** Private John Ambrose Ware joined the Australian Imperial Force in March 1916 and joined the 3rd Australian Infantry Battalion in France a year later. He wrote the letter to his mother, describing his experiences at the second battle of Bullecourt. from the Devonport Military Hospital in England, where he had been admitted in late June 1917 suffering from 'trench fever' Remarkably, he served out the rest of the war with his battalion without being wounded, and returned to Australia from England in May 1919.



# MATES LIVIATES

ISSUE 02, 2017







AUSTRALIA'S history as a nation is one that was forged on foreign fields some hundred years ago, and this month we pause to remember the sacrifice paid by thousands of men and women who have served our country.

For me. ANZAC Day is not only about commemorating the landing at Gallipoli, but also about those who fought for and served our country in WWII. Korea. Vietnam and, more recently. Afghanistan and Iraq, as well as the many other Peace Making and Peace Keeping Operations Australia has been part of.

As our nation proudly comes together this ANZAC Day to commemorate the service of our ADF personnel, past and present. I hope that we all pause to remember those who paid the ultimate sacrifice, but also spare a thought for those still recovering from their own personal battles, such as PTSD or physical injury, as a result of their service.

The Family Recovery Centres in Brisbane. Townsville and Hobart will be closed on ANZAC Day and I encourage all Mates and staff to participate in their own personal reflections on the day.

Simon Sauer AM, CSC CEO Mates 4Mates \$

#### SUPPORT MATES4MATES AND BUY AN ENTERTAINMENT BOOK

**THIS** year, Mates4Mates is sending some of our Mates on a Whitsundays Sea Kayak Adventure, designed to push participants physically and psychologically in a positive environment, and we need your help to fund their trip!

You can help our Mates by purchasing a 2017-18 Entertainment Book from the Mates4Mates membership page, to raise funds for the Whitsundays Sea Kayak Adventure.

The Entertainment Book is filled with thousands of discounts for the best restaurants, hotels, activities, travel and more! Mates 4Mates will receive 20 per cent of each purchase and we're hoping to raise \$5000. The book or digital app is available in a range of editions, so whether you live in Townsville, Geelong or Perth, there is something to suit you. If you'd like to buy an Entertainment Book and support our Mates, visit www.mates4mates.org. You will find 'Buy the Entertainment Book' under the 'Support Mates' tab.

"You can help our Mates by purchasing a 2017-18 Entertainment Book from the Mates4Mates membership page, to help raise funds for the Whitsundays Sea Kayak Adventure."



### MEET FRED SMITH A great supporter of Mates 4 Mates

**FRED** Smith is not your everyday diplomat. He was the first Australian diplomat to be sent to work in Uruzgan, and the last to leave. During his two postings in Uruzgan, he wasn't the diplomat who just visited the Army bases; he was the diplomat who stayed with the troops – he lived with them, ate with them and ventured off base with them. But it's not his modest approach to

"I think it's

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Vietnam vets

did"

his job that makes him different – it's his songs and his passion for telling the stories of our soldiers on deployment.

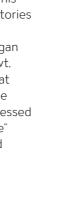
Fred spent most of his time in Uruzgan on the multinational base in Tarin Kowt, but also lived for a couple of months at Forward Operating Base *Mirwais* in the Chora Valley. It was here that he witnessed the realities soldiers faced "downrange" – the heat, the dust, the language and cultural barriers and the ever-present threat of being killed or maimed by something you didn't see; all endured under the weight of 60kg body armour, weaponry and equipment.

"I wrote the songs, because I'm a pathological storyteller and I was confronted by stories that needed to be told," Fred said. "I was in Uruzgan for only two of the last six years, but have spent the rest of that time telling the story through songs, concerts, a book and now a tour of regional Queensland."

Fred's upcoming shows combine music, projected photos and stories to offer a three-dimensional and emotional understanding of what the Uruzgan deployment was all about.

"I think it's important for Australians to understand the experiences of the 20,000 or so soldiers who served in Afghanistan, so they don't walk the land as strangers in a way that a generation of Vietnam vets did."

Fred's album, *Dust of Uruzgan*, and his book of the same name, are available for purchase on his website (www.fredsmith.com.au) and through online booksellers and iTunes.



following locations:

21.04.17 AYR at Burdekin Theatre
22.04.17 MACKAY at Mackay Entertainment
and Convention Centre

24.04.17 GYMPIE at Gympie Civic Centre

28.04.17 BUNDABERG at Moncrieff Entertainment Centre

29.04.17 NOOSA at The J

02.05.17 GOONDIWINDI at Goondiwindi Civic Centre

03.05.17 NUNDLE / TAMWORTH at Nundle Memorial Hall

04.05.17 GUNNEDAH at Gunnedah Conservatorium

06.05.17 TOOWOOMBA at Armitage Theatre

07.05.17 MALENY at Maleny Community
Centre

Tickets are available from www.fredsmith.com.au

Gympie Muster Charity Ambassador 2017



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# MATES 4 MATES ON THE KOKODA TRACK



**ABOVE:** "My main motivation to do the Kokoda Track was to confront my fears and get out of my comfort zone."

**THIS** year marks 75 years since the Kokoda Trail Campaign. The four-month campaign was perhaps the most significant battle fought by Australians in WWII – one that transformed everyday Australians into national heroes. Six hundred and twenty-five Australians paid the ultimate sacrifice and over 1000 soldiers were wounded as part of the campaign to protect Australia from invasion.

Each year, close to 5000 Australians walk the Kokoda Track to honour the courage, endurance, mateship and sacrifice of our soldiers and pay tribute to the thousands of Australians who fought to save our country.

Mates 4 Mates is proud to offer our Mates the opportunity to travel to Papua New Guinea and experience Kokoda in a way few people will. Last year, Dave Morgan spent 17 weeks training and 21 hours at the gym before he was ready to set off to trek the 96km journey.

It began on 14 October, with a three-hour plane trip from Brisbane to Port Moresby and then an overnight stay where Dave was given his essentials for the next eight days; a tent, sleeping bag and a small foam mattress. He woke for a 3am start the next day, ready for the short flight to Popondetta.

"For two-and-a-half hours [after landing in Popondetta], we travelled by trucks on rough dirt roads to Kokoda (340m) to begin our trek around midday," Dave said.

Three-and-a-half hours later, the team of 12 and their two team leaders had successfully trekked through steep hills and narrow paths lined with trees in the hot and humid conditions, to reach their overnight destination of Deniki (895m).

"Our tents were already set up by our porters and we washed under the village water pipe. It rained all night, with thunderstorms, so I didn't sleep well."

Days two and three started at 6am, and were filled with steep climbs, narrow paths, dangerous creek crossings and muddy, slippery tracks. At the end of day three, Dave fell down a small slope, which caused him to injure his tailbone.



By day five, he was almost struck down with illness; dizziness, exhaustion and feelings of light-headedness made it almost impossible to get up and continue trekking, but Dave did. Emotions were high, as team members shared their life stories – Dave speaking about his journey with PTSD and what he hoped to get out of Kokoda.

"My main motivation to do the Kokoda Track was to confront my fears and get out of my comfort zone.

"For my best mate, Robert 'Scotty' Wilson, who was killed in Vietnam, for my lost mates who have died since the Vietnam War and for my dear sister, Patsy, who passed away last year."

On day five, the group held a service at Brigade Hill.

People read poems and the poignant service ended with *The Ode* and both the Australian and PNG anthems. The service overlooked the Australian and PNG flags and in the middle of the two flags was a plaque that read:

"The hill over which you walk was the site where one thousand Australians temporarily held back a much larger Japanese force advancing towards Port Moresby. In bitter fighting, many men of both sides died. Today, only their dust

and the memories of their sacrifices remains."

Overcome with emotion, it was just the encouragement the team needed to complete the remaining 10 and a half hours on the track.

After waking up at Brown River on day six to begin the next challenge, the day seemed to go on forever, but Dave managed to battle the elements and complete the long and tedious trek, despite still struggling with illness.

After walking for almost 11 hours, the team reached the final challenge of the day – climbing loribaiwa Ridge, where they trekked over slippery rocks and navigated their way along the narrow orange clay paths.

"Emotions
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Kokoda."

#### MATES 4 MATES

Day seven brought the last significant hurdle of the trek and one of the most challenging – the Golden Staircase, which consists of 2000 timber steps cut into the mountain by Army engineers.

During the Kokoda Battle, the Golden Staircase was the final obstacle into what was ordered to be the 'do-or-die' battle at Imita Ridge. The stairs rise 400 metres in the first 2km and it took 55 minutes for Dave to reach the top.

"John came back to help me, and pulled me up by my trekking pole for the last 30 metres," Dave said.

Finishing at Goldie River, the team ended the day with a swim in the river – the reinvigoration they needed to complete their final day.

Day eight, and the last on Kokoda, started with the porters singing hymns, mixed with the sound of the flowing white water along the river.

"My mind "My mind and heart felt emotion as the

"My mind and heart felt emotion as the images flowed within me, while our Fuzzy Wuzzy Angels sang like their forefathers did when they assisted and escorted our injured troops along the Kokoda trail."

images flowed

within me.

while our Fuzzy

Wuzzy Angels

forefathers

did when they

assisted and

escorted our

injured froops along the Kokoda frail." Once they set off on their final trek, it took the group 45 minutes to reach the top at Owers' Corner. There, they stood under the Australian and PNG flags and walked through the guard of honour made from palms and ferns, while the porters sang a hymn. This marked the completion of the Kokoda trek.

"I felt emotional and at the same time elated, an unbelievable feeling within myself, in achieving and completing the Kokoda Track," Dave said.

To finish their trip, the group visited the Bomana War Cemetery. the largest in the Pacific, with 3779 graves, including 237 unknown Australians.

"I have never been to a war cemetery before, but it was a very moving and emotional experience," Dave said

After leaving the cemetery the group said their final goodbyes to the porters.

"I believe I would not have completed the track without Billy's [Dave's porter] help."

The next morning the group left Port Moresby at 6:15am, and were back in Brisbane by 9:15am.

"I would like to thank Mates4Mates for giving me the opportunity to complete the Kokoda Track. This has given me confidence and satisfaction within myself by confronting my fears in achieving this challenge."

Dave Morgan is the author of *Ice Journey* and *My Vietnam War – Scarred Forever.* <



ABOVE: Dave trekking Kokoda.



ABOVE: Dave with his porter Billy.



ABOVE: Dave at Owers' Corner after finishing the Kokoda Trek

## SCHOLARSHIP4MATES PROGRAM SUCCESS



**DURING** February, seven of our Mates graduated with a Diploma of Leadership and Management. This qualification is part of the Scholarships4Mates program, kindly donated by Churchill Education. The program allows scholarship placements for Mates and their partners to complete this highly sought after diploma. Working online and through face-to-face teaching sessions, the group of graduates studied regularly to ensure they reached the goal of graduation.

One of the graduates. Doug, who has been involved with the full-time Army and Reserves for nearly 30 years, decided to take part in the program, because he wanted to formalise his experience with civilian qualifications.

"I wanted to become familiar with the 'civilian corporate language' and this study would cover the current and contemporary knowledge I would need in gaining civilian employment." Doug said.

"I wanted to become familiar with the 'civilian corporate language' and this study would cover the current and contemporary knowledge I would need in gaining civilian employment."

The Diploma of Leadership and Management combines two vital aspects of management: effective team leadership and organisational planning for success. The qualification teaches people how to balance the needs for business growth with the tasks of managing employees and their performance.

"I knew I had learnt leadership skills from Defence, but was less sure about my general managerial experience. I am now confident in both my leadership and managerial skills applied in a civilian context.

"This program and qualification has given me the confidence through success, in that I know I have the wherewithal to study higher civilian education, such as diplomas, and complete them," Doug said.

Congratulations to all the graduates and thank you to Churchill Education for your valuable partnership in delivering this program.





# THE BATTLE THAT 'SAVED AUSTRALIA'

75TH ANNIVERSARY OF THE BATTLE OF THE CORAL SEA

Often regarded as the battle that saved Australia from advancing Japanese forces, this May marks 75 years since the Battle of the Coral Sea, the largest naval battle ever fought so close to Australia. Taking place from May 4-8, 1942 between the Imperial Japanese Navy and Naval and Air Forces in the United States and Australia, it was the first action in which aircraft carriers engaged each other, as well as the first in which neither side's ships sighted or fired directly upon the other.

OPENING
PAGE: "Battle
of the Coral
Sea" artwork
for the \$1.05
stamp in the
1992 Australians
Under Fire stamp
issue. (Designer:
Brian Clinton; ©
Australian Postal
Corporation 1992)

RIGHT: Commanderin-Chief of the Imperial Japanese Navy, Admiral Isoroku Yamamoto.

BELOW: B-25B bombers on board USS Hornet for the Doolittle Raid, April 1942. (Photo: RAN) Japanese intentions

By April 1942 the Japanese had formed a defensive perimeter that stretched from the Kuriles southward through the Marshall Islands to New Britain, then westwards to Java, Sumatra, the Andaman Islands and Burma. Within that perimeter, Japanese authority was, or soon would be, unchallenged and every strategic position occupied. In the South-West Pacific area, outposts were held at Lae and Salamaua in northern New Guinea.

Yet the Japanese were not quite satisfied with their conquests. Impressed by the ease with which they had achieved their strategic goals, a number of Japanese leaders began to consider extending the perimeter to gain an extra measure of security. The Commander-in-Chief of the Imperial Japanese Navy, Admiral Isoroku Yamamoto, was concerned that despite the crushing blow dealt at Pearl Harbor to the US battle fleet, the strike force had missed the aircraft carriers. These ships were beginning to make their presence felt, with a number of raids on Japanese bases in the central and south Pacific. These considerations were given further impetus by the Doolittle raid on Tokyo, using medium bombers launched from the aircraft carrier USS Hornet from a position well within the defensive perimeter. Yamamoto wished to fight the decisive battle that would complete the destruction of the US Pacific Fleet

before it was able to rebuild its strength. By doing so, he hoped to gain the time needed to consolidate the Empire's defences. He began planning for a move against the island of Midway.

In the South
Pacific, the
Japanese Army
was keen to
extend the
perimeter to
provide defence
in greater depth
for the base at
Rabaul and also
to cut the lines of

communication between Australia and the west coast of the United States. Japanese operational doctrine held that advances should always be made under cover of land-based aircraft. This doctrine governed the choice of new targets and had been rigidly adhered to in operations in China and in the Pacific. Techniques had been developed to bring newly captured airfields into use as quickly as possible.

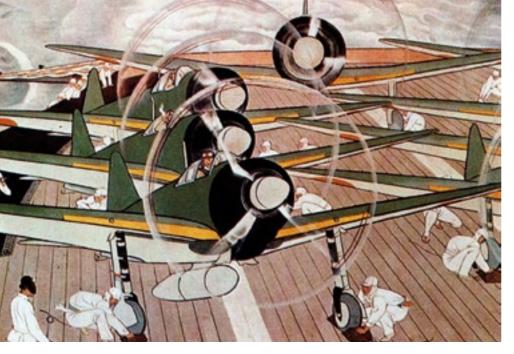
In this context, the Solomon Islands could be seen as an opportunity for expansion south to New Caledonia, the New Hebrides and Fiji; they could also be seen as a highway for an Allied offensive aimed at Rabaul. Port Moresby was also in air striking range of Rabaul and the Japanese were becoming concerned with the build-up of Allied air power in the area. Conversely, its occupation would lead to Japanese aerial dominance of north-eastern Australia. Nauru and the Ocean Islands would also be occupied.

Consequently, the Japanese put in train Operation MO. The object of this operation was the capture of Port Moresby in New Guinea and Tulagi in the southern Solomons. The forces allocated to the operation were:

- A group consisting of a seaplane tender supported by two light cruisers, three gunboats and minelayer, would establish an air base at Deboyne Island in the Louisiade Archipelago.
- A landing group of 11 transports and a number of small supply ships, escorted by a light cruiser and six destroyers, to assault Port Moresby.
- A covering force for the landing group, consisting of the light carrier *Shoho*, four heavy cruisers, a destroyer and a tanker.











A carrier striking force consisting of the fleet carriers Shokaku and Zuikaku, two heavy cruisers and six destroyers and a tanker to operate in the Coral Sea to destroy any Allied force attempting to interfere.

A force of seven submarines to provide distant reconnaissance and attack any opposing forces.

A landing group of one troopship, with a seaplane carrier a minelayer and some smaller vessels, escorted by two destroyers, to occupy Tulagi.

Land-based air support from aircraft of the 25th Naval Air Flotilla, based mainly at Rabaul, but with detachments at Buna, Lae and the Shortlands.

During late April and early May these forces began their movement

The battle: May 4-8, 1942 As the Japanese made their preparations for the invasion of Port Moresby and the occupation of Tulagi, the US Navy, forewarned by signals intelligence of the impending operation, made their dispositions to counter it. On May 1, two carrier task forces, Task Force 17, built around USS Yorktown (Rear Admiral Frank Jack Fletcher), with three heavy cruisers and six destroyers (one escorting an oiler), and Task Force 11, consisting of USS Lexington (Rear Admiral Aubrey B Fitch), two heavy cruisers and seven destroyers rendezvoused off Espiritu Santo. From Sydney, Task Force 44,

LEFT: Japanese Strike Group.

CENTRE:

Type 99 Kanbaku dive bombers from either the Imperial Japanese Navy aircraft carriers Shokaku or *Zuikaku* on their way to attack United States Navy ships on May 7, 1942 during the Battle of the Coral Sea.

BELOW: A close view of the fire in the island (superstructure) of the carrier USS Yorktown following a Japanese air attack during the battle of Midway. (AWM: P02018.117)



ABOVE: The Japanese aircraft carrier Shoho under attack by United States Navy aircraft during the Battle Of The Coral Sea. (AWM: 157892)

#### ABOVE RIGHT:

The last known picture taken of the USS Neosho, taken from a Japanese plane about 1pm on May 7, 1942, after Japanese torpedo planes and dive bombers attacked the Neosho and its escort, the destroyer USS Sims.

BELOW RIGHT: Rear Admiral JG Crace. (AWM: 305285) consisting of the heavy cruiser HMAS *Australia* and the light cruiser HMAS *Hobart*, under the command of Rear Admiral JG Crace, RN, departed Sydney (eventually to join the carriers on May 4). The cruiser USS *Chicago* and the destroyer USS *Perkins*, also part of Task Force 44, came up from Noumea.

On May 2, the two task forces separated when Fletcher, leaving Fitch replenishing, steamed northwest to reach a position 550 miles south of Guadalcanal by dawn on the third. That day, covered by the Shoho's group, the Japanese occupied Tulagi and established a seaplane base with six A6M2-N floatplane fighters. The Japanese carrier striking force remained north of Rabaul. Fletcher heard of the occupation of Tulagi that evening. He detached his oiler and its escorting destroyer and proceeded north at high speed.

Task Force 17 reached a position 110 miles south of Tulagi on the morning of May 4, and at 6.30am launched a strike comprising 12 TBD torpedo bombers and 28 SBD dive bombers. The attack went on between 8.15 and 8.30, catching the Japanese by surprise. The dive bombers sank two small minesweepers and damaged the destroyer Kikuzuki beyond repair. Minor damage was inflicted on a minelayer and supplies on the beach. The torpedo bombers sank the minesweeper Tama Maru. A second strike destroyed five of the six aircraft based there, and a third sank four

landing barges. Three aircraft from the second strike were lost,

the others suffering no casualties. The strikes gave a valuable edge to the *Yorktown* Air Group's efficiency, which had been built up over nine weeks of intensive training.

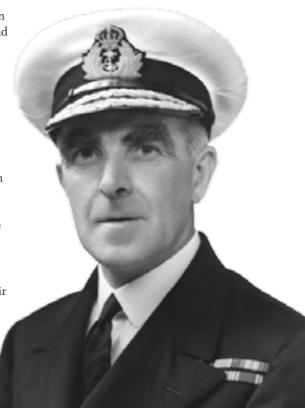
Realising that the Japanese would now be aware that there was at least one American carrier in the offing, Fletcher quickly retired southwards through the night to re-join Task Force 11 at dawn on May 5 in a position some 400 miles south of Tulagi. This force had been joined by Task Force 44 the previous day. The Allied force spent the day replenishing.

Meanwhile, the Japanese Carrier Strike Force had moved rapidly down the eastern flank of the Solomons and by midday on the fifth they were to the east of San Christobal Island, covering what they anticipated to be the US carriers' line of retreat. Traditionally, the American carrier task forces had rapidly cleared the area after a raid.

All through May 6, the opposing forces remained in ignorance of each other's whereabouts. The Japanese carriers rounded San Christobal and steamed westwards to a position 100 miles south of Guadalcanal, then turned south. They flew no searches that day, leaving reconnaissance to the long-range aircraft of the 25th Air Flotilla, based mainly at Rabaul. The American carriers remained

roughly in the same area all day and at one stage the fleets were only 80 miles apart.

The Japanese Port Moresby invasion force was moving south and by nightfall of the sixth was just north of the Louisiades. Its covering force, the *Shoho* and her accompanying cruisers, had refuelled after covering the Tulagi landing. They then moved south-westwards towards the Jomard Passage. They were sighted and unsuccessfully attacked by B-17s from Australia. When enough information



became available to make the Japanese intentions apparent, Fletcher, having amalgamated his three task forces to form the single Task Force 17, steamed westwards through the night in preparation for launching search flights at dawn. The fleet tanker *Neosho* and her escorting destroyer *Sims* were left to steam southwards to a new refuelling position.

On the morning of May 7, Fletcher turned Task Force 17 to the north. At 6.45am he detached Crace's Support Group, now redesignated Task Group 17.3, to the north-west, towards New Guinea. The group comprised the Australia and Hobart, USS Chicago and the destroyers USS Perkins, Walke and Farragut. Crace's mission was to prevent any Japanese force debouching from the Jomard Passage into the Coral Sea. Both the Japanese and US carrier forces launched searches at dawn. At 8.15am, American scouts sighted a force (reported as two carriers and four cruisers) 225 miles to the north-west.

At 9.26am, Lexington launched 28 SBDs, 12 TBDs and 10 F4F-3 fighters. Twenty minutes later, the Yorktown launched 23 SBDs, 10 TBDs and 8 F4Fs. Although the search aircraft had actually discovered and mistakenly identified the force bound for Deboyne Island, en route to their target the strike aircraft sighted the Shoho and, at 11.00am, attacked her. Hit by 13 bombs, up to seven torpedoes and a crashed SBD, she sank at 11.35am, with a loss of 638 dead. Three aircraft were lost. By that time, the Port Moresby landing force, aware of Crace's blocking force and having been bombed by land-based aircraft, had turned back permanently and the strategic objective of the Allies had been achieved.

Further to the east, the searches launched by tile Japanese Carrier Striking Force were successful in sighting the *Neosho* and *Sims* at about 8.30am. They were mistakenly reported as a carrier and light cruiser. After two unsuccessful level bombing attacks by B5Ns, the two ships were attacked by 36 D3A dive bombers

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THEIR INABILITY TO FIND
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at noon. The Sims was sunk and the Neosho heavily damaged, but remained afloat until discovered and sunk by friendly forces on May 11. While these strikes were airborne, Admiral Takagi, commanding the Japanese Carrier Striking Force, received his first intelligence of the position of the American carriers. To his chagrin, he was unable to launch a strike until late that afternoon. The Japanese pilots missed Task Force 17 and on the return flight they were intercepted by American fighters and badly mauled. Further heavy loss resulted from their inability to find their carriers in the dark and only four aircraft landed of the 27 despatched.

That night, the two carrier groups drew away from each other, the Americans moving south to find better weather for the next day's operations, the Japanese steaming north to avoid precipitating a night battle.

Task Group 17.3 had also been in action that day. After being detached by Fletcher that morning, Crace had proceeded at 25 knots to take up a blocking position south of Jomard Passage. At 2.47pm, when the force was 70 miles south of Deboyne Island, aircraft were engaged ineffectively at long range. At 3.06pm, 12 G3M torpedo bombers attacked the force, with no



result, despite some near misses. The ships were then strafed. Five bombers were claimed shot down. Immediately following this attack the *Australia* was subjected to an accurate level bombing attack that was avoided by skilful ship handling. A few minutes later, three American high-level bombers bombed the ships, with no result. Task force 17.3 remained on patrol until 1.00am on May 10, then proceeded to Australia, arriving at Cid Harbour on May 11.

Returning to the carrier forces: at 6.00am on the morning of May 8, the Japanese, who had steamed southwards during the night, launched searches to cover a south-east to south-west arc. Fifty-one strike aircraft and 18 fighters were ranged in readiness. The American carriers launched 18 SBDs on an all-round search at 6.25am. The two carrier groups were each detected at approximately the same time. The Americans launched 24 bombers and nine torpedo bombers and six fighters from the Yorktown and 24 bombers, 12 torpedo bombers and l0 fighters from the Lexington. Yorktown's aircraft sighted the Japanese at 10.32am. As the American aircraft approached, the two carriers separated, with Zuikaku disappearing into a squall. The Shokaku, however, turned into the wind and began to launch aircraft. Attacked by defending fighters and defended desperately by their own, the dive bombers attacked the Shokaku scoring two hits. The torpedo bombers dropped from too far out and all missed. The flight deck was damaged, preventing aircraft launches, although not recoveries, for an hour; a gasoline fire started up and the aero-engine workshop was wrecked. The Lexington's group did less damage. Many were unable to find the target and only 11 TBDs, 4 SBDs and 6 F4Fs attacked. They scored only one bomb hit.

Meanwhile, the Japanese attacked the US carriers, which they caught at a time when their combat air patrol had too little fuel to intercept and the relief patrol with insufficient time to scramble and intercept the attackers.



The carriers were desperately defended at low level by those SBDs that were airborne on anti-submarine or reconnaissance patrols, as well as two F4Fs, which had been launched in time. The *Yorktown* was fortunate, avoiding all torpedoes and being hit by only one 250kg bomb. The bomb hit started fires below decks, which were quickly brought under control.

The Lexington was less fortunate. Larger and less manoeuvrable than the Yorktown, the carrier was pinned by a well-coordinated attack by six aircraft, three converging from either bow. At 11.20am, she was hit twice on the port side, forward and amidships. Divebombing was less successful, only two light bombs hitting the ship, although near misses buckled her hull plates.

This attack is believed to have cost the Japanese 20 aircraft. It was, however, to cost the Americans the *Lexington*. At first glance, the carrier was not grievously damaged. Counterflooding had corrected the list caused by the torpedo damage and three

fires were burning, which could normally have been brought under control. Unfortunately, the damage from the near misses had so distorted her hull that the lifts were stuck in the "up" position and her aviation gasoline tanks were leaking. Although the carrier continued to operate aircraft until 1.45pm, a spark ignited the gasoline vapour and the resulting inferno forced the abandonment of the ship shortly after 5.00pm. She was torpedoed and sunk by the destroyer Phelps at 8.00pm. Two hundred and sixteen of her crew were lost.

Both forces were now too battered to continue the fight. The *Zuikaku* escorted her damaged sister back to Japan. In the course of the voyage, the *Shokaku* came close to capsizing in a gale. Fletcher retired to the New Hebrides and then to Pearl Harbor, arriving on May 27.

### AUSTRALIA'S INVOLVEMENT

Australia was involved in the Coral Sea battle from the very first, when locally-based signals intelligence units made a significant contribution to the early detection of the Japanese thrust. Combining this information with that gleaned from coastwatchers and aerial reconnaissance, the Combined Operational Intelligence Centre in Melbourne issued an assessment on April 25 that a Japanese operation to occupy Port Moresby was imminent. Aerial reconnaissance flights were flown from Australia and Port Moresby by USAAF and RAAF aircraft. Eleven US submarines based in Brisbane were deployed to the Papua area.

The Japanese force, tasked with the occupation of Tulagi, was sighted en route to its destination by aircraft and, on May 2, by coastwatcher DG Kennedy on Ysabel Island. The small Australian garrison at Tulagi was withdrawn the same day.

Meanwhile, on May 1, Task Force 44 (Admiral JG Crace, RN), consisting of the heavy cruiser HMAS Australia (Captain HB Farncomb, RAN) and the light cruiser HMAS Hobart (Captain H Howden, RAN), departed Sydney under orders to join the US carriers. After refuelling from HMAS Kurumba in Hervey Bay, the two cruisers proceeded east, joining the US force on May 4. On that day, a concentration of transports and warships was sighted at Rabaul by Australian-based aerial reconnaissance and Shoho was seen 40 miles south of Bougainville.

May 5 was spent refuelling, and on the 6th the entire force was amalgamated as Task Force 17. Crace, with Australia, Hobart, the heavy cruiser USS Chicago and the destroyers USS Perkins and Walke, commanded the Support Group, designated Task Group 17.3. It was late on this day that enough information had been gathered and assessed to make clear the Japanese intention to move south through the Jomard Passage.

At 7.00am, the Support Group, reinforced by the destroyer USS *Farragut*,

was detached to the north-west to block any Japanese force debouching from the Jomard Passage. It was soon sighted by Japanese reconnaissance aircraft. Crace proceeded at 25 knots to take up a blocking position south of Jomard Passage. At 2.47pm, when the force was 70 miles south of Deboyne Island, aircraft were engaged ineffectively at long range. At 3.06pm, 12 G3M torpedo bombers made a determined attack on the force. Dropping their torpedoes at a range of between 1000-1500 metres, the aircraft came on to strafe the ships. The torpedoes were narrowly avoided by skilful handling of the cruisers. Five bombers were claimed shot down. Immediately following this attack, the

"ALTHOUGH TASK FORCE 17.3 HAD NOT GONE INTO ACTION AGAINST THE PORT MORESBY LANDING FORCE, ITS PRESENCE, COMBINED WITH BOMBING ATTACKS FROM SHORE-BASED AIRCRAFT, WAS IMPORTANT IN INFLUENCING THE DECISION BY THE JAPANESE COMMANDER-IN-CHIEF TO TURN BACK THE LANDING FORCE EARLY ON MAY 7 — THEREBY ACHIEVING THE ALLIES' STRATEGIC OBJECTIVE FOR THE BATTLE."

squadron was subjected to an accurate level bombing attack by 19 aircraft. The *Australia* was narrowly missed, again being skilfully conned by Captain Farncomb. A few minutes later, three American high-level bombers bombed the ships with no result.

Admiral Crace was uncertain about what was occurring at that stage as he had received no situation reports from Admiral Fletcher, although intercepts of Australian reconnaissance reports and from US aircraft radios gave some indication of the carrier battle in progress on the 8th. That evening, the *Hobart*, short on fuel, was detached to Brisbane,

as was the *Walke*, which had engine defects. The remainder of Task Group 17.3 remained on patrol until 1.00am on the 10th then proceeded to Australia, arriving at Cid Harbour on the 11th, where the ships refuelled again from the *Kurumba*.

Although Task Force 17.3 had not gone into action against the Port Moresby Landing Force, its presence, combined with bombing attacks from shore-based aircraft, was important in influencing the decision by the Japanese Commander-in-Chief to turn back the landing force early on May 7 — thereby achieving the Allies' strategic objective for the battle.

Carrier task forces had conducted simultaneous raids on the Gilberts and Marshalls, Wake Island and Marcus Island during February and March in an attempt to divert Japanese strength from the South Pacific. In the southern area, a raid had been attempted against Rabaul in February by the Lexington, but it was cancelled when the attacking force was discovered. On March 10, the Japanese were attacked by aircraft from the Yorktown and Lexington at Lae and Salamaua, where they had landed on March 8. The strike force was launched from a position 45 miles south of New Guinea and flew through a gap in the Owen Stanley Ranges. The most spectacular raid, and that which concerned the Japanese most, was the bombing of Tokyo by US Army B-25 bombers launched by the carrier USS Hornet from a position well within the Japanese defensive perimeter. These raids did not cause extensive damage, but they did provide valuable operational experience for the US carrier force. More importantly, they gave weight to those voices in the Japanese High Command that favoured further expansion of the defensive perimeter.

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# Tect/Valoue -1892-1961-

WWI veteran Ted (Edward Joseph) Malone's service to the community saw him become the Yeronga-Dutton Park RSL Sub Branch's first Life Member.

Ross Davies

December 10, 1916, Ted Malone spent a frozen night huddled together with mates from his 49th Battalion in the tiny French village of Buire-sur-l'Ancre, a few kilometres north of the Somme River. It was his 24th birthday, but, as a bitterly cold winter approached, Ted could find little reason to celebrate. Since his arrival in France six months earlier, the soldiers of the 49th had been rotated in and out of the frontlines, and the German artillery and machine guns had already taken a heavy toll on Australian lives.

Back home in Queensland, Ted had experienced an idyllic childhood, growing up on a large cattle property 50km outside Charters Towers, which his Irish father had purchased with the proceeds of a rich gold discovery in the region. However, after attending boarding school at Nudgee College in Brisbane, Ted chose to remain in the city, where he worked as a cadet surveyor until his enlistment in October 1915. The Gallipoli campaign had already ended by the time he arrived in Egypt, but while waiting for orders to transfer to France, his training continued at Serapeum, north-east of Cairo on the banks of the Suez Canal. The desert sands would provide a stark contrast to the thick mud of trench warfare against the Germans.

The spring of 1917 signalled renewed

intensity in the fighting. Ted survived unscathed from action at Noreuil, where the Australians took control of the railway line, but on June 7 his luck deserted him at the Battle of Messines, when he was shot while advancing towards the German lines. A single bullet struck his right forearm before smashing into his shoulder and exiting his back.

The wounds were severe enough for Ted to be shipped to England, where he was treated at the Colchester Military Hospital and later at the 3rd Australian Auxiliary Hospital at Dartford, east of London. It was here that he was visited by his sister Nell Malone, who had travelled to England to assist in the war effort and joined the Scottish Women's Hospitals, which provided all-female medical units in frontline battle zones in the Balkans.

During Ted's convalescence, he received additional training in signals, and on March 12, 1918 he sailed from Southampton to eventually re-join his battalion north of Amiens. In his absence, the battlelines had shifted back and forth as military fortunes fluctuated. On ANZAC Day 1918, Ted was seriously wounded in the action to liberate the town of Villers-Bretonneux, when retreating German forces unleashed a barrage of poisonous gas shells. After recovering in England, he was again sent back to France in July.

A few months later, he was aboard a crowded train that had broken down on the outskirts of Saint-Quentin, when news of the armistice reached his battalion.

While plans were being made to repatriate tens of thousands of Australian soldiers, the 49th Battalion joined a 100km march into Belgium, where the men provided assistance to the city of Dinant, which had suffered badly under German occupation. Roads and buildings were repaired, and Ted soon understood the value of their service, when confronted by the heartbreaking absence of young men in the community. In August 1914, over 600 local inhabitants had been executed in a show of force intended to crush any resistance.

At the end of January 1919, Ted departed Dinant for England, but his return to Australia was delayed when he succumbed to a bout of Spanish flu and was forced to spend two weeks in hospital. He finally left England on April 13 on the battleship HMS Commonwealth and disembarked on June 12, exactly three years after his arrival in France. In order to cope with the enormity of what he had witnessed during the war, Ted spent the next 12 months managing a cattle property near Charters Towers in the familiar environs of his youth. That year spent under clear, blue skies, while surrounded by



an unbroken, peaceful horizon, allowed him the time he needed for physical and mental wounds to begin to heal.

In the following years, Ted consciously chose to tread a gentle path forward. That he was able to achieve this despite his war experiences was a great credit to him. To his surviving grandchildren, he is remembered as the kindest and most loving soul they have ever known.

After returning to Brisbane, Ted retrained as an accountant and worked for MR Hornibrook Pty Ltd on the building of the Story Bridge, and was later appointed Commercial Clerk for the Southern Electric Authority, where he worked until his death in 1961.

In the early 1920s, Ted purchased a war service home in Yeronga at a time when the suburb was largely unsettled. The Queenslander-style house in Orvieto Road still stands, and has been occupied by four successive generations of his family.

In keeping with his determination to serve the community, he took an active interest in youth work through the scouting movement, and became a foundation member and later president of the Yeronga RSL. During this period, he also served as a delegate to the League's South Eastern District. Ted Malone's ongoing commitment over several decades led him to become the first Life Member of the Yeronga-Dutton 

## MAY.

THIS MONTH IN AUSTRALIAN MILITARY HISTORY

#### 01.05 1945

#### 26th Brigade, 9th Division, troops invade Tarakan

General MacArthur instructed LTGEN Sir Leslie Morshead, commander of I Corps, to seize and hold Tarakan Island and destroy the enemy forces there. Within five days the town and airstrip had been secured.

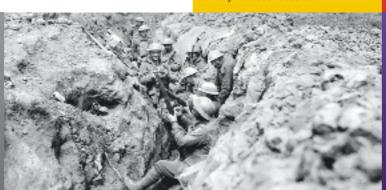
#### 02.05 1945

#### Soviets take Berlin

The fall of Berlin signalled the end of WWII in Europe.

#### 03.05

Second attack on Bullecourt Operations against the Hindenburg line at Bullecourt were aimed at protecting the British flank during operations at Arras. The second attack succeeded, at a cost of about 7000 Allied casualties.



#### 04.05 1915

#### Australian attack on Gaba Tepe, Gallipoli

The attack on Gaba Tepe by the 11th Battalion was an ill-conceived venture to deny the Turks a vantage point from which they could observe operations around Anzac Cove. It ended in failure.



#### 04.05 1942

#### Battle of Coral Sea begins

This was the first naval engagement fought by aircraft alone. Although neither side won a clear victory, the Japanese were forced to attempt to capture Port Moresby in a ground campaign, rather than by sea.

#### 05.05

#### **Australians and New** Zealanders on Cape Helles

The 2nd Australian Brigade and the New Zealand Brigade were redeployed from Anzac Cove to Cape Helles to assist British and French troops in their attempts to capture Achi Baba.

#### 07.05 1945

#### Germany surrenders

Germany's surrender, signed at the French city of Reims, ended WWII in Europe.

#### 08.05 1970

#### Anti-war demonstrations in Australia

Up to 200,000 Australians participate in demonstrations against the Vietnam War.

#### 11.05 1945

#### Wewak captured

Wewak's fall marked the beginning of the end of the Aitape-Wewak campaign, the last major campaign on mainland New Guinea in WWII.

#### 13.05 1943

#### Axis forces surrender in

The surrender of Axis forces in Tunisia meant the end of the threeyear-long North African campaign.

#### 13.05 1968

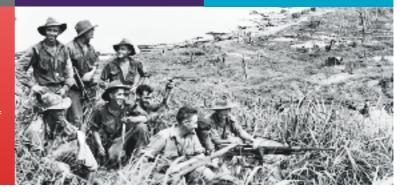
#### Fire Support Base Coral

The partly-constructed base was defended by Australian infantry, artillery and air support when it was attacked by North Vietnamese troops. Eleven Australians were killed and 28 wounded.

#### 14.05 1943

#### Centaur sunk

The hospital ship Centaur was sunk by a Japanese submarine off the south Queensland coast. Only 64 of the 333 on board survived.



#### 14.05 1956

Sungai Siput, Malaya 2nd Battalion, Royal Australian Regiment, attacks communist terrorists near Sungai Siput, Malaya.

#### 15.05 1942

transported to begin work on Burma-Thailand Railway Movement of prisoners of war (A Force) to Thailand from Singapore begins for work on the Burma-

**Prisoners of Japanese** 

#### 16.05 1943

Dam Busters raid

Busters raid against targets in the Ruhr Valley, Germany. A significant number of Australians took part in the raid.

#### 16.05 1968

Fire Support Base Coral attacked for a second time

An attack on the base by a North at three battalions was repelled by APCs and soldiers from 1st Battalion, RAR. Five Australians were killed and 19 wounded.

#### 19.05 1915

Thailand Railway.

Turkish counter-attack on Gallipoli

The Turkish counter-attack sought to drive the Australians and New Zealanders from Anzac Cove The attack failed, and over 10,000 Turks were killed or wounded in their greatest disaster of the campaign.

#### 20.05 1941

Germans invade Crete German airborne forces begin their invasion of Crete. Though outnumbered by Allied troops, they were better equipped and better organised. After less than two weeks

of fighting, Allied troops began to evacuate the island.

#### 21.05 1968

**HMAS** Sydney leaves Brisbane

HMAS Sydney leaves Brisbane on its tenth voyage to Vietnam, with 4th Battalion, Royal Australian Regiment, embarked.

#### 24.05

Formal truce on Gallipoli

A formal truce was declared on Gallipoli, during which the Turkish dead of the May 19 attacks were buried.

#### 24.05 1966

Private Errol Noack killed in

Private Noack, 5th Battalion, Royal Australian Regiment, was the first Australian national serviceman to be killed in the Vietnam War.

#### 27.05 1965

HMAS Sydney's first voyage to Vietnam

HMAS Sydney departs on its first voyage to Vietnam with 1st Battalion, Royal Australian Regiment, embarked.



#### 28.05 1902

**Boer War ends** 

Boers surrender, ending the Boer War. Over 16,000 Australians served in South Africa; nearly 600 died.

#### 28.05 1968

D company, 6th Battalion, Royal Australian Regiment, receives citation

Award of United States Presidential Unit Citation to D Company, 6th Battalion, Royal Australian Regiment, for the Battle of Long Tan.

#### 30.05 1942

**RAAF** participates in first 1000-bomber raid

First 1000-bomber raid launched by the RAF. The target was Cologne, Germany. To make up the numbers, crews were taken from operational training units to participate in the raid.

#### 31.05

1942

Japanese midget submarines raid Sydney Harbour

Of the three Japanese submarines that attacked Sydney Harbour, two were destroyed or disabled; the third disappeared and was located off Sydney's northern beaches by a group



\*All content included in this calendar of Australi History has been sourced from the Australian War



✓ Deanna Romain and Matilda Dray

Fields Memorial Garden, which will

open to the public at the Australian

War Memorial in November 2017.

gift from the people of Flanders A to commemorate WWI, the garden honours 12,000 Australians who sacrificed their lives defending Belgium in 1917. Of these soldiers, 6000 have no known graves and are named on the Menin Gate Memorial in Ypres.

Following an invitation from Dr Brendan Nelson, Director of the Australian War Memorial. representatives from RSL (Queensland Branch) will participate in the historic unveiling of the garden in Canberra in April 2017.

In the Australian experience of war, few years were as tragic as 1917. Diggers were holed up in muddy trenches, and over a 12-month period a series of great battles were fought at Bullecourt, Messines and in the third battle of Ypres. The fighting culminated with an attempt to take the village of Passchendaele.



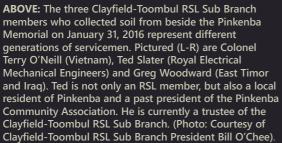
Dungarees began in 1915 to recruit men for WWI.

#### **WARWICK: START OF THE MARCH** OF THE DUNGAREES

The March of the Dungarees was a snowball march held in November 1915 in south-east Queensland to recruit men into the Australian military during WWI, at a time when enthusiasm to enlist had waned due to the loss of life in the Gallipoli campaign. The march began at Warwick with 28 men, and followed the southern railway line through Toowoomba, Laidley and Ipswich to its final destination in Brisbane, gathering 125 recruits along the way.







#### PINKENBA: EMBARKATION POINT FOR AUSTRALIAN TROOPS

During WWI, Pinkenba Wharf was the point of embarkation for many Australian troops, including members of the Australian Light Horse. For those who did not return, this soil would have been the last Australian soil on which they would ever stand.



The phrase 'Flanders Fields' originates from the poem In Flanders Fields by Canadian physician Lieutenant-Colonel John McCrae, inspired by his service during the second battle of Ypres. The poem was first published in the British magazine Punch in December 1915. McCrae was killed in January 1918, but his poem has endured as a symbol of the sacrifice of those who fought during WWI.

Flanders Fields Memorial Garden will be built from Portland stone, which was also used in the arch and remembrance panels of the Menin Gate. The garden will be situated within a formal grass court in the

Australian War Memorial's Western Precinct. Its circular shape reflects the roof opening of the Menin Gate and it will be inscribed with the text of McCrae's poem. An adjacent bronze plaque will include a dedication listing the Australian divisions that fought in Flanders, their insignia and the cemeteries in which their members are buried.

In Belgium, soil was taken from significant sites of Australian military action including Messines, Polygon Wood, Passchendaele, Broodseinde and Poelcapelle. In Queensland, soil was collected from important locations in Enoggera, Warwick and Pinkenba. ा←





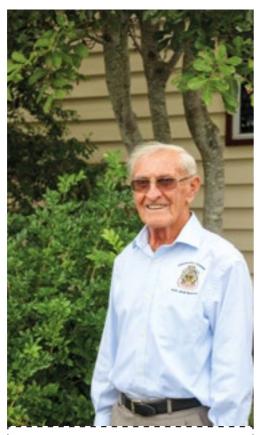
ABOVE: RSL (Queensland Branch) State Secretary Scott Denner (left) and Lieutenant Colonel Luke Hughes, Commanding Officer of 9th Battalion, Royal Queensland Regiment, help collect soil for the Flanders Field Memorial Garden at the Enoggera training base.

#### **ENOGGERA TRAINING BASE: HOME** OF THE 9TH INFANTRY BATTALION

According to Charles Bean, Australia's official war correspondent during WWI, Enoggera training base was the home of the 9th Infantry Battalion, a unit at the forefront of the landing at Gallipoli. The camp consisted of four paddocks used for training and drills (named Bells, Frasers, Rifle and Thompsons). A number of rifle ranges were also established at the Enoggera site for use by civilian groups and units of the militia, together with the 15th Infantry Battalion.



#### M: ATESHIP



#### AUSTRALIA TO GET MAJOR BOER WAR MEMORIAL

Sherwood-Indooroopilly RSL Sub Branch, led by member Ron McElwaine, played a major role in fundraising efforts that enabled the construction of the first major Boer War Memorial in Australia. Until now, there has been no major memorial to commemorate the 23,000 Australian men and women who fought in the Boer War of 1899-1902, including the 1000 who died. It was the third largest defence toll in Australia after the world wars. Governor-General Sir Peter Cosgrove will unveil the new memorial beside ANZAC Parade in Canberra on May 31. It will include mounted horsemen galloping out of the bushland, depicting Australian riders from the conflict. The National Boer War Memorial Association formed more than six years ago to help raise  $$4\ \mathrm{million}$  to build the memorial when Ron was the chairman of the Queensland branch.

#### **KEN BRIDGES GIVEN RSL'S** HIGHEST HONOUR

Ninety-one-year-old Ken Bridges was awarded the RSL's highest honour, the Meritorious Medal, at a dinner on February 11. Ken, who was made a Life Member of RSL Queensland in 2006, was recognised for his outstanding contribution to the League since joining in 1944, both in New South Wales and Queensland. Since joining the Tewantin-Noosa Sub Branch in 1983, Ken has been a vital component of the welfare team looking after veterans. He travels over 10,000km each year to visit, give comfort and provide advice to older veterans



#### SHERWOOD DISTRICT SOLDIERS HONOURED

Two Sherwood district soldiers who died in the Battle on the Onverwacht Hills during the Boer War (1899-1902) were remembered at a service at the Anglican Cemetery, Sherwood, on February 2. Sergeant Robert Berry and Acting Corporal John Macfarlane were two of 13 Australians killed in the battle and a memorial to the men and the battle stands in the cemetery. Riders Jed Millen (left) and John Stewart are pictured guarding the Boer memorial in the Sherwood Anglican Cemetery.

#### LILLEY AUSTRALIA DAY AWARDS FOR YOUNG MEMBERS

Banyo RSL Sub Branch recognised the service of two of its younger members, presenting Lilley Australia Day Awards to Lauren Meiklejohn and Katelyn Sargent. Both women joined the Citizens Auxiliary as juniors; Lauren when she was 13 and Katelyn at 14. Over the years, they helped raise thousands of dollars for the Sub Branch. Lauren (now 23) is a welfare officer and also helps with photography, graphic design, gift wrapping and selling badges. Katelyn (now 20) has also been involved selling badges, gift wrapping and with ANZAC Day services. Katelyn (left) is pictured with Citizens Auxiliary President, Fay Coman, while Lauren is beside Sub Branch President Mick Frawley.





#### REBIRTH OF TANNUM SANDS COMMUNITY HALL

Boyne-Tannum RSL Sub Branch has begun work on a \$70,000 refurbishment of its Tannum Sands Community Hall to create a modern facility that can also be used by the local community. Improvements will be made to install a ramp allowing disabled access, create a drop-in area where people can gather, as well as refurbish the floor, roof, kitchen and toilet facilities. RSL Queensland provided more than two thirds of the funds through its Building Maintenance Program, while the Community Gaming Fund grant and the Sub Branch itself provided the remainder. (Photo: Courtesy of The Observer)



#### **AWARD FOR NEW** MALENY PRESIDENT

RSL Maleny Sub Branch newly elected President Clarke Alexander was presented with the Eric Grace Award for most outstanding service to the League within the District in 2017 by RSL (Queensland Branch) Deputy President John Strachan OAM at the SCRD Black Tie Dinner on February 11.



#### HEADSTONE FOR AUSTRALIAN WAR HERO

Bribie Island RSL Sub Branch welfare officer Robert Hazelwood recently organised a headstone for the previously unmarked grave of Australian war hero Robert Edward McCormack. McCormack fought in both world wars, yet lay in the Lutwyche cemetery for 67 years in an unmarked grave. Hazelwood also presented the family with his replica campaign medals. McCormack's descendants and Bribie Island RSL members are pictured at the gravesite, including (front row, left to right) welfare officer Robert Hazelwood, vice president Scotty Laycock and president Lawrie Leonard.



#### FISHING TRIP FOR COOKTOWN MEMBERS

Cooktown RSL Sub Branch recently organised an overnight fishing charter on local boat Mr Bill for some of its members, including (back) Al Hogan, Garry White, Jim Kelton, Andrew Mirtschin, Bob Miller and Steve Kildare and (front) Jim Fay, Bob Rowles and Denis Kelly.



#### MEMBER HONOURED AT 100TH BIRTHDAY

Redlands RSL Sub Branch member George Rush recently celebrated his 100th birthday and was presented with a plaque and certificate from Sub Branch President Alan Harcourt on February 14. Approximately 20 family and friends joined George for afternoon tea and to cut the RSL cake at Lake Sherrin Age Care Facility, Thornlands. George joined the Australian Army and served in Borneo as a driver, often taking senior officers to the front line. When asked what can be done to contribute towards longevity, George replied, "Never think you're old".



#### CIVILIANS BECOME SOLDIERS FOR A DAY

Redlands RSL Sub Branch Deputy President Ian Gray fired an F88 Austeyr under the supervision of a 7th Brigade soldier during Exercise Diamond Warrior at Gallipoli Barracks, Brisbane. About 30 employees from Defence support organisations became soldiers for a day during the exercise on March 7. The civilians conducted an over-water obstacle course, weapons handling, livefire shooting and hostage rescue scenarios in the Urban Training Facility. Participating organisations included the Department of Veterans Affairs, RSLs, the Salvation Army, Veterans and Veterans Families Counselling Service, Defence Bank and Australian Military Bank. The hands-on experience of Army life gave participants a better understanding of the soldiers they support through their respective organisations.

#### SEARCH LEADS TO MEMORABILIA REUNION

Caboolture-Morayfield District RSL Sub Branch Vice President Bruce Miller recently reunited WWII memorabilia with owner Henry Edward Howcroft's son Lewis Howcroft on February 12. After it was handed into the Sub Branch for safekeeping, Bruce noticed the photograph included a name. He searched the archives and phoned around until he discovered a distant relative, who put him in touch with Lewis.



#### **MEMBERS** ACKNOWLEDGED FOR YEARS OF SERVICE

Sherwood-Indooroopilly RSL Sub Branch presented several members with service awards at its recent reunion dinner. Garry Mitchell (pictured above right) was presented with a Life Member award by President Kevin Alcock and District President of Brisbane North, Vic Reading. Garry has been the Committee Secretary since 2004, fundraised for ANZAC Day, helped with membership at Sub Branch events and participated in activities benefiting the wider community. Kevin Dean OAM (pictured below right with Peter McNamara) was presented with the Meritorious Service Medal for 30 years of welfare work.







#### VETERAN INDUCTED INTO LOGAN HALL OF FAME

Springwood Tri-Services RSL Sub Branch member Sub-Lieutenant Kenneth Maxwell Briggs was recently inducted to the Wall of Acclaim in Logan City for his military efforts and involvement in the community. A WWII veteran and member of the Royal Australian Naval Volunteer Reserve, Kenneth earned his reputation during Operation Sabre by cutting a vital Japanese underwater communication cable in 1945 and was subsequently awarded the Distinguished Service Cross.





#### CAIRNS CELEBRATES INTERNATIONAL WOMEN'S DAY

Cairns RSL Sub Branch celebrated International Women's Day with a breakfast on March 8. Lieutenant Colonel Gabrielle Follett travelled from Townsville to inspire more than 120 guests with a keynote address about her career in the Australian Army. Long-serving Sub Branch Secretary Lyn Warwick was nominated for a Cairns Regional Council International Women's Day award for her work through the RSL. All proceeds from the breakfast will be used to deliver pensions, advocacy and welfare services to veterans through the Cairns RSL Sub Branch. Lt Col Follett (left) is pictured with Buster Todd (President Cairns RSL Sub Branch) and Cameron Vernox.

#### SURFERS PARADISE ORGANISES GRANT FOR KOREAN MEMORIAL

The Department of Veteran Affairs has awarded a major grant to Surfers Paradise RSL Sub Branch to complete The Korean War Memorial Wall in the Cascade Gardens on the Gold Coast. President Arch McDonald says the Sub Branch has a long history of providing administrative, logistical and personnel support to the Korean Veteran community. The wall tells the story of the Korean War, including Australian, South Korean and Allied involvement, with a backdrop of Australian trees and shrubs surrounding traditional Aboriginal meeting grounds.

# C : OMMUNITY





#### Two centenarians celebrate

Defence Service Nurses RSL Sub Branch was privileged to celebrate the birthdays of two centenarians in January, Hilda Carberry (pictured above) and Olga Anderson (pictured top).



#### Salisbury member honoured at Bombing of Darwin commemoration

Thanks to the support of Salisbury RSL Sub Branch, member Keith Williams and his daughter Kellie attended a commemorative service in Darwin for the 75th anniversary of the Bombing of Darwin. During the service, Keith's contributions during and in the aftermath of the bombing were acknowledged and he shook hands with the Governor-General of Australia Sir Peter Cosgrove AK MC (ret'd), Prime Minister Malcolm Turnbull and Leader of the Opposition Bill Shorten. Keith was with the 2/4th Pioneer Battalion, 8th Division AIF. Of his unit, only three men are known to be still alive. One of these, Geoff Turner, also attended the anniversary. Pictured: Keith Williams and Jim Salmon at Robertson Barracks.

#### City-New Farm donation to Submariner's Association of Australia

The RSL Sub Branches of City-New Farm and the South-Eastern District recently donated \$5000 to help the Submariner's Association of Australia Brisbane finalise their Heritage Trail in Teneriffe. City-New Farm RSL Sub Branch Vice President Bruce McCleary presented the funds to Don Currell, the project manager for the association, at the association's monthly meeting in January. The trail is located on the Brisbane Riverwalk and incorporates where the USN maintained a submarine base during WWII.





#### Caloundra hosts Kokoda Trail porters

Caloundra RSL Sub Branch recently hosted a group of porters from a village in the Kokoda area of Papua New Guinea. Some members of the group were descendants of the original WWII "Fuzzy Wuzzy Angels" and all are actively involved in providing porterage to visitors walking the Kokoda Trail. In return for the hospitality they were shown, the group performed a well-received musical "thank you" onstage at the services club.



#### Pine Rivers develops Assist a Student Scheme

Pine Rivers RSL Sub **Branch Womens** Auxiliary selected a Year 6 student from Kallangur State School for its Assist a Student Scheme, a newly developed program that covers all costs for one student for an entire year. This includes uniforms, sporting equipment, school fees and any excursions. The auxiliary hopes to spread the scheme throughout all schools within its community over the coming years. (Pictured above: Pine Rivers RSL Sub Branch President Lesley Boye)



#### Corinda school student awarded medal

Lieutenant James Bedogni from the 2nd/14th Light Horse Regiment presented a medallion and \$100 to Corinda State High School student Maria Kilipati for her essay about the Boer War. Each year, the Sherwood-Indooroopilly RSL Sub Branch invites students from Ermelo High School in South Africa and Corinda in Brisbane to write essays relating to the war, and in particular Onverwacht. The schools also exchange goodwill messages as part of the project.





#### Hervey Bay participates in Urangan Pier Centenary

Members of the Hervey Bay RSL Sub Branch 9th Battalion WWI Re-Enactment Group took part in the procession for the Urangan Pier Centenary on March 4. The group marched towards the front of the procession, behind the Hervey Bay RSL pipe band. Members of the re-enactment group then formed the honour guard for the Governor of Queensland, His Excellency the Honourable Paul de Jersey AC. After the general salute, Governor de Jersey inspected the guard and congratulated the group for their excellent work.



#### Bald Hills teenager to sing on the Western Front

Geebung-Zillmere Bald Hills Aspley RSL Sub Branch helped secure a grant that will enable Bald Hills teenager Caitlin Freeman to sing on the Western Front this ANZAC Day. She is pictured with Deputy President Harry Boxsell and Denis Webb from the Sub Branch. As part of the commemorations, Caitlin will sing at Villers-Bretonneux and the Bullecourt Digger in France with the Voices of Birralee Choir. The choir won a nationwide bid with the Department of Veteran's Affairs to sing at the memorial, and Caitlin is part of the 31-member team of choristers to attend. (Photo: Renee McKeown / News Corp)

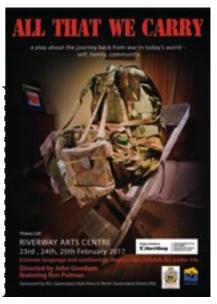
#### Hervey Bay hosts The **Belgians Have Not** Forgotten exhibition

Hervey Bay RSL Sub Branch President Brian Tidyman hosted the official opening of The Belgians Have Not Forgotten, a travelling exhibition about the involvement of ANZACs in WWI in Belgium, at the Hervey Bay RSL Club on February 22. Guests included Olga Cogen, Deputy Head of Mission representing the Ambassador of Belgium, the Honourable Keith Pitt, Federal Member for Hinkler and Assistant Minister for Trade, Tourism and Investment, Ted Sorensen, Local Member for Hervey Bay, and George Seymour, Deputy Mayor of Fraser Coast Regional Council. The exhibition was on display for two weeks before moving on to New Zealand.



#### RSL-sponsored play expands dialogue about veteran issues

RSL North Queensland District and RSL (Queensland Branch) sponsored the 2017 season of All That We Carry, a play by Townsville writer Fairlie Sandilands that aims to expand dialogue about issues veterans and their family members can face after deployment to war zones and on peacekeeping missions. The play touches on veteran suicide, selfdoubt, PTSD and relationship breakdowns. All That We Carry combines tragedy, mateship and confronting themes, with lots of laughter, respect and compassion. It was very well received, with both civilian and military audiences finding it illuminating, worthwhile and insightful.







For many of us, a good night's sleep comes naturally; unfortunately, for others, this could not be further from the truth.

WORLD-first research published in April in the Australian Medical Journal by the Gallipoli Medical Research Foundation (GMRF) and its research partner, RSL (Queensland Branch), identified sleep as a major health issue for Vietnam veterans with post-traumatic stress disorder (PTSD).

While sleep disturbance is a key symptom of PTSD, the research also identified that PTSD sufferers are more likely to have obstructive sleep apnoea, unusual sleep behaviours (like acting out dreams and vocalisation during sleep), and restless legs syndrome.

This study, involving 300 Vietnam veterans, examined relationships between physical illnesses like heart disease, gastric complaints and sleep disorders, and the psychological symptoms of PTSD.

From this research, GMRF and RSL (Queensland Branch) have developed a national education program that will equip GPs and other healthcare professionals with new strategies to better identify the signs and symptoms of PTSD. Through increased awareness of PTSD and improved education, we can help change the lives of more than one million Australians who are suffering from this

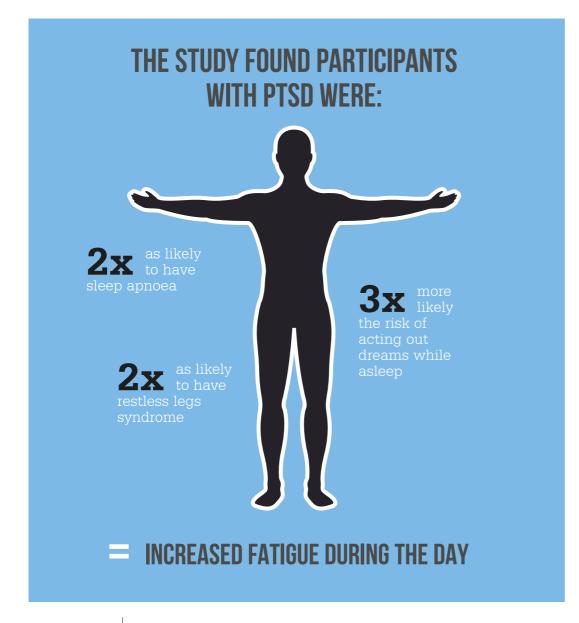
debilitating condition. Now, why can't I get to sleep?

#### Barriers to sleep

Obstructive sleep apnoea (OSA) is a sleep disorder in which your breathing stops periodically during sleep due to airway obstruction from relaxation of the tongue or airway muscles. Common symptoms of OSA are snoring, waking up unrefreshed, daytime tiredness, slowed or stopped breathing during sleep, or waking up choking or gasping for air. However, many people with OSA are unaware they have it.

People with OSA have a higher risk of a range of diseases, such as heart disease, high blood pressure, stroke, diabetes, depression and impotence. Therefore, if you are at risk of OSA, it is important to be diagnosed and treated. Treating OSA can make you sleep better and feel better during the day, and it can also reduce your longer-term cardiovascular risk.

OSA is diagnosed by having a sleep study in which a variety of measurements are taken while you sleep, such as your breathing pattern, heart rate and blood oxygen levels. A specialist in sleep medicine then analyses your results to determine the severity of your OSA, and whether you require treatment.



"NOT HAVING GOOD SLEEP MAY BE BECAUSE OF A PROBLEM WITH THE QUANTITY OF SLEEP, THE QUALITY OF THE SLEEP, OR BOTH."

There are a variety of treatment options for OSA, but as the causes can vary there is no single treatment that works for everyone. Treatment may include:

- Weight loss if you are overweight
- Reducing alcohol consumption
- Changing body position for sleep (not sleeping on your back)
- Oral appliances
- Continuous positive airways pressure (CPAP)

If you have OSA, your sleep specialist will help you determine what treatment is right for you.

Restless legs syndrome, or RLS, is a condition of the nervous system that results in the uncontrollable urge to

move the legs. It is a major cause of difficulty falling asleep and disturbing your sleep, or your bed partner's sleep. People with RLS may also have periodic limb movement of sleep (PLMS), which is a more common condition characterised by involuntary leg twitching or jerking during sleep that may affect sleep quality.

The severity of RLS symptoms may be lessened by reducing caffeine, alcohol and nicotine intake. It is important to see your doctor if you think you may have RLS, as other underlying causes, such as diabetes, kidney problems or iron deficiency, may also require treatment. Your doctor may also prescribe medication to help reduce the symptoms of RLS.



Q&A with Dr Robyn O'Sullivan, respiratory and sleep physician and PTSD Initiative Investigator

# Why did you want to be involved with this research?

"Having had the privilege of working with veterans for many years in our weekly sleep clinic, it became very obvious to me that a large number of sleep problems were coming up remarkably frequently in our veteran group, and it was clearly important that we define the magnitude of these sleep problems with high-quality research. Generous funding from RSL (Queensland Branch) made this possible in our Vietnam veteran group and was a dream come true for me."

Nightmares are a hallmark symptom of PTSD, so it was not surprising that Vietnam veterans with PTSD in our study had significantly more nightmares than those without PTSD. The results also showed that they were more likely to have sleep apnoea, restless legs and fatigue than those without PTSD. Were these findings surprising to you?

"These results have confirmed my clinical suspicion, although seeing the real magnitude of sleep problems that many of these veterans with PTSD face is really quite sobering. It certainly helps strengthen the case



for careful clinical evaluation and investigation of all veterans with a history of sleep problems."

Some of our participants were referred on for sleep studies based upon a screening questionnaire they completed as part of the study. Can you explain the value in having a sleep study for those who might be at risk of sleep apnoea?

"A sleep study allows assessment of the severity of sleep apnoea in terms of the number of times breathing is affected by collapse of the upper airway during sleep (for more than 10 seconds), as well as the extent to which the oxygen level falls during sleep. This obviously impacts sleep quality and can have a major adverse effect on daytime functioning. The fragmentation of sleep at night as a result of sleep apnoea can also worsen sleep problems, like dream enactment behaviour. Untreated, obstructive sleep apnoea can have far-reaching effects on many different body organs and functions. Where sleep is already compromised due to PTSD, treating sleep apnoea is obviously very important. Where there are other health issues present, like diabetes, high blood pressure, heart disease, atrial fibrillation and stroke, we have an even lower threshold to treat sleep apnoea, because of the associated benefits from treatment. Nonetheless, the severity of sleep apnoea determined by the sleep study

definitely helps guide management."

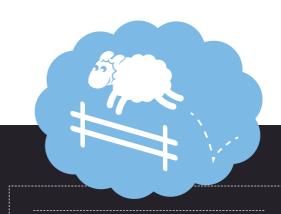
#### How do you see the results of the study helping our veterans?

"The study results have confirmed a strong link between PTSD and treatable sleep problems, including obstructive sleep apnoea, and an increased awareness of these likely sleep problems will hopefully lead to better health care for more veterans. Any interventions that can improve sleep quality and optimise sleep quantity will benefit health in general, and this research helps justify a strong emphasis on sleep."

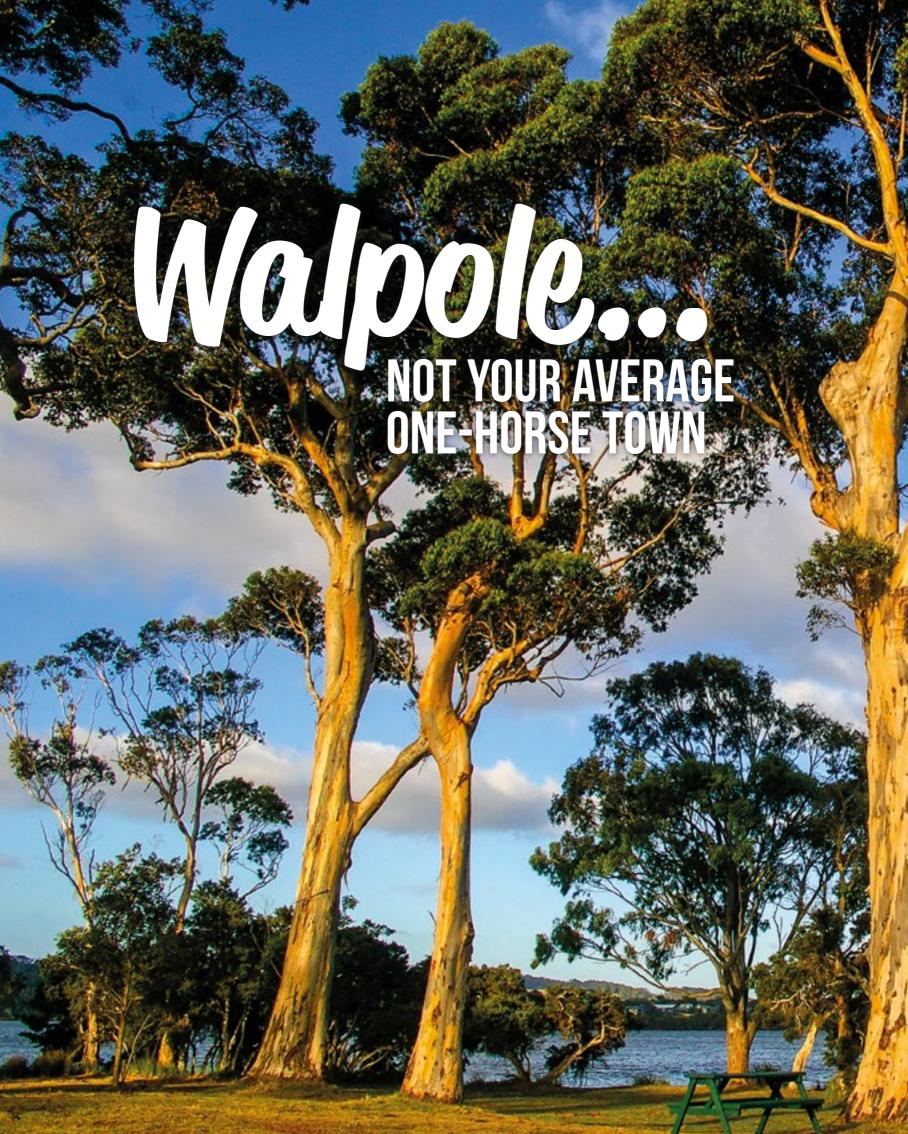
#### Do you have any advice for any of our readers who may have trouble sleeping?

"Not having good sleep may be because of a problem with the quantity of sleep, the quality of the sleep, or both. Changing behaviours is often very helpful in addressing problems with the quantity of sleep achieved (see our 'sleep tips' section). Not looking at the clock when you do wake overnight helps you remain drowsy so that you are more likely to return to sleep without delay.

"Unrefreshing sleep may be due to a problem with the quality of sleep, rather than simply the quantity of sleep achieved, and sleep apnoea needs to be considered here. If you think you, or someone close to you, have issues with sleep, seeing a doctor and having a sleep study done is definitely worthwhile." ←



- Stick to a bedtime routine. Make sure you are feeling sleepy when you go to bed, and don't go to bed too early or too late. Aim to be up at the same time each morning. Try to avoid napping during the day if possible to promote sleep at night.
- Engage in a relaxing activity before bedtime. Try to reduce excitement, stress or anxiety by having a warm bath or shower, reading or meditating before you sleep.
- Avoid food for two hours before bedtime; limit caffeine and alcohol intake, and avoid caffeine later in the day.
- Exercise regularly. Burn off extra energy during the day by engaging in moderate to vigorous exercise to help make you more sleepy at night (speak to your GP about what level of exercise is safe for you). It is best to exercise in the morning or early in the evening.
- Early morning sunlight. Exposure to natural light early in the morning promotes hormones that help set the body clock and promote a wakeful state.
- Limit the use of devices with screens, such as TVs, phones and tablets before bed; the light emitted by these devices may delay the release of melatonin, a hormone that induces sleep.
- Create a calming sleep environment in your bedroom.
- Make sure you are comfortable, with a good mattress, pillow and fresh bedding.





While many visitors flock to the Margaret River and south west regions of Western Australia, Tim Dawe finds a quiet surprise between forest and sea along WA's Rainbow Coast.

✓ Tim Dawe

not stayed at Walpole on WA's south coast. I have always driven through it to somewhere else – fast. A line of uninspiring shops and cafés, framed by car parks, set back from the busy South Coast Highway does not make for a picturesque country town. A coastal settlement of 450, it lacks the broad open vista of an inlet lapping at its doorstep - like Denmark, the town next door.

Walpole is not named for the British prime minister, but Captain William Walpole, a comrade of WA's Governor Stirling. It provides fuel for passing vehicles and, compared with other towns along the "Rainbow Coast", provides modest food and accommodation. But in the hinterland of farm and forest is a range of cosy rural retreats, ideal in autumn, to unwind with a book and a bowl of soup before the fire.

My mission on a three-day break is to walk along the world-renowned, "1000km-almost" Bibbulmun walking track that, unusually, comes right into town; one day in the forest and one day along the coast.

Walpole is surprising. First impressions are of a one-horse town strung along one side of the highway. Then I discover Coal Mine Beach and Rest Point... and I discover the 100ha Nornalup Inlet is on the town's doorstep, only it's completely hidden by high dense scrub.

Coal Mine Beach, a 20-minute walk from town, is a campsite plus holiday village shaded by peppermint trees, and a safe haven for youngsters to wade, play and explore. It's extensive with every amenity for holidaying families. Rest Point, a 7km drive, is bathed in a golden glow on my late arrival, seemingly an unfair advantage for an already beautiful spot. Perched between forest and inlet and facing the tall-timbered Walpole knoll, it is the place time forgot. Holidaymakers from the 1940s or '50s would find it familiar; unsupervised kids, barefoot, grubby and wet, whooping in chase; dads in singlets preparing boats or lines, and mums chatting on the landing or at a picnic table. In front of tree-hidden cabins and the oldfashioned, two-storey "boarding house" is a wide, grassy swathe extending to the beach, bookended with 30m trees at the water's edge. Walpole's inlet remains open to the sea year-



ABOVE: The stream

The stream meets the sea at Conspicuous Cliff.

ABOVE RIGHT: Farmland on the way to Conspicuous Cliff.

AFTER NEARLY
AN HOUR
OF DOGGED
DETERMINATION
BACK AND
FORTH I FIND
5CM OF THE TOP
OF THE OFFICIAL
MARKER POST
POKING OUT OF
THE SAND DRIFT.

round, assuring fish constant passage and fishers consistent catches. Just a glimpse, but it is at once serene and exuberant.

Next day at 8am I'm already on the Bibbulmun Track that is at the end of my street. It takes me through salt plains of uniform scrub, past Coal Mine Beach and the hot and dusty tidal flats to the highway that edges the forest. This road is Narnia's wardrobe. On crossing, and entering, I'm suddenly alone on a forest track enveloped in a cool and shady world. Soon the track veers from the shared logging road and goes up... and up. A much-needed rest stop is Hilltop Lookout, where, away in the distance, the Franklin River feeds the inlet. There's an instinct to keep taking rhythmic steps one after the other; a feeling that moving is achieving. But to stop, to sit and listen and let the forest close in, is the prize. Birds are louder, more visible and the light more at play. Beyond the Great Tingle Tree I pass through what my guidebook says is the finest stand of giants - karri and tingle - in the Southern Forest. I agree. Near the Franklin River Campsite, officially the end of a day's hike, and armed with



just a camera, water and mixed nuts, I realise it's time (3pm) to retrace my steps.

Day two's walk, a short drive away, starts mid-morning, because of yesterday's exertion and also because I keep stopping to look around on my way to Conspicuous Cliff, aptly named as the triangular-shaped attic atop its broad cliff face is visible to sailors far out to sea. Under the cliff, a long crescent of sand, halved by a tumble of limestone rocks, stretches to a flattened headland, providing good surfing. High-placed platforms allow views of occasional whales and the sweeping beach with its blackbrown stream slashing the sand. I meet bleach-haired teenagers, boards under arm, gaze fixed on the middle distance searching for the right break... or courage.

I ask for directions. "I dunno. There's no track here." They haven't read my Bibbulmun guide. After nearly an hour of dogged determination back and forth I find 5cm of the top of the official marker post poking out of the sand drift. It points me over the dunes where the heathland is decimated. A hot

bushfire leaves white ash, black twigs and flies. The track is hot, dusty and smelly, but several kangaroos happily nibble at the first green shoots. I call it a day and console myself that, if not the track, the natural splendour of Conspicuous Cliff has been worth it.

Between walks I relax under peppermint trees watching blue wrens at play, and chat with Dietrich and Birgit, German retirees and inveterate travellers from Bonn (30 trips to Thailand is proof). "We've seen more of Australia than most Australians," says Birgit. I wander around water and forest: Nornalup, the giants of Tree Top Walk, Circular Pool, Peaceful Bay and Knoll Drive near Walpole. Further afield lies Mt Franklin, Swarbrick and Fernhook Falls.

Driving to Walpole through the magnificent karri trees of the Southern Forests is inspiring. Staying at Walpole on WA's south coast is surprisingly enjoyable. !—

### **FACT FILE**

- Walpole is 410km from Perth, 248km from Margaret River and 65km from neighbouring Denmark.
- A wide range of accommodation including B&B, guesthouse, farm-stay and motel is available in and around Walpole.

#### For information

- www.westernaustralia.com
- www.walpole.com.au
- A Nornalup Inlet cruise is recommended.
- www.wowwilderness.com.au



# THE BEST PHONE CALL HE EVER HAD!

You could feel the anticipation building in the room as General Manager Tracey Bishop dialled the phone number of our Draw 343 winner. After trying the landline twice, a man's voice could be heard on the other end of the phone...

Vincent Burgundy\*, a long-term VIP member from Gladstone, Queensland, was the recipient of this call and the first prize winner of this draw.

"Would I be able to speak to Vincent, please?" Tracey asked.

"Speaking, please," Vincent simply replied, completely unware that he was about to receive the life-changing news that he was the winner of the

Sunshine Trifecta.

Tracey quickly revealed that Vincent was now the owner of three apartments on the Gold Coast, in Brisbane and on the Sunshine Coast, PLUS \$200,000 in gold bullion.

As Vincent struggled to gather his thoughts, and searched for his tickets, Tracey asked if there was any particular reason for his long-term support of RSL. Vincent revealed he felt very close to the cause; as a Vietnam veteran himself, he felt the need to support his fellow veterans.

RSL Art Union is happy to change the lives of our winners, but, most importantly, the fundraising efforts from the



draws go toward supporting our heroes who have returned home. Vincent, a returned serviceman, could not be a more deserving winner of this prize.

In addition to his winnings, Vincent's \$30 book buy will see him receive an extra \$55,000 in gold bullion.

Congratulations to Vincent and all the winners in Draw 343. From all of us here at RSL Art Union, thank you for your support and good luck in the next draw.

\*Name changed for privacy reasons.

# WIN Kirra beachfront



Located just steps from one of Queensland's most popular surf spots, this spacious 376 sqm house-sized apartment will take your breath away. The open-plan living and dining area leads onto an expansive balcony where you can take in uninterrupted ocean views, stretching all the way to Surfers Paradise. Plus there's plenty to do in Kirra with its relaxing village feel, beautiful beaches and popular cafes and restaurants – you'll be spoilt for choice!



**345** 

DRAW CLOSES 9<sup>TH</sup> MAY 2017 DRAWN 17<sup>TH</sup> MAY 2017



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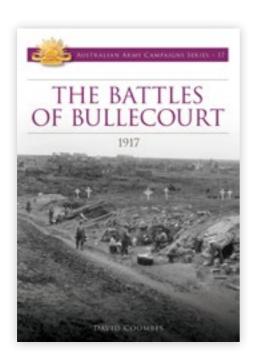


RSLartunion.com.au or 1300 775 888









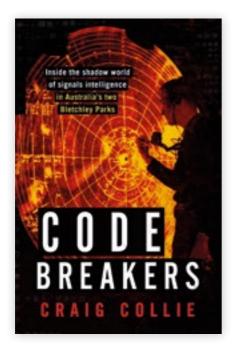
#### THE BATTLES OF BULLECOURT 1917

In April-May 1917, the sleepy hamlet of Bullecourt in northern France became the focus of two battles involving Australian and British troops. Given the unique place in this nation's military history both battles occupy, surprisingly little has been written on the AIF's achievements at Bullecourt.

The First Battle of Bullecourt marked the Australians' introduction to the latest battlefield weapon – the tank. In the second battle, launched with a preliminary artillery barrage, more Australian divisions were forced into the Bullecourt 'meatgrinder' and casualties soared to over 7000.

*The Battles of Bullecourt* by Dr David Coombes is published by Big Sky Publishing (RRP \$19.99).

FOR YOUR CHANCE TO WIN one of four copies of *The Battles of Bullecourt*, email your name, address and contact number to editor@rslqld.org (with the subject 'The Battles of Bullecourt') or post to 'The Battles of Bullecourt', PO Box 629, Spring Hill, Qld, 4004. Competition closes May 26, 2017.



#### **CODE BREAKERS**

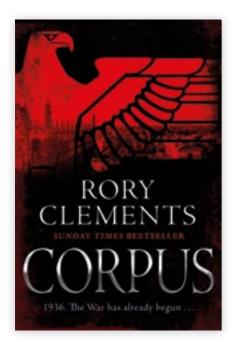
At the height of WWII in the Pacific, two secret organisations existed in Australia to break Japan's military codes. They were peopled by brilliant and idiosyncratic cryptographers, including some with achievements in mathematics and the classics, and others who had lived or grown up in Japan. These men patiently and carefully unravelled the codes in Japanese signals, ultimately playing a crucial role in the battles of Midway and the Coral Sea, as well as Macarthur's push into the Philippines.

An intercept station in the Queensland bush brought about the end of Admiral Yamamoto.

But this is more than a story of codes. It is an extraordinary exploration of a unique group of men and their intense personal rivalries and loathing; of white-anting and taking credit for others' achievements.

Code Breakers by Craig Collie is published by Allen & Unwin (RRP \$32.99).

FOR YOUR CHANCE TO WIN one of four copies of *Code Breakers*, email your name, address and contact number to editor@rslqld.org (with the subject 'Code Breakers') or post to 'Code Breakers', PO Box 629, Spring Hill, Qld, 4004. Competition closes May 26, 2017.



#### **CORPUS**

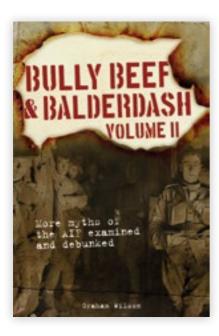
This big-canvas international thriller marks the beginning of a major new series from bestselling, award-winning author Rory Clements.

1936. Europe is in turmoil. The Nazis have marched into the Rhineland. In Russia, Stalin has unleashed his Great Terror. Spain has erupted in civil war. In Berlin, a young Englishwoman evades the Gestapo to deliver vital papers to a Jewish scientist. Within weeks, she is found dead in her Cambridge bedroom, a silver syringe clutched in her fingers.

When a renowned member of the county set and his wife are found horribly murdered, a maverick history professor finds himself dragged into a world of espionage which, until now, he has only read about in books.

Corpus by Rory Clements is published by Allen & Unwin (RRP \$29.99).

FOR YOUR CHANCE TO WIN one of four copies of Corpus, email your name, address and contact number to editor@rslqld.org (with the subject 'Corpus') or post to 'Corpus', PO Box 629, Spring Hill, Old, 4004. Competition closes May 26, 2017.



#### **BULLY BEEF & BALDERDASH VOL II**

The late Graham Wilson delighted in his self-appointed role as the AIF's myth buster. In this, his second and final volume of Bully Beef and Balderdash, he tackles another eight popularly accepted myths, exposing the 'Water Wizard' of Gallipoli who saved an army; dismissing the old adage that the 'lions of the AIF' were led by British 'donkeys'; debunking the Gallipoli legends of the lost sword of Eureka and 'Abdul the Terrible'; the Sultan's champion marksman sent to dispose of AIF sniper Billy Sing; and unravelling a series of other long-standing fictions.

Bully Beef & Balderdash Vol II by Graham Wilson is published by Big Sky Publishing (RRP \$34.99).

FOR YOUR CHANCE TO WIN one of four copies of Bully Beef & Balderdash Vol II, email your name, address and contact number to editor@rslqld.org (with the subject 'Bully Beef & Balderdash Vol II') or post to 'Bully Beef & Balderdash Vol II', PO Box 629, Spring Hill, Old, 4004. Competition closes May 26, 2017.

#### QUEENSLAND RSL NEWS **WINNERS**

Edition 1, 2017

#### **LESSONS LEARNED**

A Muller, Jimboomba B O'Keefe, Mermaid Waters P Cambridge, Golden Beach D Manski, Maryborough

#### TALES OF A MILITARY MEDAL **RECIPIENT**

R Dux, Coolangatta R Brown, Ballina W Rylatt, Torquay K Lawrie, Nundah

#### THE HIGH LIFE OF **OSWALD WATT**

A Robinson, Childers R Lawley, Redbank Plains B Johnson, Springsure P Grogan, Wellington **Point** 

#### THE MAN WHO **CARRIED THE** NATION'S GRIEF

F & B Bainbridge, Walkervale R Nichols, Magnetic Island M James, Clayfield V Horrigan, Atherton

# GOMMUNITY CONNECT

#### NEW HOME FOR OLD MEMORIAL

The Battle for Australia Memorial will be dedicated at its new home at Chermside Historical Precinct, 61 Kittyhawk Drive, Chermside, on the Battle for Australia Day, September 6, 2017. Due to the Queens Wharf Brisbane project, the memorial was shifted from its old location on George Street to its new location last year by the stonemasons of the Queensland Government, who created the memorial. The dedication ceremony will precede the annual Battle for Australia Commemoration Service for the 75th anniversary, which begins at 10.30am. The service will be followed by morning tea in the Milne Bay Memorial Library and Research Centre. For further information, contact Pat O'Keeffe on 0407 574 097 or pjok1941@gmail.com.

#### BOMBER COMMAND COMMEMORATIVE SERVICE

A Bomber Command commemorative service will be held on June 4, 2017 at 10.15am for 11am at the Memorial Garden at RAAF Base Amberley. The service will honour, pay tribute to and recognise the sacrifice and service of air and ground crew, who served with pride and distinction in Bomber Command. Complimentary refreshments will be provided in the combined mess after the service. For more information, contact Ted Vowles on 0418 758 072 or 07 3396 3004, or Richard Bright on 07 3378 3319 or bccs.qld@gmail.com.

#### SALUTE TO SERVICEWOMEN

#### - BUNDABERG EXHIBITION AND REUNION

One hundred years after four Australian Army nurses were awarded Military Medals for 'courage under fire', Bundaberg & District Ex-Servicewomen's Association is organising a series of events in partnership with Elements Art, to salute all women who have served Australia in the Defence Forces. This includes a public exhibition on July 8–9 and a reunion for ex-servicewomen and their guests from July 14–16, with a luncheon on July 15 that will include a special viewing of the exhibition. The Salute to Servicewomen begins with wreath laying at War Nurses Memorial and finishes with a community service at the Australian Servicewomen's Memorial on July 16. The reunion also marks Bundaberg Ex-Servicewomen's 50th anniversary. For information, visit www.exservicewomen.org, email bundy.eswa@gmail.com, or phone Leone Wilson on 07 4159 4134 or Jenny Waldron on 07 4157 4621.

#### VIETNAM TOUR PAYS HOMAGE TO THE

#### BATTLE OF SUOI CHAU PHA

In recognition of one of Australia's most under-reported battles, join Vietnam veteran Walter Pearson in Vietnam on August 24, 2017 for the 50th anniversary of the Battle of Suoi Chau Pha and a visit to Long Tan for Vietnam Veterans Day. Pearson, a Vietnam linguist, two-tour veteran and history expert, will personally lead the tour, which will pay homage to the brave soldiers who fought, including six Australians who were killed and 21 who were wounded. For more information, call Walter on 0424 177 590, email walter@jcptours.com.au or visit www.jcptours.com.au.

#### FOUNDATION DINNER

Australian Governor-General Sir Peter Cosgrove will attend the MacArthur Foundation Brisbane's anniversary on July 21, 2017. Sir Peter Cosgrove will speak as the guest of honour to commemorate the war efforts of General Douglas MacArthur and Brisbane's contribution to WWII. General MacArthur played a critical role during the war as Supreme Commander of the Allied Forces in the South West Pacific Area. The MacArthur Museum Brisbane and the Brisbane City Council will also celebrate the occasion with a Back to Brisbane at War day in the CBD on July 22 to recognise Brisbane's efforts during the war. For more information, contact John Dwyer on 0408 663 313.

#### COMMEMORATION SERVICE

All are invited to attend the Battle of Milne Bay 75th Anniversary Commemoration Service at 10am on August 26, 2017. It will be held at the Milne Bay Memorial Library and Research Centre, Chermside Historical Precinct, 61 Kittyhawk Drive, Chermside. For further details, phone 07 3733 1471, email milnebaymlarc@gmail.com or visit www.milnebaybattlecentre.org.

#### 50TH ANNIVERSARY OF WEIPA TOWN OPENING

The Weipa community on the Cape York Peninsula in Far North Queensland is celebrating the 50th anniversary of the official opening of the town. The Weipa RSL Sub Branch will organise a display of the history of the RSL in Weipa, and is seeking any photos or memorabilia related to this history. Please contact Michele Brown on 0428 199 075, or email Lloyd Williams at weipa@rslqld.org, or write to Weipa RSL Sub Branch at PO Box 156, Weipa, QLD, 4874.

#### MEDALS AND MEMORABILIA FOUND

- · WWI medal of 206 Donald Alexander
- · Wooden Box in name of NX410 Eric Benjamin Bailey
- WWII medals issued to VX37419 Cyril Armadale Ball
- WWII badge of WRAAF W316626 Laraine Barkley
- Items belonging to QX18608 Alfred Barnard
- WWI medal issued to Captain Francis W. W. Broughton
- WWII medal issued to VX57858 Alexander Bullock
- WWII medal issued to 152295 Alfred Francis Campbell
- WWI medal of 18928 Reginald Campbell
- WWII medals and papers of VX120178 William Heath Carrick
- WWII medals issued to Q265200 John Ezra Clark
- Australian Service Medal with 'Somalia' Clasp issued to R141379
   P. J. Connors
- WWI medal issued to 1832 Roy Cyril Cook
- WWII medal issued to 424157 Brian Patrick Curran
- WWII medals of QX19662 Ray Earle Davidson
- WWI medal issued to 1807 James Richard Davis
- WWII DSM of P/JX237129 James Gallagher (Royal Navy)
- Australian Service Medal issued to 8095180 GJ Goodwin
- WWI medal issued to 5220 Allun Grant
- WWII medal issued to QX47782 John Green
- WWII medals of 97900 Esme Guleksen
  - Replica medal set including AASM Iraq
- WWII medal issued to V90867 Keith Bertram James
- WWII medals issued to QX24681 Leonard William Johnson
- Exemplary Service Medallion of David Large
- WWI medal issued to 2172A Horace David Lawler
- WWII medal issued to V380219 Thomas Leslie Lawler
- WWII medals of QX13516 Richard William Ledger
- WWII medals issued to QX13254 Caleb Arthur Martin
- WWII medals issued to QX39866 Thomas Bathurst Martin
- ID Tags of 325619 McDougall and VX62900 Thurst
- WWII medal issued to 68892 Richard Francis McLaren
   Windows ID To a of 217557 Bridge Phillip McDaleage
- Vietnam ID Tags of 217557 Brian Phillip McRobert
- WWII medal issued to NX96830 Stanley Vincent Mellor
   WWII medals issued to Q142643 Richard Thomas Moate
- WWII medals issued to 75826 Neville N. L. Morley
- Steel locker in name of L/Sgt RG Morris
- WWII pay book of NX150433 John Patrick Murphy
- WWII medal issued to TX4993 Andrew Herlihy Leo Nelson
- · Exemplary Service Medallions of Max Norton
- UN Korea medal of 25470 Brian Thomas O'Sullivan
- WWII medal issued to QX55712 Bruce Hamilton Page
- WWI medal issued to 7023 Charles Fredrick Phillips
- WWI medals issued to 2217 Alfred George Redden
- WWII medal issued to QX13594 Reginald Tudor Renwick
- WWII medal issued to NX26683 Cyril Roy Robinson
- WWI medals of Montague Rogerson (British Army)
- WWII medal issued to QX5424/435210 John Richard Sampson
- WWI medal issued to 322 Thomas Sellers/Sellars
- WWII medal of 153102 Geoffrey Norman Simpson
- WWI Memorial Plaque of 2967 Archibald Allan Stokes
- WWII medals of A315806 Ryland Spencer Thomas



#### **86 TRANSPORT VIETNAM ASSOCIATION**

86 Transport Vietnam Association Inc. is holding their 8th National Reunion at Maroochydore on the Sunshine Coast, Queensland, from Friday, April 21 to Wednesday, April 26, 2017. The Association invites all 86 Transport veterans to celebrate the 50th anniversary of the deployment of 86 Transport Platoon to Vietnam. Find out more and access the registration form online at www.86transportvietnam.com, or contact reunion secretary Ron Kratzmann via kratzyra@bigpond.com

#### TARAKAN AND OTHER BORNEO LANDINGS REUNION

All ex-service personnel who served on Tarakan Island and other Borneo Landings, or in supporting Navy and RAAF in 1945, along with wives, partners, next-of-kin, family and friends, are invited to a get together at Geebung/Zillmere RSL Club, at the corner of Collings Street and Newham Road, Geebung, at 9.30am on May 1, 2017. For further information, please contact Gwenda on 07 5590 7990.

#### 2RAR NATIONAL REUNION

To be held in Brisbane from May 17-21, 2017, this reunion is for everyone who served in 2RAR or 2/4RAR. There is no requirement to be an Association member to come to the reunion, and families and New Zealanders are also welcome. Registrations are essential. Go to www.2rar-association.net.au for details and to register

#### REUNION FOR FORMER SERVICEMEN IN PNG

A reunion and commemoration service to honour the 75th anniversary of the Kokoda Campaign will be held on August 8, 2017 on the Gold Coast. Australian servicemen on duty in PNG between 1940 and 1975 (or later) and their partners are invited to catch up with mates over two days at Broadbeach-Surfers Paradise. The main events will be a Monday dinner and then a Tuesday service, immediately followed by the Reunion Lunch. For more information, contact Kev Horton on 0418 750 189 or Greg Ivey via iveygj@gmail.com. For more details, visit www. soldierspng.com.

#### 1 FIELD SQUADRON GROUP RAE

Reunion of 1 Field Squadron Group RAE will take place at Twin Towns Services Club at Coolangatta on August 25, 26-27, 2017. Contact Robin Farrell at 07 4661 7791 or email info@1fieldsappers.org or PO Box 703, Warwick, QLD, 4370.

#### 10TH INTAKE NATIONAL SERVICEMEN 50TH ANNIVERSARY

We would like all National Servicemen called up for National Service in October 1967 to join us in Sawtell, NSW, from October 1-8, 2017, for a 50th reunion of our conscription. Accommodation is available at the Sawtell Beach Holiday Park, 5 Lyons Rd, Sawtell (02 6653 1379/1800 200 555, or info@sbhpark.com.au). Overseas service not a requirement. For further information, contact Peter Beauchamp on 0418 751 812 or email pbeau1@bigpond.com.

#### HMAS DUCHESS REUNION 2017 - NEW VENUE AND DATES

Registrations are now called for the 8th reunion of HMAS Duchess crewmembers, to be held at Surfers Paradise RSL (not Tweed Heads, as previously advised) for October 6-8, 2017 (not November). The cost will be \$200, which includes Friday and Saturday night dinner and Sunday lunch. A deposit of \$50/head for prospective attendees to be paid July 1, 2017, with the balance of payment by September 8, 2017. For the flyer, phone Rod Clarey on 0409 267 388 or email rod. clarey1@bigpond.com, or contact Bruce Bowmaker on 0403 243 795 or littlefish.in@bigpond.com.

#### RAASC VIETNAM SUPPLY PLATOONS ASSOCIATION REUNION

Attention Galloping Green Grocers, aka RAASC-RAAOC food stuffs platoon members. Our next RAASC Vietnam Supply Platoons Association Reunion is in Hobart this year to coincide with Armistice Day. Dates are November 6-9, 2017. Come along and connect with old mates. Even stay a while in the 'Apple Isle'. For more details, phone Christina on 0430 125 195, write to PO Box 207, Mitchell, ACT, 2911, email bamberb01@bigpond.com or visit www.raascsupply.asn.au. No phone calls after 8pm, thanks.

#### 27 INTAKE RAAF APPRENTICES

A 45th anniversary reunion of the 27 Intake RAAF apprentices will be held on the Gold Coast in 2018, and the organiser is seeking all original members of the intake, which formed in Wagga Wagga in January 1973. Contact Martin 'Dutchy' Holland on 07 5522 2255.

- WWII medals of VX33314 Victor Albert Thompson
- WWII medals issued to VX62280 William Herbert Tyrell
- WWII medal issued to QX9152 Colin Henry Underhill
- WWI medal issued to 7162 Francis Herbert Webster
- WWI medals and pay book issued to 6361 William Wiley
- WWII medal issued to S67643 Rayburn Keith Williams
- WWI medals of Wood CW and Wood DF (British Army)

#### MEDALS AND MEMORABILIA LOST

- WWII DSO of 70300 Richard Ashley Atkinson DSO DFC & Bar
- WWII medals and log book of 426489 Leo George Bange
- General Service Medal with 'Borneo' Clasp issued to 469364 Robin Eric George Blackburn (British Army)
- WWI medals issued to 3756 Sydney Thomas Burnell
- WWII medals of QX34503 Edward John Burns
- WWII medals of QX16348 Patrick Collins
- WWI and Third Anglo-Afghan medals of 77518 John Condon (British Army)
- WWI medals issued to 5679 Sydney Roy Cooper
- WWI medal issued to 3483 Ernest Griffin
- WWI DSO medal issued to Major Douglas Rawson Harris
- Vietnam medals issued to 860619 Gregory Charles Jabs
- WWI medals issued to NZ 12/778 Joseph Edward Kelly
- Vietnam medals issued to 1200855 David George Kidd
- WWI medal issued to 2416 John William Laycock

- WWI medals and items of 1676 Percy Linwood
- WWI medals issued to 6388 Andrew Madden aka William Lake
- WWI medals issued to 2515 Stephen Madden
- WWII medals of QX500388 Mervyn Marlowe
- WWII medals of New Zealander Herbert Athol Martin
- WWI medals of 1979 John William Martin
- WWI and WWII medals issued to 6499 Robert James Mays
- WWI medals issued to 231 Charles Henry Merlehan
- WWI medals issued to 323 Alexander Edward Merlehan
- WWI medals issued to 32853 Charles Ernest Mills
- WWII medals issued to QX10016 Percy Robert Peachey
- WWI medals issued to 1549 Arthur Edward Plewman
- WWI medals of 468 Archibald Robinson
- ASM 45-75 'SE Asia' Clasp, Defence Force Service Medal, Aust Defence Medal of R106330 Henry Schuurman
- WWII medals of SX9470 Wilfred Carlstan Jurs White
- WWII medals issued to 414329 Cyril Douglas Whittaker
- WWI medal issued to 3133 Victor Mark Whitty
- WWII medals of QX40729 Ronald John Williams
- WWI medals of 4533 William Thomas Woodward MM
- WWII medals issued to W/1180 Kenneth Theodore Charles Wrigley

Contact Steve Eaton OAM for medals lost and found on 07 3634 9444 or email steve.eaton@rslqld.org.

# A distinguished

# THE SIGNIFICANCE OF ROSEMARY ON ANZAC DAY

If you look closely at veterans and the public paying their respects at ANZAC Day services across the country this April 25, you will most likely see a small sprig of rosemary pinned to many of their shirts or lapels. This aromatic, perennial herb is native to the Mediterranean region, and has become a symbol of Australia's commemorative day for a number of reasons.

E times, it has been associated with the dead, and Egyptians used it more than 2000 years ago to place on tombs. The smell of rosemary is also believed to improve memory, with stories that Greek scholars wore it in their hair to help them with their studies. Perhaps because of this, it has since become an emblem of fidelity and remembrance in literature and folklore.

It also has particular significance for Australians, as the herb can be found growing wild all over the Gallipoli peninsula, where troops fought in 1915.

When a wounded digger from Adelaide was repatriated to the Army Hospital at Keswick, South Australia, in 1915, he is reported to have brought back with him a small rosemary bush, dug up from the slopes and ravines of ANZAC Cove, and it was planted in the hospital grounds.

Cuttings from this original plant were grown in nurseries and today they can be found all over Australia. It is this original Gallipoli strain of rosemary that is worn on ANZAC Day, and also sometimes on Remembrance Day.

Several organisations around Australia, including RSL Sub Branches, Legacy and commemorative committees, often band together to prepare sprigs of rosemary to distribute on ANZAC Day. They are usually handed out for free, but many people choose to make a donation, which goes to support the Defence community.

In 2015, for the 100th anniversary of the ANZAC landing at Gallipoli, Sydney Legacy asked the public to donate sprigs from their gardens for Operation Rosemary, to help prepare 150,000 sprigs - three times more than usual - for distribution.

April 25, 1915 marks the day Australian and New Zealand forces landed on Gallipoli peninsula, Turkey, which started the first major military action fought by the Australia and New Zealand services during WWI.

The goal of the intervention

was to clear a passage through the Dardanelles for the allied navies to access and capture Constantinople (now Istanbul), which was the capital of the Ottoman Empire and an ally of Germany.

The daring decision by the British to send the Australian and New Zealand soldiers to Gallipoli was anticipated to be a quick action to remove Turkey from the war, but the campaign escalated into an eight-month battle, with heavy casualties on both sides. More than 8700 Australian soldiers lost their lives in the campaign and another 19,441 were wounded.

Use of the word ANZAC to describe the Allied forces can be dated back as early as 1915. It has been used in various books and telegrams from that time as a way of shortening Australian and New Zealand Army Corps. One of the earliest references to the word appears in the appendix to the 1st Australian Division War Diary from April 24, 1915 - the day before the Gallipoli landing. ⊩



Sub Branch	Dawn Service Start Time	Dawn Service Address	Main March Start Time	Main March Start Address	Main Service Start Time	Main Service Start Address
Agnes Water/1770 Sub Branch	6:00 AM	Cenotaph, Cnr Captain Cook Drive & Round Hill Road, Agnes Water			09:45 AM	Cnr Tavern and Round Hill Rds to Cenotaph, Agnes Water
Airlie Beach-Whitsunday Sub Branch Inc.	5:30 AM	Cenotaph - Cannonvale Beach	8:30 AM	Remembrance Rock, Cannonvale Foreshore, Watson Way		
Allora Sub Branch Inc.	5:30 AM	Cenotaph, Memorial Park, Allora	9:45 AM	Citizen's Centre, Allora	10:15 AM	Cenotaph, Memorial Park, Allora
Ashgrove District Sub Branch			7:30 AM	Cnr Beth Eden Terrace & Waterworks Road, Ashgrove	7:45 AM	Stewart Place, Ashgrove
Atherton Sub Branch Inc.	4:20 AM	Cenotaph, Cnr Cook & Main Streets, Atherton	10:45 AM	Cenotaph to Main Street, Cnr Cook & Main Streets, Atherton	9:30 AM	Atherton Cemetery, Kennedy Highway
Ayr Sub Branch	5:20 AM	Cenotaph - Anzac Park, McMillian Street, Ayr	8:45 AM	Edwards Street (form up at Coles), Ayr		
Babinda Sub Branch					9:40 AM	March to ANZAC Park, Munro Street, Babinda
Banyo Sub Branch Inc.			7:00 AM	Cnr Melville Place & St Vincents Road, Banyo	7:15 AM	Cnr St Vincents Rd & Royal Pde, Banyo
Barcaldine Sub Branch Inc.	5:25 AM	Cenotaph, Cnr Ash & Beech St, Barcaldine	10:00 AM	6 Willow Street	10:30 AM	71 Ash Street, Barcaldine
Bardon Sub Branch Inc.					10:30 AM	Bardon Bowls Club
Bayside South Sub Branch Inc.	5:00 AM	Cenotaph, Neville Stafford Park, Redland Bay	4:45 AM	Cnr Weinam and Banana Streets, Redland Bay		
Beachmere Sub Branch Inc.			6:45 AM	Cnr Moreton Terrace & Second Ave, Beachmere	7:00 AM	Clayton Park, Cnr Main St and Moreton Terrace, Beachmere
Beaudesert Sub Branch Inc.	4:20 AM	Cenotaph, Cnr Brisbane and William St, Beaudesert	11:30 AM	Woolworths, Brisbane St, Beaudesert		
Beenleigh & District Sub Branch Inc.	5:30 AM	Beenleigh War Memorial, Cnr James & Crete St	10:30 AM	York Street, Beenleigh	11:00 AM	Beenleigh War Memorial, Cnr James & Crete St
Beerwah and District RSL	4:28 AM	Turner Park (behind library), Beerwah	9:15 AM	Coochin Co-op, Simpson Street, Beerwah	10:00 AM	Beerwah
Bell Sub Branch Inc.	5:30 AM	Bell Memorial, Cnr Ensor and Dennis Streets, Bell	6:15 AM	Bell Memorial Hall, Dennis Street, Bell		
Blackall Sub Branch Inc.	5:45 AM	Cenotaph - Memorial Park, Blackall	8:30 AM	Cenotaph, Shamrock Street, Blackall		
Blackbutt Sub Branch Inc.	4:15 AM	Cenotaph, Intersection of D'Aguilar Highway & Hart St, Blackbutt			11:00 AM	Cenotaph, Intersection of D'Aguilar Highway & Hart St, Blackbutt
Boonah Sub Branch	4:26 am	Boonah Memorial, Cnr Yeates Avenus & Park Street, Boonah	10:40 AM	Church Street	11:00 AM	Boonah Memorial, Cnr Yeates Street & Park Street, Boonah
Bowen Sub Branch Inc.	5:45 AM	Cenotaph, Herbert St, Bowen	9:00 AM	36 Williams Street, Bowen	9:30 AM	Cenotaph, Herbert St, Bowen
Boyne-Tannum Sub Branch Inc.	5:30 AM	The Cenotaph, Stirling Park, Malpas St, Boyne Island	8:00 AM	Boyne Plaza Car Park, Centenary Drive, Boyne Island	11:00 AM	Boyne Tannum RSL Sub Branch, cnr of Pacific Avenue & Ocean St, Boyne Island
Bray Park-Strathpine Sub Branch Inc.	5:30 AM	Cnr Sparks & Francis Rds, Lawnton				
Bribie Island Sub Branch Inc.	4:30 AM	Woorim Beach Car Park, Woorim Beach	8:45 AM	Apex Park, Toorbul St, Boongaree	9:00 AM	Bribie Island RSL & Citizens' Memorial Club, Toorbul St, Boongaree
Brisbane	4:28 AM	Shrine of Remembrance, ANZAC Square, between Ann and Adelaide Streets			10:00 AM	Corner of Adelaide and George Streets
Burleigh Heads Sub Branch Inc.	4:15 AM	Cenotaph, Cnr Gold Coast Highway & Connor St, Burleigh Heads	9:15 AM	Cnr West & James Sts, Burleigh Heads	10:00 AM	Cenotaph, Cnr Gold Coast Highway & Connor St, Burleigh Heads
Caboolture-Morayfield & Dist Sub Branch Inc.	4:30 AM	Fernhill Village Retirement Home, 81-103 King Street, Caboolture	9:30 AM	Fernhill Village Retirement Home, 81-103 King St, Caboolture	10:30 AM	Caboolture War Memorial, 61- 65 King St
Cairns Sub Branch Inc.	5:30 AM	Cenotaph, 115 The Esplanade, Cairns	9:30 AM	Spence Street and The Esplanade, Finish at Munro Martin Park, Cairns	8:15 AM	St Monica's Cathedral, 181 Abbott Street, Cairns

Sub Branch	Dawn Service Start Time	Dawn Service Address	Main March Start Time	Main March Start Address	Main Service Start Time	Main Service Start Address
Calliope Sub Branch Inc			10:30 AM	Bunting Park, Archer Street, Calliope	11.00 AM	Calliope RSL Memorial Hall, 32 Stirrat Street, Calliope
Caloundra Sub Branch Inc.	5:15 AM	Lions Park, Kings Beach, Caloundra	8:30 AM	Stockland Caloundra, Oval Ave, Caloundra		
Cannon Hill District & Vietnam Services Sub Branch	4:15 AM	Federation Corner, Cnr Wynnum Rd & Ison St, Morningside	7:15 AM	Bulimba Library, Cnr Riding Rd & Oxford St	8:00 AM	Bulimba Memorial Park, Oxford St
Canungra Sub Branch Inc.	5:30 AM	DJ Smith Park, Cnr Christie & Kidston Sts, Canungra	9:30 AM	Canungra State School, Christie St	9:45 AM	DJ Smith Park, Christie & Kidston St, Canungra
Capricornia & Rockhampton Region Sub Branch Inc	4:27 AM	Botanic Gardens, Spencer Street, Townsville	10:00 AM	Archer Street, Townsville		
Cardwell Sub Branch	4:45 AM	Cenotaph, Bruce Highway, Cardwell	11:45 AM	Cenotaph, Bruce Highway, Cardwell	10:45AM	Cenotaph, Bruce Highway, Cardwell
Carmila Sub Branch	4:58 AM	Music Street, Carmila			11:30 AM	Music Street, Carmila
Centenary Suburbs Sub Branch Inc.			8:00 AM	Loffs Road, Mt Ommaney	8:15 AM	Centenary War Memorial Gardens, Cnr Arrabri Dr & Dandenong Rd, Mt Ommaney
Charleville Sub Branch Inc.	5:15 AM	Charleville Memorial Cenotaph, Wills Street, Charleville			10:00 AM	Charleville Cenotaph, Charleville
Charters Towers Sub Branch Inc.	5:50 AM	War Cementry, Gregory Development Road, Charters Towers	9:40 AM	Mossman Street, Charters Towers		
Chinchilla Sub Branch Inc.	5:45am	Chinchilla Memorial Cenotaph, Fuller Place, Chinchilla	10:30 AM	Chinchilla Post Office, Chinchilla		
City-New Farm Sub Branch Inc.					9:00 AM	Sandakan Cenotaph, New Fari Park
Clayfield-Toombul Sub Branch	5:00 AM	Cameron Rocks, Kingsford Smith Drive, Hamilton	7:00AM	Kalinga Park Gates, Kalinga Street	8:00 AM	St Colomb's Anglican Church, Victoria Street, Clayfield
Clifton Sub Branch Inc.	5:30 AM	Clifton Cenotaph, King and Edward Street, Clifton	10:30 AM		11:00 AM	Clifton Memorial Cenotaph, Clifton
Cooktown Sub Branch Inc.	6:00 AM	Charlotte Street, Cooktown	10:30 AM	ANZAC Park, RSL Memorial Club, 127 Charlotte St, Cooktown	11:00 AM	ANZAC Park, Charlotte St, Cooktown
Coolum-Peregian Sub Branch Inc.	5:00 AM	Seacove Lane, Coolum Beach				
Cooroy-Pomona Sub Branch Inc.	4:55 AM	Cenotaph, Cooroy War Memorial, Tewantin Road, Cooroy	10:00 AM	Elm at Diamond Sts, Cooroy	10:30 AM	Cooroy War Memorial, Tewanti Road, Cooroy
Coorparoo & Districts Sub Branch Inc.			7:45 AM	Cnr Old Cleveland Rd & Baragoola St, Coorparoo	8:15 AM	Coorparoo RSL, 45 Holdsworth St
Crows Nest Sub Branch	5:30 AM	Centenary Park, Williams Street, Crows Nest	10:00 AM	IGA, Crows Nest		
Cunnamulla Sub Branch	5:30 AM	Cunnamulla Cenotaph, John Street, Cunnamulla	10:30 AM	Shire Office, Stockyard and Louise Street, Cunnamulla	10:30 AM	Cunnamulla Cenotaph, Jane & John Street, Cunnamulla
Currumbin/Palm Beach Sub Branch Inc.	4:30 AM	Elephant Rock, Pacific Pde, Currumbin	10:30 AM	Winder's Park, Currumbin Creek Rd, Currumbin		
Dalby Sub Branch Inc.	4:30 AM	Anzac Park, Patrick Street, Dalby	9:45 AM	Cunningham Street, Dalby	10:00 AM	Dalby War Memorial, Patrick Street, Dalby
Darra & District Sub Branch Inc.			8:30 AM	27 Station Avenue, Darra	8:45 AM	4 Station Ave, Darra
Deception Bay Sub Branch Inc.	6:00 AM	War Memorial, Cnr Bayview Tce & Ewart St, Deception Bay	5:40 AM	Library, Cnr Captain Cook Parade & Bayview Tce, Deception Bay		
Djuan & District Sub Branch Inc.	5:15 AM	Goombungee Cenotaph, Hartwig Street, Goombungee	10:00 AM	Cnr Mocatta & Hartwig Streets, Goombungee	10:30 AM	Goombungee Cenotaph, Hartwig Street, Goombungee
Edge Hill/Cairns West Sub Branch	4:15am	Martyn Street, Manunda				
Edmonton Sub Branch Inc.	5:18 AM	Cenotaph, Fuller Park, Edmonton	7:45 AM	Marching to Cenotaph, Fuller Park, Edmonton		



Sub Branch	Dawn Service Start Time	Dawn Service Address	Main March Start Time	Main March Start Address	Main Service Start Time	Main Service Start Address
Eidsvold Sub Branch Inc.	05:30 AM	Cenotaph, Eidsvold	9:15 AM	Eidsvold	10:00 AM	Eidsvold RSL Hall, Eidsvold
Emerald Sub Branch Inc.	4:15 AM	Cenotaph, Cnr Egerton & Anakie St, Emerald	10:15 AM	"Lions Park, Cnr Ruby St & Church Ln Emerald, Tieri"	10:15 AM	Tieri Shopping Centre, Talagai Ave
Emu Park Sub Branch Inc.	5:00 AM	Cenotaph, 1 Emu Street, Emu Park			9:00 AM	Cenotaph, 1 Emu Street, Emu Park
Farleigh & Northern Beaches Sub Branch	5:30 AM	Cenotaph, Christoe Street, Farleigh			10:30 AM	Memorial, Bucasia Esplanade, Farleigh
Finch Hatton Sub Branch Inc.	4:15 AM	Cenotaph, Anzac Parade, Finch Hatton	6:15 PM	RSL Hall, ANZAC Parade to Cenotaph, Finch Hatton	7:55 AM	Pioneer Valley Hotel, 31 Jim Moule Street, Gargett to Memorial Gate
Forest Lake Sub Branch			9:00 AM	The Ampitheatre, The Esplanade, Forest Lake	9:30AM	The Ampitheatre, The Esplanade, Forest Lake
Gatton Sub Branch Inc.	4:15 AM	Littleton Park, Cnr Old College Rd & Park Ln, Gatton	10:30 AM	Cnr North & Railway St, Gatton		
Gayndah Sub Branch Inc.	5:15 AM	Cenotaph, Cnr Pineapple and Capper St, Gayndah	10:00 AM	Gayndah Magistrates Court, 20 Capper St, Gayndah	8:00 AM	Gooroolba War memorial, Gooroolba
Gaythorne Sub Branch Inc.	6:45 AM	Sid Loder Park, 28 Tel-el-kabir Street, Mitchelton	6:15 AM	Sid Loder Park, 28 Tel-el-kabir Street, Mitchelton		
Geebung Zillmere Bald Hills Aspley Sub Branch Inc.	4:15 AM	Collings Street, Geebung	9:45 AM	John Stuart Park, Gympie Road, Bald Hills	7:30 AM	Hanford road & Zillmere Road Zillmere
Gemfields Sub Branch Inc.	5:30 AM	3 Clinic Road, Saphire			8:00 AM	3 Clinic Road, Saphire
Glasshouse Country Sub Branch Inc.	4:15 AM	RSL Park, Cribb Street, Landsborough	9:00 AM	Landsborough Community Hall, 30 Cribb Street	9:30 AM	Landsborough Community Ha
Goodna Sub Branch Inc.	4:15 AM	Goodna Memorial, Cnr Church & Queen Sts, Goodna	8:15 AM	"Pink Pub", Falvery's Cecil Hotel, 26 Queen St, Goodna	8:30 AM	Goodna Memorial, Cnr Church & Queen Sts
Goondiwindi Sub Branch	4:30 AM	Goondiwindi Cenotaph, Leaman Park, Goondiwndi	10:00 AM	Anglican Church, Goondiwndi		
Gordonvale Sub Branch	3:30 AM	Cenotaph, Gordon Street, Gordonvale	9:30 AM	Cenotaph Norman Park, Norman Street, Gordonvale		
Grantham-Ma Ma Creek Sub Branch					7:30 PM	Ma Ma Creek Community Hal 826 Gatton-Clifton Rd
Greenbank Sub Branch Inc.	5:30 AM	Greenbank RSL Services Club, 54 Anzac Avenue, Hillcrest	10:00 AM	Cnr Anzac Ave & Blackwell St, Hillcrest	10:30 AM	Greenbank RSL Services Club 54 ANZAC Ave, Hillcrest
Gympie Sub Branch Inc.	5:00 AM	Memorial Lane, Reef St, Gympie	10:30 AM	Mary Street, Gympie		
Harlaxton Sub Branch	5:15 AM	Mother's Memorial, Kitchener Street, Toowoomba			11:00 AM	North Toowoomba Bowls Club Toowoomba
Herbert River Sub Branch Inc.	6:00 AM	Ingham War Cemetery, Cemetery Road, Ingham	9:30 AM	Rotary Park, Ingham	10:00 AM	Ingham Memorial Gardens, Cnr McIlwraight St & Jane St, Ingham
Hervey Bay Sub Branch Inc.	5:00 AM	Lighthorse Memorial, Freedom Park, Pialba			9:45 AM	Lighthorse Memorial, Freedor Park, Pialba
Highfields Sub Branch Inc.	5:15 AM	Highfields Cultural Centre, Highfields	9:50 AM	Bus Stop Lauder Drive, Highfields	10:00 AM	Highfields Cultural Centre, Highfields
Holland Park-Mt Gravatt Sub Branch			6:45 AM	Cnr Logan Rd & Barter Ave, Holland Park	7:15 AM	58 Arnold St, Holland Park
Home Hill Sub Branch	5:25 AM	Home Hill Sub Branch, 90 Eleventh Ave, Home Hill	10:45 AM	Burdekin Memorial Hall, 77-79 Ninth Ave, Home Hill	11:00 AM	Home Hill Sub Branch, 90 Eleventh Ave, Home Hill
Hughenden Sub Branch Inc.	6:00 AM	Hughenden Memorial Pool, Resolution St	9:30 AM	Hughenden State School, Cnr Moran and Resolution St	10:15 AM	Hughenden Memorial Pool, Resolution St
njune Sub Branch		O-materials 40, 00 5%		Invitatel DOLONE D. L. 40.00	10:00 AM	Injune War Memorial, Injune
Innisfail Sub Branch Inc.	4:00 AM	Cenotaph, 18 - 28 Fitzgerald Esplanade, Innisfail	8:00 AM	Innisfail RSL Sub Branch, 18-28 Fitzgerald Esplanade		
lpswich Railway Sub Branch Inc.			7:10 AM	Cnr Delacy & Smith St, North lpswich	7:30 AM	The Workshops Rail Museum North Street, North Ipswich

	Dawn Service		Main March		Main Service	
Sub Branch	Start Time	Dawn Service Address	Start Time	Main March Start Address	Start Time	Main Service Start Address
Jandowae Sub Branch	6:00 AM	Jandowe Cenotaph, George Street, Jandowae	11:00 AM	Athone Cottage, Jandowae		
Jimboomba Sub Branch Inc.	4:30 AM	WW1 Cenotaph, Jimboomba	7:00 AM	Jimboomba Rotary Park, Cnr of Brisbane St and Cusack Lane	7:30AM	WW2 Cenotaph, Jimboomba Rotary Park
Kalbar Sub Branch	4:20 AM	Engelsburg Memorial Park, Edward Street, Kalbar	8:00 AM	Charles Street, Kalbar	8:30 AM	Engelsburg Park, Edward Street, Kalbar
Kawana Waters Sub Branch Inc.	5:30 AM	War Memorial, (SE Corner) Coopers Lookout Car Park, Buddina	10:30 AM	Esplanade Park, Pacific Bvld (south of Surf Club), Buddina	10:45 AM	War Memorial, (SE corner) Coopers Lookout Car Park, Buddina
Kedron-Wavell Sub Branch Inc.	5:15 AM	Lutwyche Cemetery, Cnr of Gympie and Kitchener Rd, Kedron	7:45 AM	Bernie Brae Park, 60 Kuran St, Chermside	8:30 AM	Kedron-Wavell Sub Branch Inc 21 Kittyhawk Drive, Chermsid
Kenilworth Sub Branch			8:45 AM	Breakfast 7AM Town Park, Elizabeth Street, Kenilworth	9:30 AM	Memorial, Peter Dobson Park, Kenilworth
Kenmore/Moggill Sub Branch	5:30 AM	Bellbowrie Memorial, Lions Park, Belbowrie	8:15 AM	Memorial, Moggill Road, Kenmore	8:30 AM	Kenmore Memorial, Kenmore Village Shopping Centre Carpark
Kilcoy Sub Branch Inc.	05:15AM	Memorial Wall, 17 Mcauley Street, Kilcoy	10:30 AM	Kilcoy Motel, 6 William Street	11:00 AM	Memorial Wall, 17 Mcauley Street, Kilcoy
Killarney Sub Branch Inc.	5:30 AM	Killarney Cenotaph, Killarney	9:00 AM	Pat Bush Park, Willow Street, Killarney	9:30 AM	Killarney Cenotaph, Killarney
Kingaroy/Memerambi Sub Branch Inc.	4:25 AM	Kingaroy Memorial Park, Cnr William and Haly Sts, Kingaroy	11:00 AM	126 Kingaroy St to Kingaroy Memorial Park, Kingaroy		
Kooralbyn Valley Sub Branch Inc.	5:30 AM	Kooralbyn Community Hall, Ogilvie Pl, Kooralbyn			10:30 AM	Kooralbyn Community Hall, Ogilvie Pl, Kooralbyn
Kuranda Sub Branch	5:30 AM	Kuranda Railway Station	10:00 AM	Old Kuranda Post Office	10:30 AM	ANZAC Park, Kuranda
Kuttabul Sub Branch Inc	5:30 AM	Hampden State School, Bruce Highway, Kuttabul				
Leyburn Sub Branch Inc.	5:00 AM	Liberator Park, Macalister Street, Leyburn	9:25 AM	Leyburn General Store, 95 MacIntyre Street, Leyburn		
Logan & District Sub Branch Inc	5:30 AM	Civic Centre Park, Logan Central	8:30 AM	Logan Central Plaza, Logan Central	9:00 AM	Civic Centre Park, Logan Central
Logan Village Sub Branch	4:28 AM	Memorial, Village Green, Wharf St, Logan Village	9:30 AM	Logan Village State School, Miller St, Logan Village	10:00 AM	Memorial, Village Green, Wha St, Logan Village
Longreach Sub Branch	5:45 AM	ANZAC Park, Landsborough Highway, Longreach	8:45 AM	Longreach RSL, 32 Duck St, Longreach	9:00 AM	ANZAC Park, Landsborough Highway, Longreach
Lowood Sub Branch Inc.	4:10 AM	Clock Park, Main Stret, Lowood				
Mackay Sub Branch Inc.	4:40 AM	Macalister Street, Mackay	8:00 AM	Sydney Street to Cenotpah at Jubilee Park, Mackay	9:30 AM	Jubliee Park, Mackay
Macleay Island Sub Branch Inc.	5:40 AM	Pat's Park Cenotaph, Beelong Street, Macleay Island	05:00 AM	Cnr Beelong and Kate Streets, Macleay Island		
Magnetic Island Sub Branch Inc.	5:30 AM	Alma Bay Park, Armand Way, Magnetic Island	5:10 AM	31 Hayles Avenue, Arcadia		
Malanda Sub Branch	4:15 AM	Malanda Hotel English Street	9:10 AM	Cenotaph, Eacham Memorial Park, Malanda		
Maleny Sub Branch Inc.	4:28 AM	1 Bunya St, Maleny	10:30 AM	Maple Street, Maleny	10:45 AM	1 Bunya St, Maleny
Manly-Lota Sub Branch Inc.	4:15 AM	Richard Russell Park, Cambridge Pde, Manly			8:00 AM	Richard Russell Park, Cambridge Pde
Mapleton Sub Branch Inc.	5:00 AM	Montville Memorial Gates, Memorial Close, Montville Hall, Montville	9:00 AM	Cnr Wilga Court & Flaxton Drive, Mapleton	9:15 AM	RSL Memorial Park, 8 Flaxtor Drive, Montville
Mareeba Sub Branch	4:15 AM	Memorial, Byrnes Street, Mareeba			10:40 AM	Memorial, Byrnes Street, Mareeba
Marian Sub Branch Inc.	3:45 AM	Sugar Mill, Marian				
Maroochydore Sub Branch Inc.	4:15 AM	The Cenotaph, Cotton Tree Picnic Area, Maroochydore			9:00 AM	The Cenotaph, Cotton Tree picnic area, Maroochydore



Sub Branch	Dawn Service Start Time	Dawn Service Address	Main March Start Time	Main March Start Address	Main Service Start Time	Main Service Start Addres
Mary Valley Sub Branch Inc.	5:30 AM	Imbil memorial Park, Yabba road, Imbil	11:30 AM	Imbil Memorial Park, Imbil	12:00 PM	Imbil Memorial Park, Imbil
Meandarra/Glenmorgan Sub Branch	4:30 AM	Glenmorgan Hall, Godfrey Street, Meandarra	10:45 AM	Café, Meandarra		
Miles Sub Branch	6:00 AM	Anzac Park, Miles	10:30 AM	Dawson Street, Miles	11:00 AM	ANZAC Park, Miles
Millmerran Sub Branch	5:30 AM	Anzac Park, Millmerran	10:00 AM	Campbell Street, Millmerran	10:30 AM	Cultural Centre, Millmerran
Mirani Sub Branch					4:15 PM	Victoria Street to Railway Par Mirani
Mitchell Sub Branch			10:20 AM	Mitchell Hall, Mitchell	11:00 AM	Mitchell Cenotaph, Mitchell
Moranbah Sub Branch	5:00 AM	Town Square, Moranbah			10:00 AM	Town Square, Moranbah
Morven Sub Branch			10:45 AM	Morven School, Morven	11:00 AM	Morven Cenotaph, Morven
Mossman Sub Branch Inc.	5:30 AM	Douglas Shire Council Chamber, 64-66 Front St, Mossman	10:15 AM	Coles Shopping Centre, Macrossan St, Port Douglas	10:30 AM	Cenotaph, Macrossan St, Po Douglas
Mount Isa Sub Branch Inc.	6:00 AM	Cenotaph, West Street, Mount Isa	10:00 AM	Cenotaph - front of the Council Chambers, West St, Mount Isa		
Moura Sub Branch	4:15 AM	Moura RSL, Cnr Marshall & Young St, Moura	10:00 AM	Dawson Highway (at service station), Moura	10:15 AM	Moura RSL, Cnr Marshall & Young St, Moura
Mt Molloy Sub Branch	6:30 AM	Cenotaph, Main Street, Mt Molloy			11:00 AM	Cenotaph behind Memorial Hall, Mail Street, Mt Molloy
Mt Morgan Sub Branch	4:30 AM	ANZAC Park, Mount Morgan	10:45 AM	Mount Morgan School of Arts, Morgan St, Mount Morgan	11:00 AM	ANZAC Park, Mount Morgan
Mudjimba Sub Branch Inc.	5.20 AM	Power Memorial Park, Mudjimba Esplanade, Mudjimba	10:30 AM	Cnr Coolibah St & Mudjimba Beach Rd, Mudjimba	11:00 AM	Power Memorial Park, Mudjimba
Mundubbera Sub Branch Inc.	5:30 AM	Memorial, Lyons St, Mundubbera	11:00 AM	Town Hall, Lyons St, Mundubbera		
Nambour Sub Branch Inc.	5:15 AM	Quota Memorial Park, Matthew Street, Nambour	8:55 AM	Cnr Ann & Howard St, Nambour	9:00 AM	Quota Memorial Park, Matthe Street, Nambour
National Servicemens Sub Branch Inc.	6:00 AM	Memorial Gardens, Norman Ave, Norman Gardens, Norman Park	5:50 AM	Cnr Moreton Street and Norman Avenue, Norman Park		
Nerang Sub Branch	4:45 AM	Cenotaph, 69 Nerang Street, Nerang	9:40 AM	Cnr Lavelle and Nerang Streets, Nerang		Cenotaph, 69 Nerang Street Nerang
North Gold Coast Sub Branch Inc.	5:15 AM	Remembrance Park, Club Helensvale, 20-28 Discovery Drive			10:45 AM	Community Centre, Upper Coomera
Nundah-Northgate Sub Branch Inc.	6:30 AM	Nundah Historical Cemetery, Hedley Ave, Nundah	8:15 AM	St Joseph's Church car park, Bage St, Nundah	8:30 AM	Nundah Memorial Park, Cnr Bage St & Buckland Rd
Oakey Sub Branch Inc.	5:30 AM	Centennial Park, Oakey	9:30 AM	Oakey Railway Station, Oakey	10:00 AM	Centennial Park, Oakey
Orchid Beach/Fraser Island Sub Branch Inc	5:30 AM	Beach Front, Waddy Point Bypass, Fraser Island				
Palmwoods & District Sub Branch	4:15 AM	Palmwoods Memorial Hall, Margaret Street				
Pine Rivers District Sub Branch Inc.	5:30 AM	Pine Rivers District RSL Sub Branch Memorial Gardens, 1347 Anzac Avenue, Kallangur	8:15 AM	Kallangur Fair, 1477 ANZAC Ave	9:30 AM	Pine Rivers District RSL Sub Branch Memorial Gardens, 1347 Anzac Avenue, Kallang
Pittsworth Sub Branch	5:00 AM	Pittsworth Shrine, Pittsworth	10:30 AM	Pittsworth Shrine, Pittsworth	11:30 AM	Pittsworth Town Hall, Pittswo
Proserpine Sub Branch Inc.	4:20 AM	Cenotaph, Main Street, Proserpine	10:30 AM	From Proserpine RSL to Cenotaph, Chapman Street, Proserpine	11:00 AM	Cenotaph, Main Street, Proserpine
Proston Sub Branch	5:30 AM	Cenotaph, Collingwood St, Proston				
Quilpie Sub Branch	4:30 AM	Cenotaph, Bridge Street, Quilpie	9:45 AM	Bob Young Memorial Park, Cnr Broiga & Chulunga Streets, Quilpie	10:00 AM	Quilpie Town Hall, Brolga Street, Quilpie

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Sub Branch	Dawn Service Start Time	Dawn Service Address	Main March Start Time	Main March Start Address	Main Service Start Time	Main Service Start Address
Rainbow Beach Sub Branch	4:15 AM	Cenotaph, Rainbow Beach	10:00 AM	Town Library, Rainbow Beach Road	10:15 AM	Rainbow Beach
Rathdowney Chapter of Beaudesert Sub Branch			7:45 AM	Collins Street, Rathdowney		
Ravenshoe Sub Branch	4:15 AM	Cenotaph, Grigg Street, Ravenshoe	09:30 AM	Grigg Street, Ravenshoe	6:00 AM	Evelyn Memorial, Ravenhsoe Cenotaph, Ravenshoe
Redbank Plains Sub Branch	4:27 AM	Redbank Plains Library, Moreeton Avenue			9:15 AM	Redbank Plains Library, Moreeton Avenue
Redcliffe Sub Branch Inc.	5:15 AM	ANZAC Place, Redcliffe	9:30 AM	Cnr ANZAC Ave & Redcliffe Pde, Redcliffe	10:30 AM	ANZAC Place, Redcliffe
Redlands Sub Branch Inc.	5:30 AM	Anzac Centenary Park, Kinsail Ct, Cleveland	10:20 AM	Shore Street West (behind Cleveland Bowls Club), Cleveland	11:00 AM	Anzac Centenary Park, Kinsail Ct, Cleveland
Rollingstone Sub Branch Inc.	5:30 AM	Rollingstone RSL Memorial, Balgal Beach Park	9:45 AM	Cnr Esplanade & Balgal Beach Rd, Balgal Beach	10:00 AM	Rollingstone RSL Memorial, Balgal Beach Park, Balgal Beach
Roma Sub Branch Inc.	5:15 AM	Cenotaph, Queens Park, Roma	9:30 AM	Post Office, Roma	10:00 AM	Roma Memorial Cenotaph, Bungil Street, Roma
Rosewood Sub Branch Inc.	4:15 AM	RSL Memorial Hall, Mill Street, Rosewood	9:00 AM	Cobb & Co Park, John St, Rosewood	9:30 AM	RSL Memorial Hall, Mill Street Rosewood
Runaway Bay Sub Branch Inc.	5:00 AM	ANZAC Place Cenotaph, Lae Drive, Runaway Bay			10:00 AM	ANZAC Place Cenotaph, Lae Drive, Runaway Bay
Russell Island Sub Branch Inc.	5:30 AM	Cenotaph, 9 Anzac Drive, Russell Island	10:30 AM	Cnr Canaipa Road & Cestrum St, Russell Island	11:00 AM	Cenotaph, 9 Anzac Drive, Russell Island
Salisbury Sub Branch Inc.	4:45 AM	Memorial Park, Cnr Industries & Chrome St, Salisbury	7:45 AM	Cnr Evans Rd & Standish St, Salisbury	8:00 AM	Memorial Park, Cnr Industries & Chrome St, Salisbury
Samford Sub Branch Inc.			7:15 AM	Park at Soccer Grounds to Samford Avenue of Honour	8:15 AM	Samford Ave of Honour
Sandgate Sub Branch Inc.	6:00 AM	Sandgate Memorial Park, Seymour St	9:00 AM	Sandgate Courthouse, Keogh St	9:30 AM	Sandgate Memorial Park, Seymour St, Sangate
Sarina Sub Branch Inc.	4:00 AM	34 Central Street, Sarina			10:05 AM	Cnr Range Road and Central Street, Sarina. March to Cenotaph
Seaforth Sub Branch Inc.	6:00 AM	2 George Street (march from Rural Fire Building), Seaforth				
Sherwood-Indooroopilly Sub Branch Inc.	5:15 AM	Croll Memorial Precinct, 2 Clewley St, Corinda	7:30 AM	Indooroopilly Keating Park, Belgrave Road, Indooroopilly	7:30 AM	Graceville Memorial Park, 173 Oxley Rd
Southport Sub Branch Inc.	5:00 AM	Cenotaph, ANZAC Park, Gold Coast Highway, Southport	8:40 AM	Short Street and Marine Parade, Southport	9:00 AM	Cenotaph, ANZAC Park, Gold Coast Highway, Southport
Springsure Sub Branch	5:30 AM	Cnr Eclipse and Porphyry Street, Springsure			10:00 AM	Cnr Eclipse Street and Porphy Street
Springwood Tri-Service Sub Branch Inc.	5:30 AM	Diggers Services Club, 42 Blackwood Rd, Logan Central	7:15 AM	LCnr Cinderella Dr & Vanessa Blvd, Springwood, Springwood	8:00 AM	Springwood Park, 77 Cinderel Drive, Springwood, Springwood
St George Sub Branch Inc.	6:00 AM	Roma Cenotaph , The Terrace, St George	10:30 AM	The Terrace, St George	11:00 AM	St George Cenotaph, The Terrace, St George
St Helens Sub Branch	4:15 AM	Calen Memorial Hall, McIntyre St	12:00 PM	Calen Memorial Hall, McIntyre St, Calen	11:00 AM	Calen Memorial Hall, McIntyre St
Stanthorpe Sub Branch Inc.	5:30 AM	Weeroona Park, Marsh Street, Stanthorpe	9:50 AM	Cnr Folkstone & Maryland Streets, Stanthorpe	11:00 AM	Stanthorpe Civic Centre, Stanthorpe
Stephens Sub Branch	7:30 AM	Yeronga Memorial Park, Ipswich Road, Yeronga	7:00 AM	Stephens Sub Branch RSL, The Junction Hotel Car Park, Annerley		
Sunnybank Sub Branch Inc.	5:00 AM	Sunnybank RSL Memorial Hall, 19 Gager Street, Sunnybank	8:00 AM	19 Gager Street, Sunnybank	8:30 AM	Sunnybank RSL Memorial Hal 19 Gager Street, Sunnybank
Surat Sub Branch			10:45 AM	Surat Council Chambers, Surat	11:15 AM	Surat Memorial Park, Surat
Surfers Paradise Sub Branch Inc.	5:30 AM	Beachfront Memorial, The Esplanade, Surfers Paradise	12:00 PM	Cnr The Esplanade & Cavill Ave, Surfers Paradise	12:30 PM	Cavill Park, Cavill Avenue, Surfers Paradise
Tara Chapter of the Chinchilla Sub Branch					11:00 AM	Tara Memorial Hall, Tara
Taroom Sub Branch	5:30 AM	Taroom Cenotaoph, Taroom	10:15 AM	Leichhardt Tree, Taroom	10:30 AM	Taroom Cenotaph, Yaldwyn Street, Taroom



Sub Branch	Dawn Service Start Time	Dawn Service Address	Main March Start Time	Main March Start Address	Main Service Start Time	Main Service Start Address
Tewantin/Noosa Sub Branch Inc.	5:15 AM	Cenotaph, Tewantin Town Square, Cnr Memorial Ave & Poinciana Ave, Tewantin	8:45 AM	Sidoni Street, Tewantin	9:00 AM	Cenotaph, Tewantin Town Square, Cnr Memorial Ave & Poinciana Ave, Tewantin
Texas Chapter of the Stanthorpe Sub Branch					11:00 AM	Texas & District Memorial, Cnr Avon & St George Streets, Texas
The Gap Chapter of the Gaythorne Sub Branch	5:40 AM	Memorial Park, Cnr Glenaffric St & Waterworks Rd, The Gap	9:00 AM	The Gap State High School, Waterworks Rd	9:30 AM	Memorial Park, Cnr Glenaffric St & Waterworks Rd, The Gap
Thuringowa Sub Branch Inc.	5:30 AM	Thuringowa Cenotaph, Thuringowa Drive, Kirwan	10:30 AM	Cnr Thuringowa Dr & Carthew St, Thuringowa Central	11:00 AM	Thuringowa Cenotaph, Thuringowa Drive, Kirwan
Tin Can Bay Sub Branch Inc.	5:15 AM	45 Gympie Rd, Tin Can Bay	8:30 AM	6 Gympie Rd, Tin Can Bay	9:45 AM	Community Hall, 45 Gympie Ro Tin Can Bay
Toowong Sub Branch	5:00 AM	Toowong Memorial Park, Toowong				
Toowoomba United Sub Branch Inc.	5:00 AM	Toowoomba Bus Station, Toowoomba	9:30 AM	Margaret & Neil Streets, Toowoomba	10:00 AM	Toowoomba Mothers Memoria Cnr Margaret & Kitchener Streets, Toowoomba
Townsville Sub Branch Inc.	5:30 AM	The Cenotaph, ANZAC Park, The Strand North Ward, Townsville	8:30 AM	Strand Park, The Strand, Townsville		
Tully Sub Branch	6:00 AM	Cenotaph, 55 Bryant St, Tully	10:00 AM	Cnr Butler & Still Sts, Tully	10:15 AM	Cenotaph, 55 Bryant St, Tully
Tweed Heads & Coolangatta Sub Branch Inc	5:45 AM	Chris Cunningham Park, ANZAC Memorial, Wharf Street, Tweed Heads	10:00 AM	Cnr Boundary Lane & Coral St, Tweed Heads	10:45 AM	Chris Cunningham Park Memorial, Wharf Street, Tweed Heads
Walkerston-Pleystowe Sub Branch Inc.	4:50 AM	O'Shea's Hotel, 1 Bold Street, Walkerston			7:30 AM	St Johns Primary Catholic School, 23 Creek Street, Walkerston
Wallangarra Sub Branch Inc.	5:30 AM	RSL Hall, 69 Barawell Street	11:30 AM	RSL Hall, 69 Barawell Street	12:00 PM	WJPA Hall, Merinda Street
Wandoan Sub Branch	5:30 AM	Wandoan Cenotaph, Leichhardt Highway, Wandoan	9:45 AM	Butchers Shop, Wandoan	10:30 AM	Wandoan Cultural Centre, 6 Henderson Road, Wandoan
Warwick Sub Branch Inc.	5:10 AM	Warwick Cenotaph, Leslie Park, Warwick	10:50 AM	Warwick Cenotaph, starting at King Street, Warwick	11:00 AM	Warwick Cenotaph, War Memorial Precinct, Warwick
Weipa Sub Branch Inc.	5:45 AM	Memorial, Memorial Square, Weipa				
Wondai Sub Branch Inc.	5:00 AM	Mackenzie St, Wondai	10:00 AM	Post Office, McKenzie St, Wondai	10:05 AM	Wondai Memorial Hall, Mackenzie St
Woodford Sub Branch Inc.	6:00 AM	Dahmongah Lookout Park, Mt Mee	10:15 AM	Memorial Park, Cnr Archer & George Sts, Woodford		
Woodgate Beach Sub Branch Inc.	5:00 AM	Anzac Centenary Memorial in Community Park, Esplanade, Woodgate			10:00 AM	Anzac Centenary Memorial in Community Park, Esplanade, Woodgate
Wynnum Sub Branch Inc.	5:00 AM	RSL Car Park, 174 Tingal Road, Wynnum	9:00 AM	Cnr Bay Terrace and Cedar Street, Wynnum	9:30 AM	RSL Car Park, 174 Tingal Road Wynnum
Yandina/Eumundi Sub Branch Inc			10:45 AM	Cnr Farrell & Stevens, Yandina	11:00 AM	Yandina Cenotaph, Stevens St, Yandina
Yangan-Emu Vale Chapter of the Warwick Sub Branch			7:45 AM	Carey's Butcher, Yangan	9:00 AM	Emu Vale Memorial Hall, Yangan
Yarraman Sub Branch Inc.	6:00 AM	Yarraman War Memorial, Corner Toomey & Barr-Smith Street	10:45 AM	Yarraman War Memorial, Corner Toomey & Barr-Smith Street	11:00 AM	Yarraman War Memorial, Corner Toomey and Barr-Smith Street
Yeppoon Sub Branch Inc.	5:00 AM	Beachfront Amphitheatre, Anzac Pde, Yeppoon	9:00 AM	James Street at old Yeppoon Railway Station, Yeppoon	9:30 AM	Yeppoon Cenotaph at Beaman Park, James Street, Yeppoon
Yeronga-Dutton Park Sub Branch Inc.	6:30 AM	Ekibin Memorial Park, Cracknell Rd, Tarragindi	6:15 AM	Cnr Weller Rd & Effingham St, Tarragindi	8:45 AM	Gair Park, Cnr Gladstone & Annerley Rd, Dutton Park

# LAST POST

Last Name	First Name	Service No.	Sub Branch
Adams	Mary	453NF143	Southport Sub Branch Inc.
Adlam	Barry	T342970	Logan & District Sub Branch Inc
Alexander	Ernest	1166,412256, QP8325Q X49418	Maryborough Sub Branch Inc.
Allan	James	435458	Caloundra Sub Branch Inc.
Anderson	James	R62327	Tweed Heads & Coolangatta Sub Branch Inc
Anderson	Eric	QX53334 (Q16696)	Mt Molloy Sub Branch
Anderson	Alfred	F4830	Maroochydore Sub Branch Inc.
Anthony	Robert	1732610	Maryborough Sub Branch Inc.
Asange	Francis	1/710218	Redbank Sub Branch
Atkin	Michael	A100059	Redbank Plains Sub Branch
Back	Rodney	466484	Pine Rivers District Sub Branch Inc.
Banks	Dorothy	QF144123	Banyo Sub Branch Inc.
Bannatyne	Patrick	2/8051	Hervey Bay Sub Branch Inc.
Bates	Noel	1040625	Tweed Heads & Coolangatta Sub Branch Inc
Beaumont	Peter	SX500176	Bayside South Sub Branch Inc.
Beaven	Phillip	214053	Innisfail Sub Branch Inc.
Bick	Peter	A123415	Bribie Island Sub Branch Inc.
Birchley	Alan	B3201	Toowoomba United Sub Branch Inc.
Bishop	Leslie	1/727833	Redcliffe Sub Branch Inc.
Black	James	FX108087	Townsville Sub Branch Inc.
Bonnyman	Colin	A219807	Hervey Bay Sub Branch Inc.
Вох	Ellen	100514	Kedron-Wavell Sub Branch
Boyle	Donald	QX500839	Cairns Sub Branch Inc.
Brand	James	434773	Mareeba Sub Branch
Briais	Michael	1/708107	Orchid Beach/Fraser Island Sub Branch Inc
Bromley	Richard	Q143631	Ipswich Sub Branch Inc.
Bryant	Charles	5559	Currumbin/Palm Beach Sub Branch Inc.
Butler	Terence	213956	Hervey Bay Sub Branch Inc.

Last Name	First Name	Service No.	Sub Branch
Carbery	Keneth	NX129848	Caboolture-Morayfield & Dist Sub Branch Inc.
Carmock	Robert	1/702389	Kedron-Wavell Sub Branch Inc.
Carr	John	1/709373	Carlyle Gardens Townsville Chapter of North QLD District
Carvosso	Cyril	405901	Redlands Sub Branch Inc.
Chandler	Jack	QX146683	Coorparoo & Districts Sub Branch Inc.
Chester	Neville	R105130	Bundaberg Sub Branch Inc.
Christie	Lorraine	W14329	Kedron-Wavell Sub Branch Inc.
Chunon	Robert	QX50893 (Q114290)	Emu Park Sub Branch Inc.
Churchill	Lloyd	-	Kawana Waters Sub Branch Inc.
Clark	Bramwell	34399	Burleigh Heads Sub Branch Inc.
Clark	Harvey	1/713835	Oakey Sub Branch Inc.
Clarke	Noel	89114	Hervey Bay Sub Branch Inc.
Clarke	Patrick	23548	Tweed Heads & Coolangatta Sub Branch Inc
Clothier	Kevin	A19093	Coorparoo & Districts Sub Branch Inc.
Coleman	Alfred	13313	Rollingstone Sub Branch Inc.
Connelly	Frederick	PM6925	Gin Gin Sub Branch Inc.
Cooke*	Donald	4177371	Ipswich Sub Branch Inc.
Corney	Donald	Q109506	Townsville Sub Branch Inc.
Costello	Bernard	434916 / 122319	Wynnum Sub Branch Inc.
Cover	Kenneth	Q226107	Meandarra/Glenmorgan Sub Branch
Cowlishaw	Douglas	QX45264	Gaythorne Sub Branch Inc.
Cox	Ralph	Q230625	Yeronga-Dutton Park Sub Branch Inc.
Coyne	David	QX54830 (Q128137)	Gaythorne Sub Branch Inc.
Crottey	Leonard	A24906	Mundubbera Sub Branch Inc.
Cummings	Wesley	518225373	Nambour Sub Branch Inc.
Cush	Anthony	158345	Kingaroy/Memerambi Sub Branch Inc.

Last Name	First Name	Service No.	Sub Branch
Cutting	Oliver	1730617	Hervey Bay Sub Branch Inc.
Dack	Denis	2/727263	Hervey Bay Sub Branch Inc.
Daley	Vivian	R93187	Edge Hill/Cairns West Sub Branch Inc.
Davidson	Doris	101369	Tweed Heads & Coolangatta Sub Branch Inc
Davis	Graham	A16840	Beaudesert Sub Branch Inc.
Day	Rupert	431889	Tweed Heads & Coolangatta Sub Branch Inc
Donovan	Leo	QX48101	Gaythorne Sub Branch Inc.
Doyle	Nigel	1733151	Redbank Sub Branch
Duers	lan	2785455	Hervey Bay Sub Branch Inc.
Edmondson	Francis	79536	Innisfail Sub Branch Inc.
Eggleston	Stephen	115949 / 55828	Sarina Sub Branch Inc.
Enderby	Geoffrey	DKX549854	Stephens Sub Branch
Fielding	Ivan	A1614	Townsville Sub Branch Inc.
Fletcher	Ernest	R51027	Tweed Heads & Coolangatta Sub Branch Inc
Flexman	Peter	A111152	Harlaxton Sub Branch
Folley	Donald	23248464	Bribie Island Sub Branch Inc.
Forbes	William	159884	Redlands Sub Branch Inc.
Foster	Eric	14469605	Beenleigh & District Sub Branch Inc.
Frame	Daisy	NF454197	Tewantin/Noosa Sub Branch Inc.
Garbett	Elizabeth	421387	Tweed Heads & Coolangatta Sub Branch Inc
Gardner	George	B4015	Greenbank Sub Branch Inc.
Georgeson*	Barry	A216872	Caboolture-Morayfield & Dist Sub Branch Inc.
Gough	Neil	2/766366	Tin Can Bay Sub Branch Inc.
Gray	Barry	-	Gemfields Sub Branch Inc.
Groves	June	WR2780	Currumbin/Palm Beach Sub Branch Inc.
Gunthorpe	Donald	1708614	Townsville Sub Branch Inc.
Hall	Murray	NS3253	Gaythorne Sub Branch Inc.
Hansen	Mervyn	11926	Gaythorne Sub Branch Inc.
Harper*	John	170943	Currumbin/Palm Beach Sub Branch Inc.

Last Name	First Name	Service No.	Sub Branch
Last Name	First Name	Service No.	
Harrison	James	QX36996	Kedron-Wavell Sub Branch Inc.
Hayes	Darrell	3/770403	Cairns Sub Branch Inc.
Head	Stuart	QX54565 (Q128354)	Currumbin/Palm Beach Sub Branch Inc.
Hemming	Lloyd	OX21957	Toowong Sub Branch
Hennings	Ronald	3/5583	Tewantin/Noosa Sub Branch Inc.
Hennings	Ronald	A/317162	Tewantin/Noosa Sub Branch Inc.
Hewitt	Barbara	W112985	Kedron-Wavell Sub Branch Inc.
Hicks	Ruby	-	Cairns and Dist Ex- Servicewomen
Hinds	George	43277	Kedron-Wavell Sub Branch Inc.
Holt	William	A227333	Geebung Zillmere Bald Hills Aspley Sub Branch Inc.
Hubbard	Jack	MN17517	Tweed Heads & Coolangatta Sub Branch Inc
Hume	Francis	23527218	Maryborough Sub Branch Inc.
Jackson	Graeme	-	Kedron-Wavell Sub Branch Inc.
Jakeman	Louis	B3870	Kedron-Wavell Sub Branch Inc.
Jameson	Keith	R39381	Hervey Bay Sub Branch Inc.
Jeffery	Robert	R57053	Gaythorne Sub Branch Inc.
Johnson	Warren	18259	Townsville Sub Branch Inc.
Johnston	Heather	2827312	Redlands Sub Branch Inc.
Johnston	Harold	VX83348	Currumbin/Palm Beach Sub Branch Inc.
Jones	Raymond	SX7626	Gordonvale Sub Branch
Jones	Donald	161808	Kenmore/Moggill Sub Branch
Juster	Lex	B5295	Currumbin/Palm Beach Sub Branch Inc.
Kane	Trevor	A112572	Greenbank Sub Branch Inc.
Keane	Edwin	0618	Caloundra Sub Branch Inc.
Kehl	Noel	-	Taroom Sub Branch
Kelly	Reginald	QX49781	Redcliffe Sub Branch Inc.
Kennedy	Leslie	16047	Gaythorne Sub Branch Inc.

# LAST POST

Last Name	First Name	Service No.	Sub Branch
Kenyon	James	B/P21	Coorparoo & Districts Sub Branch Inc.
Kickbush	Colin	1/716971	Redcliffe Sub Branch Inc.
Kidston	Mathew	441148	Tweed Heads & Coolangatta Sub Branch Inc
Lahey	Lloyd	490003	Coolum-Peregian Sub Branch Inc.
Lane	Ivor	123541	Cooroy-Pomona Sub Branch Inc.
Larkin	Gerald	444353	Yeronga-Dutton Park Sub Branch Inc.
Lehr	Edwin	1805763	Blackbutt Sub Branch Inc.
Lever	Eric	VX140123	Sandgate Sub Branch Inc.
Lingard	Donald	B4538	Greenbank Sub Branch Inc.
Look	David	1738823	Beenleigh & District Sub Branch Inc.
Loosemore	William	426359	Toowong Sub Branch
Luff	David	216525	Currumbin/Palm Beach Sub Branch Inc.
Mackaway	Terence	2/6501	Unattached List Sub Branch
Markham	Raymond	419874463	Maroochydore Sub Branch Inc.
Marsh	Howard	A221206	Southport Sub Branch Inc.
Matthews	Bernard	14829532	Hervey Bay Sub Branch Inc.
May	Richard	1893630	Hervey Bay Sub Branch Inc.
McCarthy	Noel	NX129927	Tweed Heads & Coolangatta Sub Branch Inc
McIntyre	John	4/708457	Thuringowa Sub Branch Inc.
McKay	Herbert	24325	Redlands Sub Branch Inc.
McKay	Colyer	QX26053	Surfers Paradise Sub Branch Inc.
McLaren	Kelvin	VX123664 (V170328)	Tweed Heads & Coolangatta Sub Branch Inc
McLennan	David	18941	Tweed Heads & Coolangatta Sub Branch Inc
McPherson	Murdoch	2905080/ N278951	Cairns Sub Branch Inc.
McWilliam	Sidney	217465	Hervey Bay Sub Branch Inc.
Mercer	Audrey	F4/82	Caloundra Sub Branch Inc.
Miles	Bertie	QX62327 (Q22133)	Toowoomba United Sub Branch Inc.
Mills*	Lance	1202339	Hervey Bay Sub Branch Inc.
Moore	Clifford	49375	Stanthorpe Sub Branch Inc.

Last Name	First Name	Service No.	Sub Branch
Morris	Thomas	VX104672	Surfers Paradise Sub Branch Inc.
Morrison*	Joan	QF269650	The Gap Sub Branch
Morton	Derrick	22666646	Redcliffe Sub Branch Inc.
Morton	Walter	414499	Kedron-Wavell Sub Branch Inc.
Navie	Bryan	1/712155	Ipswich Sub Branch Inc.
Nell	Frances	WR84525	Woodford Sub Branch Inc.
Neville	Donald	1714881	Kedron-Wavell Sub Branch Inc.
Newman	John	144005	Mossman Sub Branch Inc.
Neyland	Russell	1731480	Mackay Sub Branch Inc.
Nicholson	Robert	A218771	Mareeba Sub Branch
Nolan	Donald	28351	Nerang Sub Branch
Norman	Wilfred	QX50054	Proserpine Sub Branch Inc.
Nosworthy	Colin	150444	Coorparoo & Districts Sub Branch Inc.
Ohlsson	Paul	79206	Currumbin/Palm Beach Sub Branch Inc.
Owen*	Cyril	1/705352	Stephens Sub Branch
Palmer	John	L/F963494	Townsville Sub Branch Inc.
Payne	John	MX290911	Hervey Bay Sub Branch Inc.
Pegg	Robert	R93560	Yandina/Eumundi Sub Branch Inc
Penhaligon	David	1/719222	Wondai Sub Branch Inc.
Percali	Peter	448515	Cairns Sub Branch Inc.
Perkins	Milton	31164	Bribie Island Sub Branch Inc.
Perry- Peddle	Florence	93570	Currumbin/Palm Beach Sub Branch Inc.
Phelps	Gordon	QX57057	St George Sub Branch Inc.
Phippard	Raymond	NX85536	Tweed Heads & Coolangatta Sub Branch Inc
Pick	Les	67434	Kingaroy/Memerambi Sub Branch Inc.
Pickin	Susan	W122799	Tin Can Bay Sub Branch Inc.
Pickstone	Malcolm	A115149/ 4292	Beenleigh & District Sub Branch Inc.
Pike	Kenneth	150776	Wynnum Sub Branch Inc.
Pinches	Allan	Q32334	Ipswich Sub Branch Inc.
Poole	Russell	1739744	Greenbank Sub Branch Inc.
Pope	Robert	A116231	Sunnybank Sub Branch Inc.

Last Name	First Name	Service No.	Sub Branch
Porter	Alan	NX179427 (N479438)	Deception Bay Sub Branch Inc.
Reardon	Geoffrey	88645	Currumbin/Palm Beach Sub Branch Inc.
Regtop	William	235256	Redlands Sub Branch Inc.
Retchless	George	QX29535	Kedron-Wavell Sub Branch Inc.
Riley	Fay	2025735	Ravenshoe Sub Branch
Robson	Alexander	6/703445	NASHO CC Sub Branch
Rooney	James	15571	Bribie Island Sub Branch Inc.
Roots	George	1/710422	Southport Sub Branch Inc.
Rouhan	Leonard	CJ/X377253	Tweed Heads & Coolangatta Sub Branch Inc
Rowan	James	1/719175	Coorparoo & Districts Sub Branch Inc.
Roxburgh	James	2/6216	Tweed Heads & Coolangatta Sub Branch Inc
Rutland	Keith	165484	Hervey Bay Sub Branch Inc.
Ryan	Philip	1200574	Rollingstone Sub Branch Inc.
Sage	Victor	VX126434	Surfers Paradise Sub Branch Inc.
Saunders	Allen	33092	Redlands Sub Branch Inc.
Sayers	Kevin	31208	Capricornia & Rockhampton Region Sub Branch Inc
Schiekert	James	-	Hervey Bay Sub Branch Inc.
Schultz	Т	QX32455	Toowoomba United Sub Branch Inc.
Shepherd	Stanley	213001	Tweed Heads & Coolangatta Sub Branch Inc
Shield	Samuel	-	Eidsvold Sub Branch Inc.
Shilton	George	23570914	Greenbank Sub Branch Inc.
Shipman	Reginald	23163254	Bundaberg Sub Branch Inc.
Shipman	Donald	0218077	Carlyle Gardens Townsville Chapter of North QLD District
Shirley	Percival	B4611	Maroochydore Sub Branch Inc.
Sichter	Wilfred	133791	Capricornia & Rockhampton Region Sub Branch Inc
Smart	Rex	H3213	Tweed Heads & Coolangatta Sub Branch Inc
Smith	Leonard	A132696	Townsville Sub Branch Inc.

Last Name	First Name	Service No.	Sub Branch
Starkey	Leslie	Q145962	Sherwood-Indooroopilly Sub Branch Inc.
Stinson	Robert	462815	Cairns Sub Branch Inc.
Stoddart	Joyce	95505	Bribie Island Sub Branch Inc.
Struss	Alan	QX40852	Beaudesert Sub Branch Inc.
Stumer	Bevin	1726075	Tweed Heads & Coolangatta Sub Branch Inc
Summers	lan	4717582	Agnes Water/1770 Sub Branch
Sword	Robert	1710805	Stanthorpe Sub Branch Inc.
Taudevin	Allan	QX25594	Redcliffe Sub Branch Inc.
Thornber	George	B3739	Bribie Island Sub Branch Inc.
Tucker	Rex	1/719129	Stephens Sub Branch
Tuttle	Louis	QX60335	Cairns Sub Branch Inc.
Vansleve	Leslie	QX51170	Redlands Sub Branch Inc.
Wakelin	Dennis	A18820	Maryborough Sub Branch Inc.
Walker	Richard	QX53120	Centenary Suburbs Sub Branch Inc.
Watt	James	QX59985	Burleigh Heads Sub Branch Inc.
Webber*	Richard	NX46182	Ashgrove District Sub Branch
White	David	F4254246	Beenleigh & District Sub Branch Inc.
Whiteford*	Robert	S7071	Tweed Heads & Coolangatta Sub Branch Inc
Whitfield	Arthur	N173297	Nerang Sub Branch
Wightman	Roy	-	Toowong Sub Branch
Williams	Kelvin	1/59590	Gaythorne Sub Branch Inc.
Williams	Pat	QX50556 (Q134083)	Ravenshoe Sub Branch
Williams	Catherine	F1/226	Caboolture-Morayfield & Dist Sub Branch Inc.
Williams*	Frederick	NX9342	Beenleigh & District Sub Branch Inc.
Wormwell	William	453237	Highfields Sub Branch Inc.
Wrayford*	Douglas	31261	Beerwah and District Sub Branch
Wright	Robert	219095	Hervey Bay Sub Branch Inc.
Young	Robert	QX14223	Wynnum Sub Branch Inc.

